

VALLEY HEALTH PLAN PROVIDER DIRECTORY



MENTAL HEALTH NETWORK

REVISED 06-2009

Psychiatrists /Psychologists

Provider Name	Address & Appointment Phone Number	Areas of Interest	Languages Spoken
Erica Britton, PsyD	4096 Piedmont Ave., Ste. 334, Oakland, CA 94611, (510)465-8255		English
Erin Choi, PhD	14651 S Bascom Ave., Ste. 230, Los Gatos, CA 95032, (408)358-8090	Neuropsychologist	English
Thomas Crawford, PhD	1040 Lincoln Ave., San Jose, CA 95125, (408)293-4489 ext. 27	Children, adolescents, young adults, anxiety, depression, learning & development issues, ADHD, autism spectrum conditions	English
Susan Duenke, PhD	1625 The Alameda, Ste. 512, San Jose, CA 95126, (408)294-5958 8 Crow Canyon Ct., Ste. 110, San Ramon, CA 94583-1971, (408)294-5958	Psychology, adults abused as children	English
Darius Fanibanda, PhD ^o	15810 Los Gatos Blvd., Los Gatos, CA 95032, (408)354-5071	Psychology, depression, crisis intervention, anxiety, stress, marital, family and children	English/Hindi/Gojarti
Jeannie Gillespie, PhD	2400 Moorpark Ave., Ste. 300, San Jose, CA 95128, (408)975-2730		English
John Greene, MD*	14651 S Bascom Ave., Ste. 225, Los Gatos CA 95032, (408)291-8588		English
Jan Kearny, PhD, MFCC	1040 Lincoln Ave., San Jose, CA 95125, (408)293-4489 ext. 11	Women, abuse, domestic violence, and depression	English
Phoung-Thuy Le, MD	950 West Julian St., San Jose, CA 95126, (408)292-9353 200 Jose Figueres Ave., Ste. 250, San Jose CA 95116, (408)259-6022		English
Brenda McGowan-Sass, PhD	60 W. Main Ave., Ste. 11A, Morgan Hill, CA 95037, (408)779-2700	Women and anxiety issues	English
Antonio Nolasco, MD	2400 Moorpark Ave., Ste. 300, San Jose, CA 95128, (408)975-2730		English/Tagalog
Sharadha Raghavan, MD	841 Blossom Hill Rd., Ste. 207, San Jose, CA 95123, (408)629-3997	Children with developmental disabilities, ADHD, bi-polar depression, and post-traumatic stress disorder	English/Tamil
Saad A. Shakir, MD	14651 S. Bascom Ave., Ste. 230, Los Gatos, CA 95032, (408)358-8090		English/Arabic
Holly Hopkins Shah, PsyD	1825 Civic Center Dr., Ste. 13., Santa Clara, CA 95050, (408)236-3540		English
Fern Selzer, PhD	519 Capitola Ave., Ste. C., Capitola, CA 95010, (831)475-9091	Psychology	English
David Sitzer, PhD	375 Cambridge Ave., Palo Alto, CA 94306, (650)326-6576	Children, adults, treatment of depression and anxiety	English
Stanford University Patient Psychiatry (Outpatient)	401 Quarry Rd., Stanford, CA 94305, (650)498-9111		English
Giselda Tan, MD*	2400 Moorpark Ave., Ste. 300, San Jose, CA 95128, (408)975-2730		English/Tagalog
Tom Tarshis, MD	10011 N Foothill Blvd., Ste. 101, Cupertino, CA 95014, (408)996-7950	Child Psychiatry	English
Bruce Wermuth, MD ^o	2542 S. Bascom Ave., Ste. 207., Campbell, CA 95008, (408)559-3403	Adults and children	English
Ying Zhang, MD	2040 Forest Ave., Ste. 8, San Jose, CA 95128, (408)288-6188		English/Mandarin
Ximena Zurita, PhD ^o	919 Fremont Ave. Ste. 202., Los Altos, CA 94024, (650)428-1840		Spanish/Spanish

