

# Transitional Housing

## What is Managed Care Transitional Housing?

- Provides temporary, affordable housing for clients living in unsafe settings or who are homeless.
- Housing units are completely furnished.
- Residents are expected to be clean and sober.

## Who can receive help?

- Adults 18 and older living in Santa Clara County who are clients in one of our Managed Care Outpatient Treatment programs.

## What are the services?

- Help practicing new behaviors and skills in a safe environment.
- Help finding work and returning successfully to society.

## How much does it cost?

- Fees are based on the ability to pay.

## How do you get services?

- Managed Care staff will request services for you.

[www.alcohol-drugservices.org](http://www.alcohol-drugservices.org)



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# Outpatient Treatment

## **What is Managed Care Outpatient Treatment?**

- Services to meet individual treatment needs.

## **Who can receive help?**

- Adults 18 and older living in Santa Clara County.

## **What are the services?**

- Individual, group, family, and crisis counseling.
- Psychiatric consultation.
- Free, anonymous HIV and TB testing/counseling.
- Educational groups.

## **Special Programs for Women:**

- Services for women with children.
- Methadone maintenance.
- Education on parenting, health issues, and domestic violence.
- Reading program.
- Child care (up to age 3).

## **How much does it cost?**

- Fees are based on the ability to pay.
- Some sites accept Medi-Cal/private insurance.

## **How do you get services?**

- Call the Gateway Program's 24-hour number,  
**1-800-488-9919.**  
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## Residential Treatment

### **What is Managed Care Residential Treatment?**

- Treatment at licensed sites for men, women, and women with children (ages 5 and under) whose alcohol and/or other drug use requires intensive live-in treatment.
- Prepares clients for Outpatient Treatment.

### **Who can receive help?**

- Adults 18 and older living in Santa Clara County who meet eligibility criteria.

### **What are the services?**

- Comfortable, supportive treatment settings.
- Complete, ongoing assessment and evaluation of clients' needs.
- Detailed treatment plan that includes referral to ongoing alcohol and other drug services.
- Classes on addiction and related issues.
- Individual, group, family, and crisis counseling.
- Psychiatric consultation.
- Free, anonymous HIV and TB testing/counseling.

### **How much does it cost?**

- Fees are based on the ability to pay.
- Some sites accept private insurance.

### **How do you get services?**

- Call the Gateway Program's 24-hour number,  
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## Prevention Services

### What are Managed Care Prevention Services?

- Alcohol and other drug information and referral, education, and support services.
- Classes about addiction, anger management, family communication, parenting skills, codependency, family wellness, family survival skills, and impulse management.

### Who can receive help?

- Family members and significant others of clients in the Managed Care System.
- Anyone living in Santa Clara County who needs basic education on alcohol and/or other drugs.

### What are the services?

- Training for family members and significant others to support clients' recovery from alcohol and/or other drug addiction.
- Information about alcohol and other drugs in English, Spanish, and Vietnamese.

### How much does it cost?

- Fees are based on the ability to pay.

### How do you get services?

- Call a Managed Care Prevention Services provider directly.
- Call the Gateway Program's 24-hour number,

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## Detoxification Services

### What are Managed Care Detoxification Services?

- Program settings that provide support for clients' withdrawal symptoms from the effects of alcohol and/or other drugs.
- 24-hour staff support in a non-medical, inpatient setting that is free of alcohol and other drugs.

### Who can receive help?

- Adults 18 and older living in Santa Clara County.

### What are the services?

- A safe, monitored setting.
- Preparation for treatment after detoxification.
- Assessment and referral to the next level of appropriate care.
- Medically supervised detoxification with methadone for opiate/heroin users.
- Free, anonymous HIV and TB testing/counseling.
- Psychiatric consultation.

### How much does it cost?

- Fees are based on the ability to pay.
- Some sites accept Medi-Cal/private insurance.

### How do you get services?

- Call the Gateway Program's 24-hour number,  
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## Dual-Diagnosis Services

### What are Managed Care Dual-Diagnosis Services?

- A variety of services for clients with alcohol and/or other drug **and** mental-health problems.

### Who can receive help?

- Adults 18 and older living in Santa Clara County who do not currently receive or qualify for sufficient services through another agency, program, or clinic.

### What are the services?

- Specially trained staff.
- Individual and group counseling.
- Psychiatric evaluation and medication follow-up.
- Classes on addiction, relapse prevention, mental health, and coping skills.

### Special Services

- Residential.
- Outpatient.
- Psychiatric monitoring and consultation.
- Case management.

### How much does it cost?

- Fees are based on the ability to pay.

### How do you get services?

- If you are already a client in one of the Managed Care Residential, Outpatient, or Prevention programs, talk to a counselor.
- If you are **not** a client, call the Gateway Program's 24-hour number, **1-800-488-9919**.  
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## Methadone/Drug-Replacement Therapies

### What is Managed Care Drug-Replacement Therapy?

- Effective medical treatment and counseling for heroin and other opiate addictions.

### Who can receive help?

- Adults 18 and older living in Santa Clara County who meet federal, state, and local guidelines for narcotics replacement therapy.

### What are the services?

- Medical treatment for withdrawal and craving.
- Detoxification or methadone maintenance.
- Supportive counseling and case management for clients with problems caused by their drug use.
- Psychiatric consultation.
- Free, anonymous HIV and TB testing/counseling.

### How much does it cost?

- Fees are based on the ability to pay.
  - Medi-Cal/private insurance is accepted for methadone maintenance.



### How do you get services?

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