

DOMESTIC VIOLENCE AND CHILDREN

RESOURCES

CHILDREN'S BOOKS

A Family That Fights, by Sharon Bernstein. Morton Grove, IL: Albert Whitman and Co. An 8-year old boy and his two younger siblings live in a home where the father abuses the mother (picture book with illustrations in pencil, 4 - 12 years). This book helps open discussion and create an environment where children feel safe sharing their experiences.

A Safe Place, by Maxine Trotter. Morton Grove, IL: Albert Whitman and Co. Written for use with 3 - 10 year olds. The book (picture book with black and white drawings with multiracial characters) tells the story of Emily and her experience at a shelter. This book would be especially helpful with children who will be going to a shelter or have just arrived at a shelter.

A Terrible Thing Happened, by Margaret M. Holmes, Washington, DC: American Psychological Association (800) 374-2721. This book can be used with 4 - 8 year olds to help them talk about and understand their terrible thing. This gentle book is written in a very open ended way and talks about the problems a traumatized child might experience. The book can be used to process any event such as a car accident, domestic or school violence, suicide or a natural disaster such as a tornado, flood or fire.

Clover's Secret, by Christine Winn and David Walsh, Ph. D. Minn, MN: Fairview Press (800) 544-8207. In an imaginary land where people can fly, two girls form a friendship that helps one of them deal with the problems she faces at home (picture book with colored pencil illustrations, 4 - 13 years). This book can be used to talk to children about their friendships, which can contribute to resiliency.

The Dragon and the Mouse, by Steven Timm. Largo, ND: Touchstone Enterprises; (701) 237-4742. A mouse lives with a dragon who is abusive to him emotionally, physically, mentally and socially. In the end, the mouse leaves the living arrangement, but continues to be friends with the dragon (picture book with vivid illustrations, 4 - 13 years). This book may be useful, but it is important to note that abuse (domestic violence) does not stop when someone leaves a relationship. In fact, in many cases abuse intensifies after a woman leaves or attempts to leave the relationship.

I Love My Dad But . . . by Leslie Wright. Toronto, Ontario: Is Five Press. This workbook is for children from preschool through second or third grade. It deals well with the ambivalence children feel toward their father when living in a home where there is domestic violence. It also looks at safety issues and has a good introduction for adults using it with children.

I Wish the Hitting Would Stop, by Susan Patterson, M.S. Fargo, ND: Red Flag Green Flag Resources: (800) 627-3675. A workbook written for working with children (ages 6 - 14) living in homes where there is domestic violence.

Each page of the 28-page workbook presents the child's worries, concerns and fears. It also addresses safety planning. The workbook is appropriate for group settings or one-on-one sessions. Available in Spanish and English. A facilitators guide is also available.

Living with My Family: A Growth and Recovery Workbook for Children, by Wendy Deaton, M.A. and Kendall Johnson, Ph D. Alameda, CA: Hunter House Inc. (800) 266-5592. This workbook (ages 6 to 11) is useful in working children who have witnessed domestic violence. It helps children express painful memories. Exercises are intended to help establish a relationship; help the child evaluate the context of the violent event; address the child's feelings and reactions, explore coping strategies; and integrate the experience through a series of strength building techniques.

Mommy and Daddy are Fighting, by Susan Paris and Gail Labinski. Seattle, WA: Seal Press: (206) 283-7844. Three young sisters build a fort of blankets and huddle together to cope with their father's abuse against their mother (picture book with washed illustrations, 4 - 8 years). This book could help children identify and build upon the potential strengths of their relationship with a sibling. Sibling relationships can play a compensatory role in helping children cope with trauma.

Salad for 20 by Anna Garcia Steiner. Concord, CA: Battered Women's Alternatives: (510) 676-2845. This is an inexpensive, colorful 20 page picture book for children ages 4 - 10. It is an introduction to what happens in a shelter. It has been used by domestic violence response team advocates when intervening with children seen with their mothers in home or hospital settings.

