In 1998, the Department of Alcohol & Drug Services (DADS) published the first Learning Institute Catalog. Today, the Department of Behavioral Health Services (BHSD), Learning Partnership Division continues providing exceptional trainings. Working in collaboration, both Mental Health and Substance Use Treatment Services (SUTS) are providing trainings that will be available to all staff.

The trainings will remain free for Santa Clara County employees and BHSD contractors. Those needing continuing education units (CEUs) will be pleased to know that the CEUs fees are waived.

To register on-line, please follow the directions on page seven and sign up for these exciting new courses.

You now can find this Training Catalog on the Santa Clara County Behavioral Health Services Department Website. Click on Business Partners (tab on top of page), click on Training in the dropdown. Then Click on Learning Partnership Training Catalog on the right side of page under Quick Links.
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Continuing Education Unit (CEU) Information

SCVHHS Department of Behavioral Health Services is an approved provider of continuing-education contact hours for the following licensure agencies:

**BBS** - California Board of Behavioral Sciences
California Association of Marriage and Family Therapist—BBS recognized approval agency
Provider # 131775

**BRN** - California Board of Registered Nursing
Provider Number PCEP 12240.

**CCAPP** - California Association of Alcoholism and Drug Abuse Counselors
Provider Number 4S-95-305-0419

**CAADE** - Provider approved by California Association of Alcohol/Drug Educators Continuing Education Committee
Provider Number CP30 935 C 1117

Workshops meet qualifications for number of hours of continuing education credits indicated under CE in workshop description, as required by CCAPP, CAADE, BBS, and BRN. The various continuing education licensing and certification boards require that you attend the entire training in order to receive CEU credit for the day. (A 15 minute grace period will be offered at the beginning of the day). Board requirements prevent us from offering credit to people who arrive more than 15 minutes after the start of the training or leave the training early. Therefore, partial credit will not be awarded. In order to receive the full amount of continuing education credit, please follow these easy steps:

1. Prior to the start of the training, proceed to the registration/CEU tables at sign-in.
2. To sign-in, please find your name on the sign-in sheet, verify that all information listed is correct, and fill in any missing information. Place your signature in the “sign-in” column. and the time-in. When you have completed the sign-in process, you will receive a blank CEU evaluation form. The one-page CEU course evaluation form is for LMFTs, LCSWs, LCPPs, CCAPP’s, CAADE’s, LEPs, RN’s and certified Counselors. You must take the Post-Test on the back of the Evaluation form.
3. At the conclusion of the training, return to the registration area. Sign-out next to the sign-in information you provided at the beginning of the day and hand in your completed CEU evaluation form.

**NOTE:** Participants are responsible for submitting proof of attendance to their respective certification or licensing board. The Learning Partnership does not submit CEUs on behalf of training participants. In addition, due to the high volume of attendees we are unable to provide duplicate CEU certificates past 3 months from a given training. It is your responsibility to keep track of your CEU certificates.

**CEU FEES**
CEUs are free for ALL Santa Clara County employees and employees of agencies contracting Santa Clara County Behavioral Health Services Department.
How to Register for a Training

REGISTRATION:
Pre-registration is important. In the unlikely event of a workshop cancellation or location change, pre-registered persons will be notified directly. Workshop enrollment is limited and early registration will ensure your place in high-demand classes.

How to Register On-Line:

- Click on HHS Connect icon on your desktop (county staff only)
- Click on QuickLinks and then sccLearn (last one on drop down)
- You are now on the home page
- Look for Search Icon on top right of page – looks like a magnifying glass – click on it
- Now you see a search box
- Type in LP (space) Title of training
- The training title should appear first on the list
- See Select button on the right of the training title-click on it
- Click on Register in the dropdown
- Click on the open circle to the left of the blue box next to the title
- You may see sessions following the training description
- Click on the open circle to the left of the blue boxes, one each for each of the sessions
- Click on Submit at the bottom right of the page
- You are now registered

Any problems registering? Contact TechLink at:
Email: TLC@isd.sccgov.org
Phone: (408) 918-7000

WORKSHOP SIGN-IN begins half-hour before the start time of workshops and conferences.

REGISTRATION FEES Registration is free for ALL Santa Clara County employees, contractors, and service providers.

IMPORTANT NOTE
We will accept on-line registration only. Walk-ins can still attend but will have to add their name to the sign-in sheet.
**Learning Partnership**  
Fall 2018 Training Catalog

### Frequently Asked Questions

1. **How do I register for a course?**
   Please see page 8 in this catalog for directions on registering for our sccLearn trainings.

2. **How do I cancel a previously registered course?**
   - Please go to the home page of sccLearn. Click on the **Self Icon** on top left of page.
   - Click on **Learning**
   - Click on **Training Schedule**.
   - Find the training title you wish to cancel.
   - Click on the title in blue.
   - Find the **Options** button on the far right of the page and click on it.
   - Click on **Cancel Registration**.
   - Click on **Confirm Cancellation**.

3. **I tried to register for a class but it was full. How do I get on the waiting list?**
   When classes reach capacity, a waiting list will start automatically. To be placed on the list, simply register for the course. You will receive an automated email indicating that you have been placed on the waiting list. Once a seat opens up, you will receive an email asking you to confirm that you are attending the training. If you do not respond to the email, the website system will drop you from the training roster, so make sure that you respond.

4. **What if I forgot the courses I’m scheduled to attend?**
   You will receive a confirmation e-mail after you register for a course and 2 additional reminder e-mails as the course approaches. You are also able to view all registered courses simply by going to the home page of sccLearn, click on the Self Icon on top left of page and then on Learning and then on Training schedule.

5. **When will my Continuation Education certificate be available to print/download?**
   Continuing Education certificates will be available online within 2 weeks after the class.
Frequently Asked Questions

6. I forgot my Login name and/or password?

You can find contact information for TechLink on the **Getting Started** button on the home page.

7. How do I download my CEU Certificate?

- Go to the home page of sccLearn
- Click on the Training Transcript button
- Find the training title you need
- See a Diploma Icon on the far left of the training title
- Click on the Diploma Icon and you will see the CEU certificate
- Print out Certificate

Training Handouts

No hard copies of training handouts/PowerPoint will be provided at the training. To print training handouts for our trainings, please go to the SCC Behavioral Health Services Department Website to access handouts for each month at the following link:

[www.sccbhd.org/training](http://www.sccbhd.org/training)

If you do not want to print out the handouts, you can bring your laptop or use your Smart Phone to access the handouts during the training. Thank you for your understanding in our efforts to be green.
WORKSHOP SITES

MASONIC CENTER
2500 MASONIC DRIVE, SAN JOSE, CA 95125
From Interstate 101---
1. Take the Tully Road West exit. Tully turns into Curtner Avenue. One block past Guadalupe Expressway (87), turn Left at Canoas Garden.
2. After one block, turn Right onto Masonic Drive. Follow the street up the hill past Scottish Rite Center into large parking area in front of Masonic Center (aka San Jose Masonic Temple).
3. Workshop rooms are on the first floor.