VALLEY HEALTH PLAN MENTAL HEALTH NETWORK

Counselors/Therapists

Provider Name	Address & Appointment Phone Number	Areas of Interest	Languages Spoken
Clara Adams, LCSW	3033 Moorpark Ave., Ste. 8, San Jose, CA 95128, (408)781-2523	Adults, Adolescents, dual diagnosis, chemical dependency, marital, couples	English
Taghi Amjadi, PhD, MFC	14651 S. Bascom Ave., Ste. 250, Los Gatos, CA 95032, (408)358-8090		English
Laura Andrade, MFC°	2020 Forest Ave., Ste. 6, San Jose CA 95128, (408)266-9217	Anxiety, Mood Disorders, Children/Adolescents, Cognitive behavioral therapy	English
Steven Benovitz, MFT	4100 Moorpark Ave., Ste. 212, San Jose, CA 95128, (408)985-9767		English
Catherine Boyce, MFT°	8371 Church St., Gilroy, CA 95020, (408)848-3331	Children, adolescents, depression, anxiety, PTSD, EMDR	English
George Cenknner, MFT	1588 Homestead Rd., Ste. 5, Santa Clara, CA 95050, (800)928-5503		English
Anne Chan, MFT°	3209 Whipple Rd., Union City, CA 94587, (510)744-1781	Individuals & couples counseling, career counseling, cultural issues	English
Holly Christensen, MFT°	950 West Julian St., San Jose, CA 95126, (408)292-9353	HIV issues, grievance, crisis intervention, adults, adolescents and children	English
Laihin Cheung, LCSW	111 W Evelyn Ave., Ste. 106, Sunnyvale, CA 94086, (408)744-9562		English/Mandarin
Craig Clark, MFT	100 N. Winchester Blvd, Ste. 260, Santa Clara, CA 95050, (408)985-8115	Marriage, families	English
Michael Curry, LCSW°	1040 Lincoln Ave., San Jose, CA 95125, (408)293-4489 Ext. 22 375 Cambridge Ave., Palo Alto, CA 94306, (650)326-6576	Children, adolescents, family therapy, parenting issues, problem solving, and goal orienting	English
Julie Daul, LCSW	950 West Julian St., San Jose, CA 95126, (408)292-9353	General counseling services	English
Dandre Desandies, MFT	445 Sherman Ave., Ste. R, Palo Alto, CA 94036, (510)673-7846		English
Marli Diniz, MFT	1040 Lincoln Ave., San Jose, CA 95125, (408)293-4489		English/ Spanish/ Portuguese
Daniel Droke, MFCC	5905 Soquel Dr., Ste. 250, Soquel, CA 95073, (831)462-4466	Men's Issues	English
Eastern European Services Agency	2400 Moorpark Ave., Ste. 207, San Jose, CA 95128, (408)297-7348		English/Russian/Croatian/Slavic
Tracy Fleming, MFT	621 E Campbell Ave., Ste. 11D, Campbell, CA 95008, (415)469-2000		English
Mary Foston-English, MFT°	3033 Moorpark Ave., Ste. 8, San Jose, CA 95128, (408)241-2656	Individuals, couples, families	English
Noriko Garcia, MFT	841 Blossom Hill Rd., #201, San Jose, CA 95123, (408)225-7985	Anxiety, addiction, abuse, and depression	English/Japanese
Cynthia Gelke, MFC°	1040 Lincoln Ave., San Jose, CA 95125, (408)293-4489	Marriage and family therapy	English
Ellen Hayenga, MFT°	950 West Julian Street, San Jose, CA 95126, (408)292-9353	Families, adults, adolescents and children	English
Helen Hsu, MFT*	2400 Moorpark Ave. Ste. 300, San Jose, CA 95128, (408)975-2730	Families, Marriage, Children	English
Jamie Inman, MFT	8371 Church St, Gilroy, CA 95020, (408)848-3331		English
Janet Jacobi, MFT	20395 Pacific Dr Ste. 101, Cupertino, CA 95014, (408)996-7575		English
Maureen Johnston, MFC	100 N. Winchester Blvd, Ste. 260, Santa Clara, CA 95050, (408)985-8115	Marriage, Family	English
Jill Kaplan, MFT	2901 Moorpark Ave., Ste. 270, San Jose, CA 95128, (650)364-4670 770 Menlo Ave., Ste. 201 Menlo Park, CA 94025, (650)364-4670	Children's developmental and trauma issues, divorce, relationship issues, parenting, depression, anxiety, trauma recovery, spiritual issues, including grief & loss, and domestic violence.	English
Sarita Kohli, MFT	2400 Moorpark Ave. Ste. 300, San Jose, CA 95128, (408)975-2730	Children, families, couples, cross-cult issues and women	English/Hindi/Punjabi
Irma Lara, PhD, MFT	1972 The Alameda, San Jose, CA 95126, (408)296-0936	Children, Couples, Women's groups	English/Spanish
Leonard Levy, MFT	375 Cambridge Ave., Palo Alto, CA 94306, (650)326-6576	Couples, individuals, domestic violence, and depression	English
Debbie Licurse, MFT	1144 S Winchester Blvd., Ste. C, San Jose, CA. 95128, (408)774-1009	Trauma, relationship issues	English
Connie Liden, MFT°	920 Saratoga Ave., Ste. 212, San Jose, CA 95129, (408)249-8047 ext. 5	Depression, anxiety, children, adolescents, and couples	English
George Lopez, LCSW°	1972 The Alameda, San Jose, CA 95126, (408)314-0181		English/Spanish
Carol Marks, MFCC°	920 Saratoga Ave., Ste. 212, San Jose, CA 95129, (408)736-5093		English