Something is Wrong at My House, by Diane Davis. Seattle, WA: Parenting Press: (800) 992-6657. A boy tells about the violence in his home and how it affects him. For younger children, you can read the text below the illustrations. Includes advice for children on coping (3 - 12 years). This book helps when talking with children about community resources and how to ask for help. Also available in Spanish.

When Something Terrible Happens, by Marge Heegaard. Minn, MN: Woodland Press: (612) 926-2665. A workbook to help children (ages 6 - 12) who have experienced loss and/or victimization through natural disaster or human violence. This book can be used individually or with a group of children facilitated by someone prepared to understand the specific trauma, accept the feelings and gently encourage verbal communication. It will help the child review the event, discover misconceptions, such as, they are responsible for the event, and will promote healthy coping skills.

The Words Hurt, by Chris Loftis. Far Hills, NJ: New Horizon Press. Although Greg's dad never physically hurt anyone, he yelled things that often made the people around him feel terrible. Greg tells his father about his sad and hurt feelings. This book can help to address the important subject of verbal abuse. However, it is important to tell children that it is not always safe to share feelings assertively with others. Assertiveness skills can potentially increase danger for children..

HELPFUL CHILDREN'S BOOKS ABOUT FEELINGS

Brave Bart by Caroline Sheppard

Jessica and the Wolf by Ted Lobby

When I'm Afraid by Barbara Gardiner

When Sophie Gets Angry - Really, Really Angry by Molly Bang

Tough Boris by Mem Fox

What If It Never Stops Raining by Nancy Carlson

The Way I Feel by Janan Cain

The Feel Good Book by Todd Parr

SPANISH LANGUAGE RESOURCES

BOOKS FOR CHILDREN:

Aaron va a la Albergue (Aaron Goes to the Shelter), Phyllis Nasta. A story for children about abuse, placement and protective services.

Cuidate a ti Mismo (Take Care of Yourself), Laurie White and Steven Spencer. A guide for children to help them understand, prevent and recover from abuse. KIDSRIGHTS, 10100 Park Cedar Drive, Charlotte, NC 28210, 1-800-892-KIDS.

El Problema con Los Secretos (The Trouble with Secrets), Karen Johnsen.

Algo Anda Mal en Mi Casa (Something Is Wrong at My House) Diane Davis. A book about parent's fighting.

Mi Cuerpo es Mio (My Body Is Mine), Lory Freeman. A book to teach young children how to resist uncomfortable touch.

Algo Paso y Me Da Miedo Decirlo (Something Happened and I'm Scared to Tell), Patricia Kehoe. A book for young victims of abuse. Parenting Press, Inc., P.O. Box 75267, Seattle, WA 98125

Deseo Que Los Golpes Paren (I Wish the Hitting Would Stop), Susan Patterson. A workbook for children living in violence homes. Red Flag Green Flag Resources, Rape and Abuse Crisis Center, Box 2984, Fargo, ND 58108.

Mi Mama y Yo Nos Hacemos Fuertes (My Mother and I Are Growing Strong), Sandy Speidel. A mother and her daughter working, waiting and growing while the father is in prison. Volcano Press, P.O. 270, Volcano, CA 95689.

El Nino de Cabeza (The Upside Down Boy), Juan Felipe Herrera. Story of the cultural confusion a child experiences when his migrant family settled down so that he could go to school for the first time

Amigos del Otro Lado (Friends from the Other Side), Gloria Anzaldua. Story of two friends, one of whom is an undocumented immigrant, and the fears and experiences they have. Children's Book Press, 246 First Street, Suite 101, San Francisco, CA 94105.

Franklin se Pierde (Franklin Gets Lost), *Franklin Tiene un Mal Dia (Franklin Has a Bad Day)*, and many other titles, Paulette Bourgeois and Brenda Clark. A series of books on various life experiences of a turtle and his friends. Lectorum Publications, Inc.