LEARNING PARTNERSHIP-2ND FL
1075 E. SANTA CLARA ST., SAN JOSE, CA 95116
From Interstate 101 North---
1. Take the Alum Rock Exit. Turn Right Alum Rock turns into E. Santa Clara St.
2. Downtown Training Center is on the Right
3. Workshop rooms are on the 2nd floor.
4. Parking is permitted in “C” designated slots.

CHARCOT TRAINING CENTER
2310 N. 1ST STREET, SAN JOSE, CA 95131
From Interstate 101 South toward San Jose---
1. Take the Brokaw Rd. Exit toward first Street.
2. Turn Left onto E. Brokaw. Turn Right onto N. 1st Street. Arrive at Location.
Trauma-Informed Systems (TIS) 101

Description: The TIS 101 is a basic 3.5 hour training to understand how trauma and stress impacts developing bodies and brains, communities, organizations and systems. The goal of this training is to bring a cross-section of our workforce together (janitors, counselors, administrative support, clinical staff, leadership, etc.) to develop shared language and understanding of what it means to be a trauma-informed organization and apply common practices to help our communities heal.

Objectives:
- Demonstrate understanding of the effect of trauma on our brains and bodies.
- Apply the principles of trauma-informed care.
- Identify strategies to develop organizational resilience and trauma-informed responses.
- Discuss the impact of organizational trauma on the ways we function as organizations and individuals.

***Santa Clara County Behavioral Health Services Department (SCCBHSD) is approved by the CA Association of Marriage and Family Therapist to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs, and/or LEPS. SCCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 3.5 hours of continuing education units for LMFTs, LCSWs, LPCCs, and/or LEPS, as required by the CA Board of Behavioral Sciences. The CA Association of Marriage and Family Therapist is the BBS recognized approval agency-Provider #131775. SCCBHSD also is approved by CA Consortium of Addiction Programs and Professionals (CCAPP) and CA Association for Alcohol/Drug Educators (CAADE) and The Board of Registered Nursing to provide CEUs. Lunch and scheduled breaks during the training do not count toward CEU credit. ***

Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900.

You can now download/print your own CEU certificate online at sccLearn 2 weeks after the training date.

***Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

Target Audience: Santa Clara County Behavioral Health Services staff and contract agencies.

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<th>Description</th>
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<th>Location</th>
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<td>8/6/2018</td>
<td>TIS 101</td>
<td>8:30 am-12:00 pm</td>
<td>Learning Partnership</td>
</tr>
<tr>
<td>10/12/2018</td>
<td>3.5 hours training to understand how trauma and stress impacts developing bodies and brains, communities, organizations and systems.</td>
<td>10/24/2018</td>
<td>1075 E. Santa Clara St.</td>
</tr>
<tr>
<td>1/14/2019</td>
<td>3.5 hours training to understand how trauma and stress impacts developing bodies and brains, communities, organizations and systems.</td>
<td>3/13/2019</td>
<td>2nd floor</td>
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<tr>
<td>5/17/2019</td>
<td>3.5 hours training to understand how trauma and stress impacts developing bodies and brains, communities, organizations and systems.</td>
<td>8:30 am-12:00 pm</td>
<td>9/25/2018</td>
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<tr>
<td>2/12/2019</td>
<td>3.5 hours training to understand how trauma and stress impacts developing bodies and brains, communities, organizations and systems.</td>
<td>4/18/2019</td>
<td>11/8/2018</td>
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<tr>
<td>6/10/2019</td>
<td>3.5 hours training to understand how trauma and stress impacts developing bodies and brains, communities, organizations and systems.</td>
<td>1:00 pm-4:30 pm</td>
<td>4/18/2019</td>
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You can access training PowerPoint/Handouts at: sccbhd.org/training

Our trainings are free-register at scclearn
Assertive Community Treatment (ACT) Model Overview/ACT Model Core Processes 2 Day Training

Scott Gerhard, MA, LSW, is a consultant and trainer at the Center for Evidence-Based Practices at Case Western Reserve University and its Ohio Substance Abuse and Mental Illness Coordinating Center of Excellence (Ohio SAMI CCOE) initiative. He provides technical assistance (program consultation, clinical consultation, and training) to service systems and organizations in Ohio, Colorado, and other states that are implementing evidence-based practices, emerging best practices, and other strategies that improve quality of life and other outcomes for people diagnosed with severe mental illness and substance use disorders. The practices and strategies include the following:
- Assertive Community Treatment (ACT)
- Integrated Dual Disorder Treatment (IDDT)
- Motivational Interviewing (MI)
- Dual Diagnosis Capability in Addiction Treatment (DDCAT)
- Dual Diagnosis Capability in Mental Health Treatment (DDCMHT)

Target Audience: Santa Clara County Behavioral Health Services staff and contracted agencies.

COURSE DESCRIPTION:
Assertive Community Treatment (ACT) is a widely researched service delivery model for individuals with mental illness (and co-occurring substance abuse) who experience consistent, severe symptoms and who benefit from regular, intensive treatment from a multidisciplinary team of trained mental health professionals. Participants of this workshop will learn the basic concepts, structure and critical ingredients of an ACT team.

COURSE OBJECTIVES: Participants will:
- Describe the ACT Model and its History.
- List at least 5 critical ingredients that make up an ACT team.
- List at least 4 ACT team members that make up the multi-disciplinary team.
- Describe the ACT Core process of Integrated Assessment.
- Discuss the Treatment Planning Process for ACT teams.
- Describe the timeline for the core processes.

*** The Santa Clara County Behavioral Health Services Department (SCCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs, and/or LEPs. SCCBHSD maintains responsibility for the program/course and its content. This course meets the qualifications for 12 hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approval agency-Provider #131775. SCCBHSD also is approved by CA Consortium of Addiction Programs and Professionals (CCAPP) and CA Association for Alcohol/Drug Educators (CAADE) and the Board of Registered Nursing (BRN) to provide CEUs. Lunch and scheduled breaks during the training do not count towards CEU credit.

Our Trainings are free-register on line at: sccLearn

Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900.

You now can download/print your own CEU Certificate online at sccLearn 2 weeks after the training date.

Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

***You can access training handouts/PowerPoint at: scbhd.org/training
Please print a copy and bring to the training.

Scottish Rite Center
2455 Masonic Drive
San Jose, CA 95125

August 7 & 8, 2018
9:00 am-4:30 pm
Registration starts at 8:30 am

Scott Gerhard, MA, LSW,
BHSD Learning Partnership Presents:

Client Culture

This is a mandatory training for all mental health county and contract agencies staff once a year.

