



*Your path to fitness, fun and adventure*

## Healthy Trails Log

Fill out the contact information below. List the name of each trail and number of miles traveled. Add up the total number of miles to see how far you've gone. At least five (5) different trails are needed to complete the Healthy Trails Challenge.

Return log by October 31, 2008

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

(       )

DAY PHONE \_\_\_\_\_

Number of registered family or group members completing the Challenge: \_\_\_\_\_

*Completion gifts for all group members will be issued to the person listed above.*

TRAIL NAME \_\_\_\_\_ MILES \_\_\_\_\_

TRAIL NAME \_\_\_\_\_ MILES \_\_\_\_\_

TRAIL NAME \_\_\_\_\_ MILES \_\_\_\_\_

TRAIL NAME \_\_\_\_\_ MILES \_\_\_\_\_

TRAIL NAME \_\_\_\_\_ MILES \_\_\_\_\_

TOTAL MILES COMPLETED \_\_\_\_\_

You made it! Great job!!!

Questions? Call (408) 355-2201