Alexander y El Dia Terrible, Horrible, Espantoso, Horroroso (Alexander and the Terrible, Horrible, No Good, Very Bad Day) and other Alexander books, Judith Viorst. Libros Colibri, Simon and Schuster, 1230 Avenue of the Americas, New York, NY 10020.

Hicklbees and Barnes and Noble have fairly large sections of books in Spanish. The Alexander and Franklin books are available there.

THERAPEUTIC GAMES:

Nurturing Game, learning about caring for oneself and others, bilingual English/Spanish Edition. For children three years old and older. Very popular in drama therapy groups. Family Development Resources, Inc. 3160 Pinebrook Road, Park City. UT 84098, 1-800-688-5822.

The Angry Monster Machine/ Maquina del Monstruo Enojado, a game to teach children how to express anger, in Spanish or English. For children ages 5 to 10.. Childswork/Childsplay, 1-800-962-1141.

Emotional Bingo, a game that helps children identify feelings, bilingual English/Spanish. For children ages 6 to 12. Can be played with large groups of children. We encourage cooperative play so by the end of the games everyone wins at least once. Western Psychological Services, 1 800-648-8857.

The Magic Map of Feelings/ El Juego del Magico Mapa de Los Sentimientos, a game to help children learn and share about their feelings in a fun, creative way, bilingual English/Spanish. For children ages 6 and up. Peak Potential, Box 1461, Loveland CO 80539-1461.

The Peace Path by Lisa Marie Barden. (800) 648-8857. A **game** for children (ages 5 to 15) to be used to teach children how to deal with domestic violence in a safe and peaceful way. The game not only teaches alternatives to violent behavior but also addresses the more immediate issue of what the child should do at the time violence occurs. Focusing on four different settings - home, shelter, school, and relative's house - it helps children learn to plan for their own safety, use assertiveness to solve problems, express their feelings, and raise their self-esteem. As with the book *The Words Hurt*, it is important to tell children that it is not always safe to share feelings assertively with others. Assertiveness skills can potentially increase danger for children.

BOOKS FOR ADULTS WORKING WITH CHILDREN

The Batterer as Parent: Addressing the Impact of Domestic Violence on Family Dynamics, Lundy Bancroft, Jay G. Silverman, Sage. This book describes how domestic violence affects each relationship in a family and explains how children's emotional recovery is inextricably linked to the healing and empowerment of their mothers.

Breaking the Silence: Art Therapy with Children from Violent Homes, by Cathy Malchiodi, M.A., A.T.R. (800) 648-8857. Children from violent homes need to be heard. Unable or unwilling to verbalize their suffering, these children are often immobilized by fear, rage, guilt and pain. This book demonstrates the unique power of art

therapy to help treat children from violent backgrounds. It describes the intervention process from intake to termination, noting the complex issues involved at various levels of evaluation and interpretation. Included are 95 drawings by children.

Children Exposed to Domestic Violence: Current Issues in Research, Intervention, Prevention, and Policy Development, edited by Robert A. Geffner, Peter G. Jaffe, Marlies Sudermann; Haworth Maltreatment & Trauma Press, New York. Current research, intervention, prevention and policy development by national and international experts.

Children Exposed to Marital Violence: Theory, Research, and Applied Issues, edited by George W. Holden, Robert Geffner, Ernest N. Jouriles, American Psychological Association, Washington D.C. This book examines the research on this topic and analyzes the complex interactions that determine children's outcomes after their exposure to domestic violence.

Ending the Cycle of Violence: Community Responses to Children of Battered Women, Einat Peled, Peter G. Jaffe and Jeffrey L. Edleson editors. Thousand Oaks, CA: Sage Publications. (805) 499-9774. The book begins with a discussion on living in a violent culture, and covers the many aspects of intervention with children of battered women. It provides a survey of current practice including strategies and program models. The writers present a succinct look into three major areas: shelter and domestic violence counseling, child protection services and the criminal justice system, and prevention and education in schools and communities.