Course Description:
This course will provide participants with a deeper understanding of how the consumer’s mental health, their experience with the mental health system, and the stigma of mental illness has impacted them. Clients bring a set of values, beliefs, and lifestyle as a result of their personal experiences, their mental health challenges, the mental health system, and their own ethnic culture. These personal experiences and beliefs can be used to empower clients to become involved in the following areas: Self-help Programs: Peer Advocacy, Education, Collaboration and partnership in system change, Alternative mental health services, Seeking employment in the mental health system. The purpose of this training is to ensure that accurate and appropriate clinical decisions are made relative to the consumers’ concerns and that appropriate treatment and referral decisions are the result. This course meets the requirements of California Code of Regulations (CCR, Title 9, Chapter 11, Section 1810.410 and Mental Health Directive No: 2009-06). Client Culture training covers the personal experiences of a client, children, adolescents, family members, parents and caregivers. In this training the presenter will provide a formal presentation and lead a panel discussion to explore issues related to client culture. The panel will engage and address participants on culturally sensitive and diverse topics with respect to portrayal of persons with mental challenges.

Santa Clara County Behavioral Health Services Department (SCCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs, and/or LEPs. SCCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 3 hours Provider #131775. SCCBHSD also is approved by CA Consortium of Addiction Programs and Professionals (CCAPP) and CA Association for Alcohol/Drug Educators (CAADE) and the Board of Registered Nursing (BRN) to provide CEUs. Lunch and scheduled breaks during the training do not count toward CEU credit.

Course Objectives: By the end of this training, participants will:

- Demonstrate a higher level of awareness and understanding of client culture.
- Identify the significance of the multilayered complex challenges that clients’ experience, through the shared lived experiences.
- Demonstrate better understanding that people with mental health concerns can and do recover and live fulfilling and meaningful productive lives.
- Prepare participants to promote hope to their clients that wellness and recovery is possible.

***Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900.

***You now can download/print your own CEU certificates online at sccLearn 2 weeks after the training date.

***Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

PowerPoint/Handouts: Please go to the following link to print your own copy: sccbhsd.org/training

Target Audience: Santa Clara County Behavioral Health Services and contract agencies.

Panelists:
Diana Guido
Semert “Sem” Haile
Juan Perez
Brian Pham
Sharon Torres
Lorraine Zeller
Tirus Ashford
Karen Flink
Hussain Rahim
Regina Caudillo

Learning Partnership
1075 E. Santa Clara St.
2nd floor
San Jose, CA 95116

Our Trainings are free -
Register online at sccLearn

August 8, 2018
(9:00 am-12:00 pm)
September 5, 2018
(1:30 pm-4:30 pm)
October 3, 2018
(1:00 pm-4:00 pm)
November 14, 2018
(1:30 pm-4:30 pm)
National Alliance on Mental Illness

DESCRIPTION:
This five-week course was designed for line staff at public agencies working directly with individuals with severe and persistent brain disorders. This course will provide a clinical picture of collaborative secondary intervention strategies (pragmatic, concrete, practical steps) which staff can use in practice. A teaching team of 5 members includes family, consumers and mental health professional. This workshop is held for five (5) consecutive weeks, for 3 hours per session. The curriculum format is composed of short lectures, followed by discussion of the teaching points. Weekly class and homework handouts are compiled into a Course Notebook for future reference.

OBJECTIVES: Participants will:
- Demonstrate an understanding of consumer/family culture and the lived trauma experience
- Identify how to respond effectively to consumers and families
- Discuss inside experience of mental illness with emotional adjustments and coping strategies
- Develop a bio-psychosocial model of collaborative treatment

***Santa Clara County Behavioral Health Services Department (SCCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs, and/or LEPs. SCCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 15 hours of continuing education for LMFTs, LCSWs, LPCCs and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approval agency-Provider #131775. SCCBHSD also is approved by CA Consortium of Addiction Programs and Professionals (CCAPP) and CA Association for Alcohol/Drug Education (CAADE) and the Board of Registered Nursing (BRN) to provide CEUs. Lunch and scheduled breaks during the training do not count toward CEU credit.

***Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900.

***You now can download/print your own CEU Certificate online at sccLearn 2 weeks after the training date.

***Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

Target Audience: Santa Clara County Behavioral Health Services staff and contracted agencies.

Lillian Marcus, Ph.D., MFT works at Biofeedback Associates in Palo Alto, as a Biofeedback Therapist, and Psychotherapist. She received her doctorate degree in Clinical Psychology from Western Graduate School of Psychology, Palo Alto, CA. Dr. Marcus worked for Santa Clara County Mental Health and Santa Clara County Alcohol Services, as a Marriage, Family and Child Counselor, along with other positions in the community.

Amy Williams, LCSW works at Hope Services, Counseling Center in San Jose, CA with adults and children with developmental disabilities. Prior to that, she worked for Community Solutions in Morgan Hill, CA with families, children, and adults as a therapist. She attended San Jose State University and received a BA in Behavioral Sciences with a double major in Psychology as well as a Master of Social Work degree. Amy has taught the NAMI provider course for over 2 years.

Diana Guido, CADC is a native of the Bay Area; she is certified as a California Alcohol and Drug Counselor and works as a Mental Health Peer Worker for the Behavioral Health Services of Santa Clara County. She is an Advanced Level Facilitator for WRAP®; Wellness Recovery Action Plan, and facilitates a weekly Family WRAP® meeting on the Valley Medical Center Campus. She is a Family to Family and Provider Educator for NAMI and also certified to be a NAMI support specialist, and also a Mental Health First Aid Instructor. Currently Diana is working in the Office of Family Affairs, where she offers one to one support, education and referrals to families who have serious mental illness and/or substance use disorder.

Ioana Moraru, M.D., is a Resident Doctor in Child and Adolescent Psychiatry at the “Prof. Dr. Alexandru Obregia” Clinical Psychiatry Hospital in Bucharest, Romania since 2015. She also is in a Couple and Family Psychotherapy Training at the Multicultural Psychology and Psychotherapy Association in Bucharest, Romania since Feb. 2016. Dr. Moraru graduated from Carol Davila University of Medicine and Pharmacy in Bucharest, Romania in Sept. 2014. She is fluent in English and French.

Aug. 17, 24, 31, Sept. 7, 14, 2018
Sept. 28, Oct. 5, 12, 19, 26, 2018
Nov. 9, 16, 30, Dec. 7, 14, 2018
Jan. 11, 18, 25, Feb. 1, 8, 2019
Feb. 22, Mar. 1, 8, 15, 22, 2019
April 5, 12, 26, May 3, 10, 2019
May 24, 31, June 7, 14, 21, 2019

***The Fifth Class will be held at the NAMI office.

Learning Partnership
1075 E. Santa Clara St.
2nd Floor
San Jose, CA 95116
Our trainings are free-register online at sccLearn
All Sessions 9:00 am-12:00 noon
Registration is at 8:30 am

***Trainers provide all handouts.
BHSD Learning Partnership Presents:

BEHAVIORAL HEALTH DOCUMENTATION TRAINING FOR SPECIALTY MENTAL HEALTH SERVICES

COURSE DESCRIPTION:
This is a basic course in Medi-Cal documentation. The content focuses on the California Department of Mental Health and Santa Clara County Behavioral Health Department’s clinical record documentation standards for outpatient services. This training will focus on the way to write assessments, treatment plans and progress notes. Facilitators and participants will also re-visit specific mental health services, discuss what constitutes medical necessity, go over the definition of non reimbursable services, and take another look at lockouts. Last but definitely not least, we will address compliance items through the eyes of a reviewer.

