

OTHER EAP SERVICES

- Structured Conflict Resolution Program for co-workers
- Specialized training classes as requested by departments
 - Topics include:
 - Stress Management
 - Communication Skills
 - Balancing Work and Home
- Critical Incident Debriefing
- Consultation with managers, supervisors and union stewards about sensitive employee issues

NEED MORE INFO?

- Go to www.scceap.org to learn more about the EAP:
 - Helpful links to community resources
 - Self-assessment quizzes
 - Available brochures
 - Staff credentials
 - Location map

HELP
IS
AVAILABLE

YOU DON'T HAVE
TO GO
THROUGH
IT ALONE



County of Santa Clara
Employee Assistance Program
1885 The Alameda, Suite 211
San Jose, CA 95126
(408) 241-7772
www.scceap.org

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Don't Go Through It Alone

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