Ghosts from the Nursery: Tracing the Roots of Violence, Robin Karr-Morse and Meredith S. Wiley. This book presents evidence that violent behavior is linked to abuse and neglect in the first two years of life when foundations for trust, empathy, conscience, and learning are developed.

Groupwork with Children of Battered Women: A Practitioner's Manual, Einat Peled and Diane Davis. Thousand Oaks, CA: Sage Publications.

(805) 499-9774. This book provides practitioners with the required knowledge and direction to successfully operate a group program for children (ages 4 - 12) of battered women and a concurrent group for parents. The manual is based on the accumulated experience of the Domestic Abuse Project (DAP) of Minneapolis, and on the results of a three-year qualitative evaluation.

The Impact of Domestic Violence on Children, booklet put out by the American Bar Association Service Center. 750 North Lake Shore Drive, Chicago, ILL 60611. \$6.00. Specify order reference number 549-0248.

Silent Screams and Hidden Cries: An interpretation of Artwork by Children from Violent Homes, Agnes Wohl and Bobbie Kaufman, New York, NY: Burner/Mazel Publishers, 19 Union Square West, New York, NY 10003. This book presents the first study of drawings of elementary-school-age children who have lived with domestic violence and who in many cases have themselves been victims of violence. The book presents 50 drawings of human figures, families, trees, and houses produced over a two-year period by 18 children. All of the drawings project the children's serious emotional distress, feelings of helplessness, powerlessness, fragmentation, depression and anxiety.

When Dad Hurts Mom: Helping Your Children Heal the Wounds of Witnessing Abuse, Lundy Bancroft, New York, G.P. Putnam's Sons. The author reveals how abusers interact with and manipulate their children, what children

learn from this behavior, and how mothers can protect their children and help them recover from the trauma of witnessing abuse.

Healing the Invisible Wounds: Children's Exposure to Violence—A Guide for Families (Sanemos las Heridas Invisibles. Niños Expuestos a Violencia—Guía para Familias) Safe Start Center, May 2009. This booklet helps parents and other caregivers understand the potential impact of exposure to violence on the development of their children, and provides practical suggestions for supporting the healing process. Recommended strategies are tailored to children based on age (birth to 6, 6 to 11, and 12 to 18) and are easily integrated into everyday interactions. To download the guide in English and Spanish or to order copies, visit www.safestartcenter.org

Children Exposed to Domestic Violence: A Teacher's Handbook to Increase Understanding and Improve Community Responses by Linda L. Baker, P.G. Jaffe, L.M. Ashbourne & J. Carter (2002). This 26-page resource helps educators understand how violence affects children at different ages, what teachers may see in the classroom, teaching strategies, handling parent-attended events, and supporting students who disclose. Development of this resource was funded by the David and Lucile Packard Foundation. ~ \$15.00.. Download an electronic copy at <http://www.lfcc.on.ca/teacher.html>

Islands of Safety: Assessing and Treating Young Victims of Violence by Joy D. Osofsky and Emily Fenichel, Eds. (2002). The authors guide readers through recognizing the full range of symptoms and behaviors that may stem from infants' and toddlers' exposure to violence; supporting those giving care to traumatized young children; and designing and carrying out treatment plans to help children and their families cope and recover.

Caring for Infants and Toddlers in Violent Environments: Hurt, Healing and Hope. Hope and Healing: A Caregiver's Guide to Helping Young Children Affected by Trauma by Kathleen Fitzgerald Rice and Betsy McAlister Groves (2005). *Hope and Healing* is a guide for early childhood professionals who care for children in a variety of early care and education settings. The authors define trauma and help readers recognize its effects on young children. They also offer tips, resources, and proven intervention strategies for working with traumatized children and their families and for managing stress. This book will help professionals understand children and trauma and develop skills to help children and support families.