LEARNING OBJECTIVES: Participants will:
- Demonstrate an understanding of the link between medical necessity, assessments/diagnoses, treatment plans and progress notes
- Identify the timelines for assessments, treatment plans and billings
- Demonstrate proficiency in the key elements in a treatment plan, including important signatures
- Identify the eight types of Billing and Service Activities
- Describe the differences between the seven types and subtypes of Mental Health Services
- Demonstrate proficiency in the three essential components of a progress note

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Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900. You now can download/print your own CEU Certificates online at sccLearn 2 weeks after the training date. Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

Target Audience: Santa Clara County Behavioral Health Services staff and contracted agencies.

Our Trainings are free—register online at sccLearn

Robert Rocco, LMFT is a licensed Marriage and Family Therapist with 16 years of experience in the Mental Health field providing direct clinical services including working as a liaison with local law enforcement agencies regarding SISD evaluations and hospitalizations. He also has served in a school-based setting, conducted anger management facilitation and critical incident debriefing. He currently is a Quality Improvement Coordinator for the county.

Shideh Shahvarian, LMFT is a Licensed Marriage and Family Therapist with an extensive background in diagnosing and treating mental and emotional disorders, whether cognitive, affective, or behavioral. Her employment with Santa Clara Behavioral Health started in 2013. Before, she came to Quality Improvement department in 2015. She worked at Custody Mental Health. In QI, Shideh became familiar with Chart audits, and title 9 documentation standards and regulations.

Nguyet Anh Ly, Ed. D., LMFT is a psychologist, and licensed as a Marriage and Family Therapist. She is a Certified MBTI® Personality Instrument, Psychotherapy Hypnosis, and Trauma Focused Cognitive Behavioral Therapy. She graduated from Hayward State University with Bachelor Degree in Psychology in 1995. Onwards, Nguyet continues her focus on psychology in a pursuit for a Master Degree at Santa Clara University and for her doctorate study at Argosy University.

Rachel Potens, LCSW is a Licensed Clinical Social Worker with extensive experience in the Mental Health field. The majority of her career has been in crisis settings including inpatient, mobile crisis, and crisis residential settings. She has also worked at DFCS, Victim Advocates with the State Attorney's office, and with the chronically homeless population. She has been with the Quality Assurance Department since June 2017.

Quan Dong, LMFT is a licensed Marriage and Family Therapist with over 10 years of experience in the Mental Health field. Prior to becoming a Quality Improvement Coordinator, Quan was a direct service provider, where he served clients ranging from MILD to Moderate to adults with serious mental illness and dual diagnosed disorders.

Aug. 27, 2018 Oct. 29, 2018 Dec. 10, 2018
8:30 am-12:00 pm
Registration starts at 8:00 am

Learning Partnership
1075 E. Santa Clara St.,
2nd Floor
San Jose, CA 95116
PowerPoint/Handouts can be found at: sccbhd.org/training
WRAP 3 - DAY FACILITATOR REFRESHER COURSE

Please Note: You must have completed 5 - Day WRAP Course to attend this training.

***Trainers provide the handouts for this training

Description:
WRAP Refresher Course is facilitated by Copeland Center Advanced Level Facilitators. It is intended to sharpen and expand participants’ facilitation skills to further engage groups in the Wellness Recovery Action Planning. WRAP Facilitators will participate in daily experiential learning modules throughout the three-day course and complete assignments as lifework each day. Through attendance in this course WRAP Facilitators will enhance skills and knowledge of facilitation.

Objectives: WRAP Facilitators will:

- Recognize expanded options on how to give effective group introductions.
- Identify additional knowledge areas such as visual auditory and hands on learning.
- Apply at least one new skill to sharpen and expand group facilitation skills.
- Develop new and creative approaches to facilitation to accommodate participant challenges and differing group needs.

***Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900.

***You now can download/print your own CEU Certificate online at sccLearn 2 weeks after the training date.

***Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

Target Audience: Santa Clara County Behavioral Health Services staff and contract agencies.

Learning Partnership
1075 E. Santa Clara St, 2nd floor
San Jose, CA 95116

BJ North, CRE, ITE, MHRS works as a consultant to build bridges across uncommon grounds such as those from businesses to community, individuals to community resources, and agencies to consumers. She has been able to assist various community agencies to service better those they work with by helping people to hear and speak to one another in the spirit of mutual respect. She uses a common foundation for her approach in teaching this, the use of language from cultural perspectives and working with individuals’ self-knowledge.
BHSD LEARNING PARTNERSHIP PRESENTS:

Basic Skills For a Reflective Practitioner: Learning More About Ourselves Through Reflection - 1 Day Training

Course Description:
This workshop is designed for providers of all disciplines and roles who work with individuals and families across the lifespan, including those working with infants and children of all ages, and their parents. The training focuses on reflective practice as a strategy for enhancing skills, understanding our reactions and responses when working with others, and examining the emotional content of our experiences in ways that can reduce work stress, and improve our sense of professional competence and well-being. The goal of continuous professional transformation through personal awareness and incorporation of new knowledge into practice is the primary theme throughout the day. The basics of neurobiology will be covered with a special focus on how to achieve the neurobiological state necessary for quality reflective work. Simple ways to expand reflective activities will be discussed, and the relationship between our own reflective capacities and our ability to support others in their reflective work, through the parallel process, will be explored.

Course Objectives: Participants will:
1. Describe the differences in reacting and responding in the context of encounters with clients
2. Inventory activities that support practitioners in exploring, enhancing, and understanding the work
3. Discuss the benefits of reflective activities
4. Identify opportunities for reflecting on their work
5. Describe the relationship of reflective activities to reflective practice
6. Explain the concept of “Parallel Process” in working with individuals and families

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Dr. Kristie Brandt is Director of the Parent-Infant & Child Institute in Napa, CA and an Assistant Clinical Professor of Pediatrics VF at U.C. Davis School of Medicine. She is a Child Trauma Academy Teaching Fellow with Dr. Bruce Perry in Houston, TX and faculty with the Brazelton Institute at Children’s Hospital, Boston where she provides training in the Newborn Behavioral Assessment Scale. With Dr. Ed Tronick, Director of the Child Development Unit of Boston Children’s Hospital, she co-developed and now directs the University of Massachusetts Boston Infant-Parent Mental Health Post-Graduate Certificate Program in Napa, CA, a national award winning 15-month training program for professionals.

