

WHEREAS, Doug Gunn is a sixty-nine year old resident of San Jose, California; and

WHEREAS, Doug Gunn was diagnosed five years ago with rapid on-set arthritis in addition to high blood pressure, heart disease, and the beginning stages of diabetes; and

WHEREAS, Doug Gunn was immobilized by arthritis and was confined to a wheelchair; and

WHEREAS, Doug Gunn was compelled to improve his health and walk again, so he studied the effects of diet on health and healing and began eating only raw fruits and vegetables and eliminated all meat from his diet; and

WHEREAS, Doug Gunn, after only four short months of changing his diet, was able to walk with the aid of crutches, and then within two more months was able to walk again without crutches; and

WHEREAS, Doug Gunn at present is able to walk at a speed of 5 miles per hour and can run down a steep hill for the first time in over 40 years; and

WHEREAS, Doug Gunn is a model of personal responsibility for one's own good health.

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of the County of Santa Clara, State of California does recognize and commend

DOUG GUNN

for his demonstrated commitment to improving health through a healthy lifestyle.

PASSED AND ADOPTED, this Twenty-Fourth Day of May, Two Thousand Five by unanimous vote.

Liz Kniss, Chair
Board of Supervisors

Donald F. Gage
Supervisor, District One

Blanca Alvarado
Supervisor, District Two

Pete McHugh
Supervisor, District Three

James Beall, Jr.
Supervisor, District Four

Attest: Phyllis Perez
Clerk, Board of Supervisors