Can They Hope to Feel Safe Again? The Impact of Community Violence on Infants, Toddlers, Their Parents and Practitioners. Published by Zero to Three.

Protecting Children from Domestic Violence: Strategies for Community by Jaffe, Peter G., Linda L. Baker, Alison J. Cunningham. Guilford Press: 2004. This volume brings together leading mental health, legal, educational, and social services professionals from the U.S. and Canada to demonstrate how the problem of violence in the home can best be mitigated through community collaboration. The book provides an understanding of the effects of childhood exposure to domestic violence; considers the most promising assessment approaches; and examines specific interventions with victims and offenders, ranging from individual and group approaches to broader efforts involving schools, police, courts, and the media. Also addressed is the complexity of working with families from diverse cultural backgrounds and the often-ignored subject of how to enhance the roles of fathers in their children's lives

Child Custody and Domestic Violence: A Call for Safety and Accountability by Jaffe, Peter G., Lemon, Nancy, and Poisson, Samantha E. Sage publications: 2003. This book focuses on the complexity of the challenges facing

judges, lawyers, legislators, and mental health professionals in developing safe and effective strategies for resolving custody disputes. Jaffe, Lemon, and Poisson integrate the most recent clinical and legal issues in the field in considering the prevalence of divorce and domestic violence as well as the relevance of domestic violence in custody disputes. The authors outline the essential differences between custody disputes with and without allegations and findings of domestic violence, and the different analysis and distinct interventions by judges, policymakers, and mental health professionals necessary in domestic violence cases.

Children's Perspective on Domestic Violence by Audrey Mullender. Sage Publications: 2002. The research in this book looked not only at children who were known to have direct contact with domestic violence, but also what children in general thought and felt about domestic violence. Its focus on children's experiences adds much to our understanding of the complexities of domestic violence and in particular the material presented on different coping strategies used by children who have experienced domestic violence is an important contribution to an area about which very little is known. The authors explore the effect of domestic violence on children, what children say would help them most in coping with domestic violence, the advice children would offer other children who find themselves in similar circumstances as well as their mothers and the helping professions. This accessible book written for students, their teachers, researchers and all those working with children will provide a vital insight into children's own perspectives on domestic violence.

Little Eyes, Little Ears: How Violence Against a Mother Shapes Children as they Grow by Alison Cunningham & Linda Baker (2007). A resource for anyone looking to understand how children experience violence against their mothers and how those experiences may shape them as they grow, from infancy to adolescence. Funded by the National Clearinghouse on Family Violence, Public Health Agency of Canada. A compilation the most popular information from the agency's most popular resources, included lots of new material, and added reference to the latest sources of information and updated statistics. Topics addressed include facts & figures, ten ways a child can be changed by living with violence at home, and some myths about woman abuse and children. Download a Copy: http://www.lfcc.on.ca/little_eyes_little_ears.pdf

Woman Abuse Affects Our Children: An Educator's Guide by Linda Baker & Peter Jaffe (2007) A resource for elementary teachers, principals and guidance counselors funded by the Ontario Women's Directorate.

This Educator's Guide and its Facilitator's Manual were developed by an Expert Panel formed as part of the Government of Ontario's Domestic Violence Action Plan. The English-language panel developed these training materials to better support women and their children, and reduce abuse. The panel included representatives from provincial elementary teacher organizations, principal councils, school and Native guidance associations, Ontario faculties of education, community groups supporting immigrant and refugee women, and organizations from the violence prevention field.. Download a Copy: *Woman Abuse Affects our Children: An Educator's Guide*. http://www.lfcc.on.ca/Educators_Guide_to_Woman_Abuse.pdf

In the Name of the Child: A Developmental Approach to Understanding and Helping Children of Conflicted and Violent Divorce. (Second Edition) by Janet R. Johnston Ph.D., Vivienne Roseby Ph.D. & Kathryn Kuehnle Ph.D. N.Y., Springer Publishing Company (forthcoming 2009).