Aug. 31, 2018    Oct. 26, 2018    Nov. 9, 2018,  
March 1, 2019    April 29, 2019  
April 30, 2019    June 28, 2019  

9:00 am - 4:30 pm  
Registration begins at 8:30 am

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2nd floor  
San Jose, CA 95116  
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***Target Audience: SCC BHSD staff and contract agency staff  
***Dr. Brandt provides her own handouts
Motivational Interviewing 101:  
The Basics on Engaging People Into Treatment

DESCRIPTION:
Client hostility and low interest in treatment occur in many clinical situations and make it hard to reach clients and help them change. People with co-occurring mental and substance-related disorders; adolescents and others mandated for treatment; and assisting clients to function in the community are all situations that can challenge engagement skills. Helping people change involves engaging them into a collaborative and accountable treatment plan. This workshop will focus on the basics of Motivational Interviewing and stages of change assessment and treatment. It will provide concepts and techniques on ways to quickly engage clients into treatment and increase their interest in changing. There will be opportunity to discuss case examples and participants are encouraged to bring clinical situations and vignettes for role playing and consultation.

OBJECTIVES: Participants will:
• Identify the relationship between self-change and treatment practices and the role of therapeutic alliance.

• Review the difference between change and sustain talk, discord and “resistance” in engagement using Motivational Interviewing principles and practices.

• Apply methods to build motivation for change, work with mandated clients and avoid traps and barriers to engagement of clients.

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Target Audience: Santa Clara County Behavioral Health Services staff ad contracted agencies.

PowerPoint/Handouts: Please go to the following link to print your own copy: sccbhd.org/training

Learning Partnership (LP)
1075 E. Santa Clara St.
2nd floor
San Jose, CA 95116

Scottish Rite Center (SRC)
2455 Masonic Drive
San Jose, CA 95125

September 7, 2018 (SRC)
December 14, 2018 (LP)
April 24, 2019 (LP)
9:00 am - 4:30 pm
Registration starts at 8:30 am
Oppositional Defiance Disorder & “Justice Injury” Working with Families

DESCRIPTION:
This workshop presents a highly effective, four-step intervention for oppositional behavior that focuses on differences in how children and adolescents with ODD perceive conflict. The focus is on coaching parents and teachers to understand what is different about these children and why normal rules and consequences don’t work. The therapist works instead to co-create a customized approach designed to work with a specific child’s strengths and weaknesses. A particular strength of this intervention is the focus on ‘justice injury,’ a child’s sense of being the victim of unfair treatment. Attention is paid to self-regulation, neuroendocrine, and information processing issues that often contribute to ODD. The workshop reviews practical diagnostic issues and the concepts of process orientation, tagging, two-tiered consequences, and social trauma.

OBJECTIVES: Participants will:
• Identify practical guidelines for diagnosing sub-variants of ODD
• Identify four step intervention to treat ODD
• Demonstrate understanding about contributions of information processing, neuroendocrine, and information processing differences to ODD
• Discuss practical steps in maintaining the collaboration of teachers and parents

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***Do You Have a Grievance? Please call Learning Partnership at 408-792-3900.

***PowerPoint/Handouts can be found at: sccbhd.org/training

Register on-line at sccLearn
Facilitating the Reflective Process in Mental Health Work:  
An Inter-Disciplinary 2-Day Workshop for 
Mentors, Facilitators & Supervisors

Course Description:  This 2-day is designed for providers responsible for or moving into the role of facilitating the reflective process with groups and/or individuals of all disciplines. The workshop focuses on neurobiological concepts, competencies, ethical concerns, skills, and goals related to supporting other providers in their reflective work. The skills needed to establish the ‘safe space’ for reflection will be highlighted along with models to support quality reflection for transforming practice. This program will build on each participant’s current skills, past experience, and personal journey in examining and expanding their own work with clients of all ages, and in supporting others to do the same.

Course Objectives: As a result of this training, participants will be able to:

1. Identify the basics of Reflective Practice and Reflective Mentorship: core concepts, opportunities for reflection, and principles underlying reflection as a professional development process
2. Participate in an experiential encounter with the Reflective Process
3. Identify the methods and strategies for building reflective capacities
4. Discuss the process of reflection “on action” and reflection “in action” described by Schon
5. Discuss the complexity and depth of making meaning, responding, and reacting
6. Demonstrate an understanding of the implications of culture in all interactions, including those of mentors, mentees, and clients
7. Identify the ethical and legal implications of facilitating the reflective process
8. Explain the role of mentorship or reflective facilitation in developing and advancing the workforce serving children age 0-5, their families, and other caregivers
9. Describe the parallel process of mentorship and client care
10. Describe the centrality of relationships in the infant-parent field
11. Complete the necessary reflective practice facilitation didactic training required as one component to be endorsed in California as a Reflective Practice Facilitator

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Any Questions or Concerns call Learning Partnership at 408-792-3900.

Dr. Kristie Brandt, Ph.D. is Director of the Parent-Infant & Child Institute in Napa, CA and an Assistant Clinical Professor of Pediatrics VF at U.C. Davis School of Medicine. She is a Child Trauma Academy Teaching Fellow with Dr. Bruce Perry in Houston, TX and faculty with the Brazelton Institute at Children’s Hospital Boston where she provides training in the Newborn Behavioral Assessment Scale. With Dr. Ed Tronick, Director of the Child Development Unit of Boston Children’s Hospital, she co-developed and now directs the University of Massachusetts Boston Infant-Parent Mental Health Post-Graduate Certificate Program in Napa, CA, a national award winning 15- month training program for professionals.

***Dr. Brandt provides her own handouts

Learning Partnership
1075 E. Santa Clara St.
2nd floor
San Jose, CA 95116
Target Audience: SCC BHSD staff and contract agencies

Sept. 11 & 12, 2018
Dec. 13 & 14, 2018
9:00 am - 4:30 pm
Registration starts at 8:30 am

Our Trainings are free-register online at scclearn

21
Providing Inclusive Services and Care for LGBT People

COURSE DESCRIPTION:
A visit to a behavioral health care facility can make people nervous for any number of reasons. Some people may be uncomfortable revealing sensitive information to behavioral health care professionals who need it to provide certain services. Others find it difficult to talk about private health concerns. Creating an environment in which these conversations are more comfortable for the client is an important goal for all behavioral health care staff. Because health care is for everyone, we must be prepared to serve people of all races, ethnicities, religions, ages, and backgrounds. When people have bad experiences with behavioral health care staff simply because they are (or seem) different, they may hide important information about themselves—or worse, they may not return for needed health care. This training has been developed to help behavioral health care staff provide an affirmative, inclusive, and respectful environment for all clients, with a focus on lesbian, gay, bisexual, and transgender (LGBT) people. Many LGBT individuals have difficulty finding health care where they feel included and accepted. Negative encounters can occur with any staff member LGBT people meet, from the time they arrive for a visit until the time they leave. These incidents could happen with a security guard, receptionist, clinician, case manager, doctor, or other health care provider. Some LGBT people have reported that they have overheard jokes or slurs, or have received insensitive criticisms about their appearance or behavior. In many cases, problems arise from simple oversights or mistakes made by well-meaning staff who lack understanding about how to interact with LGBT people. For LGBT people who have experienced stigma and discrimination during their lives, even small mistakes can bring up past negative experiences. These feelings can affect their willingness to seek health care again. Unless we communicate with knowledge and understanding about the health concerns, barriers to care, and other needs that are common among LGBT people, they may not get the services they need. In this training, we will cover LGBT terms and concepts as well as some common health concerns. It also includes recommended practices for communicating with LGBT people, providing good customer service, and creating a safe, affirming, and inclusive environment.