*Temporarily closed to new patients • °Evening Appointments Available • Visit our website at www.valleyhealthplan.org

VALLEY HEALTH PLAN MENTAL HEALTH NETWORK

Counselors/Therapists (Continued)

Provider Name	Address & Appointment Phone Number	Areas of Interest	Languages Spoken
Cauletta Marriner, Lmft	6605 Bret Harte Dr., San Jose, CA 95120, (408)927-9247	Psychological trauma, sexual abuse, adult EMDR (Eye Movement, Desensitization and Reprocessing), children, adolescents and adults	English
Terrance Mclarnan, MFT	100 N. Winchester Blvd., Ste. 260, Santa Clara, CA 95050, (408)985-8115	Children (early years)	English
Adrian Medina, MFT°	1754 Technology Dr., Ste. 133, San Jose, CA 95126, (408)582-2121	Psychotherapy for individuals, couples & families	English/Spanish
Elizabeth Mendoza-Weitzman, LCSW	1174 Lincoln Ave., Ste. 8, San Jose CA 95125, (408)448-7148	Psychotherapy, adults, adolescents, children, families, and individuals, EMDR (Eye Movement, Desensitization and Reprocessing), Offers counseling from a Christian perspective	English/Spanish
Vickie Minerva, MFT	8371 Church St., Ste. 112, Gilroy, CA 95020, (408)848-8793	Teens, marital issues, and Christian	English
Don Mordasini, MFT, Ma°	2542 South Bascom Ave., Ste. 207, Campbell, CA 95008, (408)559-3403	Marriage, family and individuals	English
Grace Nakamura, MFT	5819 Soquel Dr., Ste. A, Soquel, CA 95073, (831)429-7919 1190 S. Bascom Ave., Ste. 139, San Jose, CA 95120, (831)429-7919	Children, adolescents, Post-Traumatic Stress Disorder, multi-cultural issues and couples	English
Brandon Nguyen, LCSW	134 Martinvale Ln., Ste. A, San Jose, CA 95119, (408)838-0403		English/Vietnamese
Lena Nikitin, LCSW	1515 Meridian Ave., Ste. 210, San Jose, CA 95125, (650)996-7453	Dual Diagnosis, PTSD, Domestic Violence, issues related to acculturation: Adults. Psychotherapy, Hypnotherapy, Crisis intervention, Anxiety, Depression	English/Russian
Cynthia Norton, MFT°	1040 Lincoln Ave., San Jose, CA 95125, (408)293-4489 ext. 21	Adults, children, adolescents, families, depression, anxiety and eating disorders.	English
Penny Richer, MFT°	301B Los Gatos Saratoga Rd., Los Gatos, CA 95030, (408)205-8170	Overcoming anxiety, depression, stress, relationship/weight problems, childhood abuse, loss, bipolar	English
Sue Ritter-Splain, MFC	740 Front St Ste. 360, Santa Cruz, CA 95060, (831)336-5437		English
Geraldine Roberts, LCSW	375 Cambridge Ave., Palo Alto, CA 94306, (650)326-6576	Parenting and domestic issues	English/ Spanish
Susan Rowland, MFT	100 N. Winchester Blvd, Ste. 260, Santa Clara, CA 95050, (408)985-8115		English
Lori Sanders-Curry, MFT*	100 Lincoln Ave., San Jose, CA 95125, (408)293-4489 ext 26	Families, couples, and children	English
Sally Sharrock, MFT	2400 Moorpark Ave. Ste. 300, San Jose, CA 95128, (408)975-2730		English/Cantonese/ Mandarin
John Simerson, LCSW	375 Cambridge Ave., Palo Alto, CA 94306, (650)326-6576	Adults, couples, group and individual therapy	English
Kenneth St. George, MFT	390 Spar Ave., Ste. 204, San Jose CA 95117, (408)261-2481	Psychotherapy, substance abuse, depression, phobias, anxiety, children, adolescents, families, and marriage	English
Edward Subega, MFT°	1040 Lincoln Ave., San Jose, CA 95125, (408)293-4489 ext. 25		English
Carole Tait-Starnes, MFT°	1101 S. Winchester Blvd, Ste. H186, San Jose, CA 95128, (408)720-8107	Psychotherapy, family, and behavior issues	English
Mary Jo Trusso, MFT°	1040 Lincoln Ave., San Jose, CA 95125, (408)293-4489 ext. 12	Relationship issues, depression, anxiety, and behavior issues.	English
Sally Tsuchihashi-Lawrence, MFT	748 Mercy St., Mountain View, CA 94041, (650)296-5045		English
Ronald Urrutia, LCSW	4100 Moorpark Ave., Ste. 115., San Jose, CA 95117, (408)857-2754	Adults, Couples, Parenting, Co-Dependency, blended families, At-Risk Teens, anger management	English
Marga Vaquer, MFT	175 Van Ness Ave., Ste. 1, Santa Cruz, CA 95060, (831)227-3431 800 Pollard Rd., Los Gatos, CA 95023, (831)227-3431		English
Wendy Wegeforth, MFC°	14651 S. Bascom Ave., Ste. 230, Los Gatos, CA 95032, (408)358-8090	Children, Adolescent	English
Jack Weitzman, LCSW°	1174 Lincoln Ave., Ste. 8, San Jose, CA 95125, (408)247-5600	Adolescents, families, family-court issues, and trauma	English