A Safe Place to Grow: A Group Treatment Manual for Children in Conflicted, Violent, And Separating Homes (2005) by Janet Johnston, Vivienne Roseby, Bettina Gentner, Erin Moore. This easy-to-understand, step-by-step manual is a developmentally appropriate treatment curriculum for traumatized school-aged children who have experienced chronic conflict or violence within their families... Age-appropriate sections separate therapy for big or little kids, focusing on efficacy while presenting a comfortable multi-ethnic, multi-cultural model.

Don't Hit My Mommy: A Manual For Child-parent Psychotherapy With Young Witnesses Of Family Violence (2005) by Alicia F. Lieberman and Patricia Van Horn. This practical handbook offers treatment guidelines to address the behavioral and mental health problems of infants, toddlers, and preschoolers whose most intimate relationships are disrupted by the experience of violence. Practitioners from a variety of disciplines will gain an understanding of the impact of violence and will discover concrete intervention strategies to address the consequences of this experience for young children.

Domestic Violence in Asian American Communities: A Cultural Overview (2005), T.D. Nguyen, ed. Domestic violence in Asian American communities remains a rarely discussed, yet pervasive problem. With eight chapters, each dedicated to a different Asian American community, the essays in this volume explore the factors involved in domestic violence in specific communities. This unique project will provide an indispensable tool for scholars and researchers in social work and family studies who want to better understand the complexities of serving this growing and diverse population.

BOOKS FOR TEENS AND ADULTS WORKING WITH THEM

Dating Violence: Young Women in Danger, Barrie Levy. Seattle, WA: Seal Press. (800) 754-0271. Includes first-hand stories from teens in abusive relationships as well as research information on dating violence.

Helping Teens Stop Violence: A Practical Guide for Counselors, Educators, and Parents, Allan Creighton with Paul Kivel. Alameda, CA: Hunter House (800) 266-5592. This book offers proactive, multicultural approach for getting at the roots of violent behavior. It includes activities and workshops that explore how violence manifests in families and dating; how issues of race, gender, and age are involved; and how teens can work to stop the violence in their lives, It includes curricula for classrooms and support groups, and strategies to support peer counselors and help abused teens.

In Love and In Danger: A Teens Guide to Breaking Free of Abusive Relationships, Barrie Levy. Seattle, WA: Seal Press. (800) 754-0271. This book gives teens the courage to bring a potentially harmful situation out into the open, end the cycle of abuse, and forge the way for healthy and loving relationships.

Making the Peace, Paul Kivel and Allan Creighton. Alameda, CA: Hunter House. (800) 266-5592. A 15-session violence prevention curriculum for young people. This is a school-based curriculum to help young people break away from violence, develop self-esteem and regain a sense of community. Classroom discussions and assignments explore such crucial issues as dating violence, male-male fights, interracial tension, suicide, guns and sexual harassment.

What Parents Need to Know About Dating Violence, Barrie Levy and Patricia Occhiuzzo Giggans. Seattle, WA: Seal Press. (800) 754-0271. This book gives straightforward advice to parents on how to recognize the warning signs of dating violence, understand the dynamics of abuse, strengthen communication and minimize power struggles, and develop safety plans with teens to avoid potentially dangerous situations.

CHILD CUSTODY/VISITATION

Custody Decisions in Cases with Domestic Violence Allegations. American Bar Association.. A state-by-state chart providing information on the legal definition of domestic violence, state statutes relating to custody decisions, and how courts factor in domestic violence in custody decisions.

Reasonable Efforts Checklist for Dependency Cases Involving Domestic Violence. National Council of Juvenile and Family Court Judges (December 2008). This resource is designed to aid judges in making reasonable efforts findings that are required by federal law in dependency cases involving domestic violence.

Navigating Custody and Visitation in Cases with Domestic Violence: A Judge's Guide. National Council of Juvenile and Family Court Judges. (August 2005). A practical guide for judges on how to interpret and act on professional child-custody evaluations when domestic violence is involved in family-law cases.