COURSE OBJECTIVES:
- Describe health Disparities in lesbian, gay, bisexual, and transgender populations
- Explain LGBT definitions and concepts
- Identify principles for effective communications with LGBT clients

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Target Audience: Santa Clara County Behavioral Health Services staff and contracted agencies.

PowerPoint/Handouts: Please go to the following link to print your own copy: sccbhd.org/training

Learning Partnership
1075 E. Santa Clara St.
2nd Floor
San Jose, CA 95116

September 12, 2018
9:30 am-12:00 pm
Registration begins 9:00 am
Providing Inclusive Services and Care for LGBT People - Page 2

Eddy Alvarez, Associate Training and Staff Development Specialist, has been a Professor of Psychology and a Human Resource Specialist for more than 15 years in the Philippines before he came to the United States three and a half years ago. He has provided more than 25 Adult and Youth Mental Health First Aid trainings. He joined the ECCAC Program of the Santa Clara County mental health Department as a Team Lead for the Filipino Community tow and a half years ago.

Pauline Casper, MS, has worked in the field of Alcohol and Drug Services for 20 years. In 1995, she began working as a counselor and then became a Clinical Supervisor of an 88-bed women's treatment program. In 2006, she became a Quality Improvement Coordinator with the SCC Behavioral Health Services Department-Substance Use Treatment Division (SUTS), formerly known as the Dept. of Alcohol & Drug Services (DADS). She works with a team to oversee continuity and high quality of care in the Adult Treatment System.

Anthony Montolvo is the Program Coordinator at Family and Children Services' LGBTQ Wellness program. He serves as representative to Santa Clara County's Ethnic and Cultural Communities Advisor Committee (ECCAC) for the LGBTQ community. There he facilitates mental health support services and trainings focusing on the specific cultural needs of the LGBTQ community. Prior to that time, he worked for the Bill Wilson Center and Silicon Valley FACES. Anthony is a certified instructor in Mental Health First Aid, Wellness Recovery Action Plan (WRAP), Question Persuade, Respond (QPR), and the Fenway LGBT Healthy Education model. He received his degree in English and LGBT Studies from the University of CA, Los Angeles in 2014 and is currently working on his Masters of Public Administration at San Jose State University.

Jeannette Ferris has been working for Santa Clara County’s Health and Hospital System for about 18 years. Throughout her career, she has worked with multiple county programs that focused on adolescent specific services, tobacco prevention and education services and behavioral health services. Currently, Ms. Ferris is a Senior Manager for the Behavioral Health Services Department as the Workforce Education and Training (WET) Coordinator and oversees the department's peer support programs. Ms. Ferris graduated from San Jose State University with a Master in Public Health and received her Bachelor of Arts in Cultural Anthropology from the University of California Santa Barbara.

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Learning Partnership
1075 E. Santa Clara St.
2nd Floor
San Jose, CA 95116

September 12, 2018
9:30 am-12:00 pm
Registration begins at 8:30 am
BHSD Learning Partnership Presents:

Restorative Self-Care and Resiliency Training

GABRIEL KRAM helps professionals develop greater wellbeing, emotional balance, and overcome the effects of toxic stress and vicarious trauma through the development of a trauma-informed approach to mindful awareness. He also has extensive experience helping youth develop the inner life skills of mindfulness and self-awareness, and training providers in a neurobiologically-savvy mindfulness approach to working with young people. Gabriel has a deep and abiding interest in and practice of mindfulness, emotional self-awareness, and somatic work. Over the past eighteen years, these modalities have transformed his life, and he is committed to training organizations and individuals in these tools to transform quality of life and organizational culture. He is the founder of Applied Mindfulness, Inc., an intervention design, training, and consulting firm that provides transformative experiential training to empower clients of all ages to discover and cultivate the inner resources, tools, and competencies to live healthier, more fulfilling, and effective lives. He previously directed The Mind Body Awareness Project, whose innovative mindfulness-based interventions for incarcerated youth are being scaled into new national models of rehabilitation, and are the subject of both dissertations and peer-review journal articles. Gabriel studied neurobiology at Yale College, and narrative at Stanford University. He brings a reverence for indigenous culture, eighteen years of mindfulness practice, ten years of mindful movement, and a lifetime of wilderness exploration, nature awareness, and creative expression to his work. He is the author of Inner Life Skills for Youth and Transformation through Feeling: Awakening the Felt Sensibility.

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Target Audience: Santa Clara County Behavioral Health Services Staff and contract agencies.

Course Description: Providers in direct service work face a variety of challenges arising from the increasing acuity of the needs of the populations they serve. Since much of what we do in direct service is happening through human relational contact, as clients face increasing levels of stress and trauma, those of us working with them are in turn experiencing increased stress levels. This phenomenon, which encompasses ‘vicarious’ or ‘secondary’ trauma, ‘compassion fatigue’, and burnout, can have profound impacts on providers. Increased and chronic stress has a cascade of negative health repercussions. Additionally, trauma in clients can activate unresolved emotional issues in providers, or simply become overwhelming. This can result in providers being less willing to, or capable of attending to the physical, emotional, and psychological needs of their clients. For this reason, it is imperative that providers have access to tools for self-care, stress reduction, and for managing/working with their own trauma and negative emotionality so that they can maintain equilibrium and vitality in the face of the intensity of demands made on them by their clients. In this daylong training, we will discover why the stress response just happens, while the relaxation response needs to be cultivated. We’ll deeply explore engaging the relaxation response, to help us cultivate resilience at the level of the nervous system. We will engage in a variety of movement and mindfulness practices to support integration and well-being, and learn how to tailor these awareness practices to the present moment state of our nervous system, increasing their effectiveness in supporting our internal equilibrium.

Course Objectives: Participants will:
- Apply their knowledge of the physiology of the stress response and relaxation response to develop a customized self-care plan based on their understanding of their own unique workplace stressors.
- Explain why evoking the relaxation response is of heightened importance in our modern-day living situations.
- Practice 3 strategies for evoking the relaxation response in response to a variety of stressors.
- Identify 4 key steps to designing and implementing new self-care habits.

