

**2010 PLAN YEAR MONTHLY BENEFIT RATES -
RETIREES**

	CURRENT FY 2009 <u>EFF 07/01/2008</u>	NEW FY 2010 <u>EFF 07/01/2009</u>	INCREASE/ (DECREASE) <u>AMOUNT</u>	% <u>CHANGE</u>
KAISER:				
KAISER TRADITIONAL PLAN - UNDER 65				
RETIREE	\$487.81	\$520.43	\$32.62	6.69%
RETIREE PLUS ONE DEP.	\$975.62	\$1,040.85	\$65.23	6.69%
RETIREE PLUS TWO OR MORE DEP.	\$1,380.50	\$1,472.80	\$92.30	6.69%
KAISER SENIOR ADVANTAGE - OVER 65				
RETIREE WITH MEDICARE	\$466.80	\$483.72	\$16.92	3.62%
RETIREE PLUS ONE DEP. - BOTH WITH MEDICARE	\$933.60	\$967.44	\$33.84	3.62%
KAISER RETIREES WITH MEDICARE (OUTSIDE THE NO. CA REGION)				
RETIREE WITH MEDICARE	\$753.12	\$794.21	\$41.09	5.46%
RETIREE PLUS ONE DEP. - BOTH WITH MEDICARE	\$1,506.24	\$1,588.42	\$82.18	5.46%
VALLEY HEALTH PLAN:				
VHP UNDER 65				
RETIREE	\$487.81	\$520.43	\$32.62	6.69%
RETIREE PLUS ONE DEP.	\$975.62	\$1,040.85	\$65.23	6.69%
RETIREE PLUS TWO OR MORE DEP.	\$1,380.50	\$1,472.80	\$92.30	6.69%
VHP OVER 65 WITH MEDICARE				
RETIREE WITH MEDICARE	\$466.80	\$483.72	\$16.92	3.62%
RETIREE PLUS ONE DEP. - BOTH WITH MEDICARE	\$933.60	\$967.44	\$33.84	3.62%
HEALTH NET:				
HEALTH NET - SELECT UNDER 65				
RETIREE	\$698.71	\$767.88	\$69.17	9.90%
RETIREE PLUS ONE DEP.	\$1,010.30	\$1,110.32	\$100.02	9.90%
RETIREE PLUS TWO OR MORE DEP.	\$1,716.05	\$1,885.94	\$169.89	9.90%
HEALTH NET SELECT - WITH MEDICARE				
RETIREE WITH MEDICARE	\$506.45	\$542.05	\$35.60	7.03%
RETIREE PLUS ONE DEP. - BOTH WITH MEDICARE	\$1,012.90	\$1,084.11	\$71.21	7.03%
HEALTH NET SENIORITY PLUS - WITH MEDICARE				
RETIREE WITH MEDICARE-SENIORITY PLUS	\$423.22	\$452.97	\$29.75	7.03%
RETIREE PLUS ONE DEP. - BOTH WITH MEDICARE	\$846.44	\$905.94	\$59.50	7.03%
HEALTH NET FLEXNET - UNDER 65 - OUTSIDE CALIFORNIA				
RETIREE	\$1,236.19	\$1,358.57	\$122.38	9.90%
RETIREE PLUS ONE DEP.	\$2,032.57	\$2,233.79	\$201.22	9.90%
RETIREE PLUS TWO OR MORE DEPS.	\$2,680.72	\$2,946.11	\$265.39	9.90%
HEALTH NET FLEXNET - WITH MEDICARE- OUTSIDE CALIFORNIA				
RETIREE WITH MEDICARE	\$575.71	\$616.18	\$40.47	7.03%
RETIREE PLUS ONE DEP. - BOTH WITH MEDICARE	\$1,151.42	\$1,232.36	\$80.94	7.03%
HEALTH NET PPO - UNDER 65 - IN & OUT OF CALIFORNIA				
RETIREE	\$916.37	\$1,007.09	\$90.72	9.90%
RETIREE PLUS ONE DEP.	\$1,356.86	\$1,491.19	\$134.33	9.90%
RETIREE PLUS TWO OR MORE DEPS.	\$1,875.54	\$2,061.22	\$185.68	9.90%
HEALTH NET PPO - OVER 65 - WITH MEDICARE				
RETIREE WITH MEDICARE	\$604.90	\$647.42	\$42.52	7.03%