Six Crucial Issues in Supervised Visitation Cases by Sharon M. Maxwell and Karen Oehme. Violence Against Women Online Resources (September 2004). The article describes six issues, which explain how women, children, and their communities experience supervised visitation cases; how staff may help reduce the risks of danger in visitation; how to conduct risk assessments; how visitation can reduce incidents of stalking; and how court-ordered visitation can reduce the risks of continued abuse.

Report from the Wingspread Conference on Domestic Violence and Family Courts by Nancy Ver Steegh and Clare Dalton (February 2007). This report summarizes the findings of the working group brought together by the National Council of Juvenile and Family Court Judges and the Association of Family and Conciliation Courts . Five central issues are identified and discussed.

Children's Exposure to Domestic Violence by Alicia Summers. National Council of Juvenile and Family Court Judges(2006). This guide to research and resources covers the impact of domestic violence on children, legal issues affecting children, and system responses.

The Court's Role in Supporting and Protecting Children Exposed to Domestic Violence by Hon. Donna Hitches and Patricia Van Horn. Journal of the Center for Families, Children, and the Courts 6 (2005). This article discusses parenting and predicting child abuse in domestic-violence families and provides strategies for handling domestic-violence cases involving children. Appendices include a screening form for domestic violence used by the San Francisco Superior Court's Family Court Services, as well as a model protocol for communication between courts in domestic-violence and child-custody cases.

WEBSITES OF INTEREST

www.endingviolence.com

www.snbw.org

www.cacsc.org

<http://www.whiteribbon.ca/>

www.nextdoor.org

www.safefromthestart.org

www.endabuse.org/programs/children

www.mincava.umn.edu/link

www.ncjfcj.org/dept/fvd/

www.childwitnessstoviolence.org

www.thegreenbook.info

www.cls4children.org

<http://www.vawnet.org/DomesticViolence/PublicPolicy/Children/VTNetworkDV-CPS.php>

www.breakthecycle.org

<http://www.ncvc.org/tvp/main.aspx>

www.trauma-pages.com

www.traumacenter.org

www.civitas.org

www.childtrauma.org

www.istss.org

www.cfchildren.org

www.ncptsd.org

www.kovalik.com

SOME COMMUNITY RESOURCES

ASIAN AMERICANS FOR COMMUNITY INVOLVEMENT (ACCI)

2400 Moorpark Avenue, San Jose

408-975-274

Individual counseling

Children's support group

Teen program

BILL WILSON CENTER AND HOTLINE

408-243-0222

Provides Counseling and Emergency Housing for Teens

CENTER FOR HEALTHY DEVELOPMENT

100 N. Winchester Ave., Santa Clara

408-985-8115

Individual, Group and Family Counseling

Children's Programs

Parenting without Violence

Teen Intervention Program

COMMUNITY SOLUTIONS

Gilroy Office: 6980 Chestnut Street

408-842-7138

Morgan Hill Office: 16264 Church Street

408-779-2113

Provides: 1. Individual, group and family counseling

Home based support for teen parents

Independent living skills program for foster care/group home youth

Parenting classes

GRACE BAPTIST COMMUNITY CENTER

484 East San Fernando Street, San Jose

(408) 971-9457

Art and Play Therapy (APT) (a non-religious recreation program funded by the Department of Parks and Recreation)

APT's Children's Program is a counseling program which offers art and play therapy groups for children who feel sad or lonely, who have a tough time making/keeping friends, or who have trouble concentrating in school. A social worker or a therapist leads groups. Groups are held on Saturdays at various times and are one hour long. APT also offers low-cost support and education groups for parents and families.