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PowerPoint/Handouts: Please go to the following link to print your own copy: sccbhd.org/training

September 14, 2018
9:00 am-4:30 pm

Learning Partnership
1075 E. Santa Clara St.
2nd Floor
San Jose, CA 95116

Registration begins at 8:30
BHSD Learning Partnership Presents:

Training: Immigration and Transgenerational Trauma and Its Impact on Young

Course Description:
This session focuses on the direct trauma and intergenerational trauma that comes from immigration related stress, and its impact on children. We will review studies showing the emotional, psychological, and social impact of the immigration experience. This will be followed by a focus on addressing trauma layers, identifying how trauma is manifested in children, and interventions to use.

Goals and Objectives:
• The participants will be able to describe the characteristics of intergenerational trauma.
• The participants will be able to identify behaviors that could otherwise be stereotyped or misdiagnosed.
• Participants will take tools with them to support immigrant families in decreasing symptoms of trauma.

Details:

DATE: September 14, 2018

TIME: 9:00 am-12:00 pm in English
       1:00 pm-4:00 pm in Spanish

LOCATION: Learning Partnership
          1075 E. Santa Clara St.
          2nd Floor
          San Jose, Ca 95116

***No CEUs are offered for this training

ABOUT THE TRAINERS

Lidia Bueno, LMFT

Lidia is a Licensed Marriage and Family Therapist with a Master’s Degree from John F. Kennedy University. She has over 10 years of clinical experience and currently works in the Family and Children’s Division for the County of Santa Clara. Lidia also works for a Private Clinic serving immigrant families, high conflict custody cases, and with parents Involved with the Department of Social Services. She is trained in Child-Parent Psychotherapy and is a graduate fellow from the UC Davis Extension Napa Infant-Parent Mental Health Fellowship Program.

Graciela Rodriguez Garcia, LCSW

Graciela has a Bachelor’s, Master’s, and a Clinical License in Social Work. She has over 13 years of professional experience providing bilingual and bicultural services to immigrant children and families in school, nonprofit, and governmental settings. Currently, she provides specialized mental health treatment to children ages 0-18 in Napa County. She is trained in Child-Parent Psycho-therapy, Trauma Resilience Model, and is a graduate fellow from the UC Davis Extension Napa Infant-Parent Mental Health Fellowship.
What Using The ASAM Criteria Really Means: Skill-Building and Systems Change

Course Description: The third edition of the American Society of Addiction Medicine’s criteria was released October, 2013: "The ASAM Criteria – Treatment Criteria for Addictive, Substance-Related, and Co-Occurring Conditions." This workshop will review the underlying concepts and the six dimensions of The ASAM Criteria as well as inform participants about what is included in the ASAM Criteria continuum of care. The focus will be on improving clinical and systems application of The ASAM Criteria, especially with engaging clients into recovery (Dimension 4) and dealing with continued use or relapse (Dimension 5). The workshop will explain what using The ASAM Criteria really means, and increase skills in applying the ASAM Criteria multidimensional assessment in individualized treatment. To truly implement the spirit and content of the Criteria, systems changes are also needed and will be discussed. Participants are encouraged to bring clinical and care management cases to focus application of The ASAM Criteria.

Course Objectives: Participants will:
- Identify assessment components of each of the ASAM Criteria six dimensions.
- Apply severity and risk ratings to match severity and level of function to services and level of care.
- List specific changes in personnel attitudes, skills, services and systems to facilitate person-centered, outcomes-driven implementation of The ASAM Criteria.

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September 17, 2018
January 8, 2019
June 5, 2019
9:00 am-4:30 pm
Registration starts at 8:30 am

Learning Partnership
1075 E. Santa Clara St.
2nd Floor
San Jose, CA 95116
Pat McClurg, MA, LMFT

Pat took a circuitous route to the mental health field. After earning a teaching credential following his undergraduate program, he turned to full time coaching on the collegiate level. In 1995, he was introduced to the field of mental health and, ultimately, entered the field full time in 2003. Currently, he is a Licensed Marriage and Family Therapist at Momentum for Mental Health in an adult outpatient program, supervises both pre-licensed and paraprofessionals, has a private practice in Santa Clara Ca. and is a certified MORS trainer.

Briana Romine is a Personal Services Coordinator with the Full Service Partnership program at Momentum for Mental Health. She has been working in the mental health field for the past six years. Briana is currently attending graduate school for her Masters in Counseling Psychology from Santa Clara University. She has been a MORS trainer since December, 2017.

DESCRIPTION:

This training course will introduce participants to the Milestones of Recovery Scale (MORS), a method of evaluating where consumers with severe and persistent mental illnesses are in the recovery process. The system is based on assessing the consumer’s status on 3 distinct variables: level of risk, level of engagement with the mental health system, and level of skills and supports. Based on where they fall on these three variables, consumers are assigned to a stage of recovery ranging from “extreme risk,” in which it is unlikely that they can be served safely in the community, all the way up to “advanced recovery,” in which they graduate from the community mental health system and are indistinguishable from their non-disabled neighbors.

OBJECTIVES:

Participants will be able to:
1. Demonstrate understanding of the difficulties in measuring recovery
2. Identify subjective and objective measures of recovery
3. Demonstrate understanding of how levels of risk, engagement, and skills and supports combine to form a client’s rating on the Milestones of Recovery Scale
4. Reliably rate their clients on the Milestones of Recovery Scale

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***Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900.***

***You now can download/print your own CEU certificate online at sccLearn 2 weeks after the training date.***

***Do you have a Grievance? Please call Learning Partnership at 408-792-3900.***

PowerPoint/Handouts can be accessed at: sccbhd.org/training
Target Audience: SCC BHSD and contract agency staff

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<tr>
<th>Sept. 18, 2018 (1:00 pm-5:00 pm)</th>
<th>Learning Partnership</th>
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<tbody>
<tr>
<td><strong>Milestones of Recovery Scale (MORS)</strong></td>
<td>1075 E Santa Clara St., 2nd Floor</td>
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<td>San Jose, CA 95116</td>
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<td>Our trainings are Free: register online at scclLearn</td>
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Wellness Recovery Action Plan 3-Day Overview

COURSE DESCRIPTION:
This three (3) day course is open to anyone who wants to increase their understanding of WRAP and mental health recovery concepts and skills. After this course you will have a personal understanding of how WRAP works. You will also see the benefits of having this as a tool for those who receive services, supporters, providers, family members and the community at large. This powerful wellness tool helps those who use it focus on wellness and wholeness instead of illness and sickness.

OBJECTIVES:
- Apply the five key recovery concepts into their everyday family life
- Identify tools and action plans to enhance the Family Wellness
- Describe the application of the Wellness Recovery Action Plan within the family dynamic

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***You now can download/print your own CEU certificate online at sccLearn 2 weeks after the training date.
***Do you have a Grievance? Please call Learning Partnership at 408-792-3900.
***Trainers provide the handouts for the training.