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Counselors/Therapists (Continued)

Provider Name	Address & Appointment Phone Number	Areas of Interest	Languages Spoken
Greg Whittaker, MFT°	8371 Church St., Gilroy, CA 95020, (408)848-3331		English
Diana Wickowicz, MFT	301 B Los Gatos Saratoga Rd., Los Gatos, CA 95030, (408)205-8170		English
Amy Williams, MFT°	1040 Lincoln Ave., San Jose, CA 95125, (408)293-4489 ext. 13	Children & adolescents, depression, Life transitions, anxiety	English
Lara Windett, MFT	1101 S Winchester Blvd Ste. M254, San Jose, CA 95128, (408)892-3925		English
Diane Wyder, MFT	950 West Julian Street, San Jose, CA 95126, (408)292-9353	Adults, children and families	English
Carol Zimbelman, LCSW*	1040 Lincoln Ave., San Jose, CA 95125, (408)293-4489 ext. 16	Abuse, co-dependent issues, adults, anxiety disorder, couples, depression, geriatrics, inter-racial issues, inter-cultural issues, obsessive compulsive disorders, rape, sexual issues, stress management, trauma victims, and work-related issues	English

Counseling Centers

Alliance Community Counseling Center, 1040 Lincoln Ave., San Jose, CA 95125, (408)293-4489

Alliance is a smaller group practice comprised of two licensed clinical psychologists (PhDs) and approximately 13 master's-level clinical therapists (e.g., MFT, LCSW). The group can treat a wide spectrum of counseling needs, including those of adolescents and children, sexual-abuse victims, and patients suffering the ill effects of stress. Alliance is wheelchair accessible, near a bus stop, and includes several bi-lingual therapists.

Languages: Spanish and East Indian

Center For Healthy Development (Chd), 100 N. Winchester Blvd, Ste. 260, Santa Clara, CA 95050, (408)985-8115

The Center for Healthy Development (CHD) offers long-term psychotherapy and counseling services. Our master's level therapists have experience treating the "whole family". We have particular expertise helping families through the transitions of separation or divorce. In addition, CHD staff is extensively trained in treating children who are distressed as well as adolescents and adults. Most clients can be scheduled with 48 hours of initial referral.

Eastfield Ming Quong, 251 Llewellyn Ave., Campbell, CA 95008, (408)379-3796

Currently, outpatient counseling services are provided to children, adolescents and adults. Services are provided by a variety of professional staff, including psychiatrists, clinical psychologists and master's-level therapists. Additionally, Eastfield Ming Quong provides emergency psychiatric evaluation and referrals.

Languages: Spanish

Family And Children Services, 950 West Julian St., San Jose, CA 95126, (408)292-9353 375 Cambridge Ave., Palo Alto, CA 94306, (650)326-6576

Family and Children Services (formerly Adult Child Guidance Center) has been a provider of mental health services. A multi-disciplinary team of mental health providers led by a psychiatrist. The center provides bi-lingual and multi-culturally sensitive services.

Languages: Spanish and Vietnamese

Substance Abuse Services

Gateway Program, 1(800)488-9919

DADS Gateway Program serves as the entry point to the Department of Alcohol & Drug Services (DADS) system of adult care. The Gateway Program is a self-referred program in which all requests must be made by the Member. Members must personally call the toll free number listed below to obtain any of the services outlined below. Gateway will not respond to any referrals made by a Provider.

KidScope, (408)793-5959

Providing Services for Children (Aged Birth - 5 Years) with Developmental Challenges. These services are for children aged Birth - 5 years with a few slots for children aged 6 years and older. KidScope brings together under one roof a highly trained team of pediatric specialists with expertise in speech and language deficits, autism, attention deficit hyperactivity disorder and other problems that impede a child's development. The new facility is the only one of its kind in Santa Clara County offering these services to children who reside in the county, regardless of a family's ability to pay.

KidScope staff—which include physicians that specialize in behavioral and developmental pediatrics, psychologists, speech and language pathologists, occupational therapists, and education specialists—perform comprehensive examinations and provide parents, schools and primary care providers with