MAITRI

234 E. Gish Road, San Jose

1888-862-4874

Provides teen outreach, workshops and mentoring to South Asian youth

NEXT DOOR SOLUTIONS TO DOMESTIC VIOLENCE

234 E. Gish Road, San Jose 408-501-7550

1. Age appropriate psychoeducational groups for children (ages 5 – 12) exposed to domestic violence. Emphasis on "Breaking the Secret: Safety Planning, Identifying Feelings, and Building Social skills. Five-week cycle but each class stands on its own. Intake with parent and child necessary.
2. Individual and group counseling for child and teen witnesses of domestic violence.
3. Teen empowerment and support groups
4. Teen Batterers Intervention Program (26 week)
5. Family Connections Supervised Visitation and Exchange Program

SUPPORT NETWORK FOR BATTERED WOMEN

1257 Tasman Drive, Suite C Sunnyvale, CA 94089

1-800-572-2782

Psychoeducational support groups for children (ages 5 – 8 and 9 - 12) exposed to domestic violence.

Individual therapy for children who have witnessed domestic violence.

VICTIM WITNESS ASSISTANCE CENTER

777 North First Street, Suite 220

San Jose, CA 95112

(408) 295- 2656

Children who have witnessed domestic violence are considered to be primary victims of domestic violence by Victim Witness and are eligible to receive the same level of assistance as adult victims. This includes crisis counseling, follow-up care, assistance in court, and recovery of loss.

FAMILY RESOURCE CENTERS

NUESTRA CASA (FOCUS ON HISPANIC FAMILIES)

1998 Alum Rock Ave., San Jose, CA 95116

408-251-7663

UJIRANI CENTER (FOCUS ON AFRICAN-AMERICAN FAMILIES)

1023 Brokaw Road, San Jose, CA 95131

408-452-6560

ASIAN-PACIFIC CENTER (FOCUS ON ASIAN-AMERICAN FAMILIES)

625 Wool Creek Drive, San Jose, CA 95112

408-299-1500

GILROY FAMILY RESOURCE CENTER

7560 Monterey Street, Gilroy, CA 95020

408-846-5000

Sponsored by Social Services Agency, family resource centers offer family services directed at specific populations but available to anyone. Services include: Family Enrichment Classes, Nutrition Education for Children, Grandparents Support Groups, Mental Health Counseling for Children and Families, Money Management, Youth Leadership Programs, Parent Education, English as a Second Language classes, Teen Parent Group, Tutoring for children and teens, Women's Support Groups. Not all services at all centers.

INDIAN HEALTH CENTER (VARIETY OF SERVICES WITH FOCUS ON AMERICAN INDIAN FAMILIES)

1333 Meridan Avenue, San Jose, CA 95125

408-445-3400

LEGAL ADVOCATES FOR CHILDREN AND YOUTH (LACY)

111 W. Saint John St., #315

San Jose, CA 95113

(408) 280-2416

Part of the Law Foundation of Silicon Valley, LACY provides legal assistance to teens who are victims of dating violence. Services are available to residents of Santa Clara County under the age of 18 or currently enrolled in high school. Staff attorneys can assist in the preparation of restraining order applications and will appear in court on behalf of the victim. Victims with children can also receive assistance on family law matters, such as child custody, visitation, and support. LACY has a social worker available to conduct safety planning and offer other supportive services.

PARENTS HELPING PARENTS

3041 Olcott Street, Santa Clara, CA 95054-3222

408-727-5775

Provides information, education and training for parents and professionals in contact with “special needs” children. Offers support groups, infant gift bonding program, information and referral to community resources and care management of service coordination assistance. Also provides services to over 25 specialty programs that offer monthly support and educational sessions for specific disabilities, concerns or geographic locations.

CATHOLIC CHARITIES EL TORO YOUTH CENTER

17620 Crest Avenue, Morgan Hill

408-779-6002

The center provides students tutorial service with homework, computer literacy classes, arts and crafts, sports, and other recreational activities. Parental classes include training and workshops on topics such as study habits, gang and drug prevention, and other related topics. The program serves nearly 500 youth and parents.