Target Audience: SCCBHSD staff and contracted agencies

Eddy Alvarez, Associate Training and Staff Development Specialist, has been a Professor of Psychology and a Human Resource Specialist for more than 15 years in the Philippines before he came to the United States three and a half years ago. He has provided more than 25 Adult and Youth Mental Health First Aid trainings. He joined the ECCAC Program of the Santa Clara County Mental Health Department as a Team Lead for the Filipino Community two and a half years ago.

Melody Hames is the Ethnic and Cultural Community Advisory Committee (ECCAC) Peer Support Worker Team Lead for the African Heritage Family Outreach & Engagement Program (AHFOEP). She has been working with ECCAC, a Santa Clara Valley Health & Hospital Behavioral Health Services Program, since October of 2009. Her work consists of advocacy, outreach and education, prevention and early intervention strategies to reach the un-served and underserved African American population. She is a certified Mental Health First Aid Instructor (MHFA) with a Youth design–nation and Advanced Level WRAP Facilitator (Wellness and Recovery Action Plan). As a family member, she works in collaboration with the other ECCAC communities and together they bring a unique perspective and voice to the Santa Clara County Behavioral Health System.

Sharon Torres is the Ethnic and Cultural Community Advisory Committee (ECCAC) Peer Support Worker Team Lead for the Native Family Outreach and Engagement Program. She has been working in for SCVHHS Behavioral Health Services Department since 2012. She is a certified Mental Health First Aid Instructor (MHFA) that provides trainings for Adults and Adults who work with Youth. She is an Advanced Level WRAP Facilitator (Wellness and Recovery Action Plan) who provides WRAP work-shops in the community.

Our trainings are free—Register Online at sccLearn

September 19, 21, 24, 2018
9:00 am - 4:30 pm
Registration starts at 8:30 am

Learning Partnership
1075 E. Santa Clara St.,
2nd floor
San Jose, CA 95116
Clinical Aspect of 5150

Course Description:
This training will provide an introduction to legal and ethical issues as they relate to involuntary detention. It will include clinical components that encompass several learning modalities, such as small group discussion and active participation.

***Mandatory for clinical staff to be designated to evaluate for involuntary detention.

Sept. 19, 2018
Dec. 19, 2018
9:00 am-1:00 pm
Registration begins at 8:30 am

Learning Partnership is implementing a new registration process for those wanting to attend the Clinical Aspect of 5150 training. This new sign-up process will help expedite approving your 5150 card. All the information you need to sign up is available on our 5150 webpage: https://www.sccgov.org/sites/bhd/partners/5150CIT/Pages/5150.aspx or Google 5150 Santa Clara County and click on the first link

***Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900.

***CEU Certificates will be sent to you by the trainer within 2 weeks after the training date.

Objectives:
As a result of this training, participants should be able to:
1. Describe the impact of the Lanterman-Petris-Short Act on the rights of the mentally ill
2. Identify who has authority to initiate an involuntary detention form and understand the scope of that authority
3. Identify who has the responsibility inherent in initiating involuntary detention and the ramifications of that responsibility
4. Describe the fundamental law and criteria involving involuntary detention
5. Identify the legal and ethical issues of initiating involuntary detention in the community
6. Apply and problem-solve some of the clinical and behavioral issues that may arise while conducting

Learning Partnership
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San Jose, CA 95116

Kathryn Parlet is a Mental Health Program Specialist with the County of Santa Clara and a Licensed Marriage and Family Therapist. Her work experience includes Foothill College, The Gronowski Clinic, and the Washington State Penitentiary. She has ten years of inpatient psychiatric experience at Santa Clara Valley Medical Center, including representing the hospital in hearings concerning involuntary detention. She worked for two years at the County Jail.

Sarah Webb is a staff attorney with the Patients’ Rights Unit of the Mental Health Advocacy Project. Along with her colleagues, she advocates for the rights of people receiving mental health treatment in Santa Clara County. She spends much of her week representing mental health consumers in hearings in inpatient mental health facilities throughout the county. She received her law degree at Boalt Hall, U.C. Berkeley, and served as clerk to the Hon. Richard Paez of the U.S. Court of Appeal for the Ninth Circuit. Before becoming a lawyer, she served as a case manager for people experiencing chronic homelessness in New York City and as a crisis counselor and court advocate for domestic violence survivors.

James Raphael works for MH Advocacy Project where he represents involuntary psychiatric patients at administrative hearings regarding detention and capacity to refuse medications; intake, investigation and resolution of complaints of alleged violations/denials of statutory patients’ rights in acute, sub-acute, and residential facilities.
Furthering the Foundations of Culturally Responsive Services: Optimizing the Practice of Cultural Humility Through CLAS for Non Direct Services Staff

COURSE DESCRIPTION:
The ongoing training of Santa Clara County’s Behavioral Health Services Department (SCCBHSD) staff is crucial for ensuring effective delivery of culturally and linguistically responsive, competent services. This training furthers the SCCBHSD ongoing commitment through its cultural competence plan adhering to the National Standards for Culturally and Linguistically Appropriate Services (CLAS). Behavioral health care staff continue to serve clients increasingly diverse by culture, class, gender, sexual orientation, immigration standing, different abilities and more. This foundation training provides conceptual and experiential learning furthering understanding of cultural humility through CLAS Standards (CLAS).

COURSE OBJECTIVES: Participants will:
- Define diversity, multiculturalism and cultural humility as well continuous competence in relation to providing community services.
- Identify (at least 3) barriers or challenges to incorporate multicultural concepts into their work as staff, service providers, community members, etc.
- Identify (at least 3) strategies to effectively incorporate multicultural concepts and processes into their day-to-day work.
- Identify and articulate (at least 3) ways to model effective use of self via cultural humility in addressing cultural differences, culture conflict and strengthening relational bridges.

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Our Trainings are free-register on line at: sccLearn

Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900.
You now can download/print your own CEU Certificate online at sccLearn 2 weeks after the training date.

Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

Target Audience: Santa Clara County Behavioral Health Services staff and contracted agencies.

***You can access training handouts/PowerPoint at: sccbd.org/training
Please print a copy and bring to the training.

September 24, 2018
November 14, 2018
9:00 am - 4:30 pm
Registration starts at 8:30 am

Learning Partnership
1075 E. Santa Clara St.
2nd Floor
San Jose, CA 95116
Culturally Competent, Effective Skills of Bilingual Interpreters and Staff

Matthew R. Mock, Ph.D. is Professor of Counseling Psychology with the College of Graduate and Professional studies at John F. Kennedy University (Pleasant Hill, Berkeley, and San Jose). He has also had a longstanding private clinical and consultative practice with a specialty in diversity, cultural competence and social justice. Dr. Mock received his Bachelor of Arts degree in psychology from Brown University and his Doctorate and Masters degrees in clinical and consulting psychology from the CA School of Professional Psychology (CSPP). He served as the statewide Director of the Center for Multicultural Development with the CA Institute for Mental Health in Sacramento, CA. Just prior to this, he was Director of the Family, Youth, Children’s and Multicultural Services for the City of Berkeley Mental Health Division where he was practicing for over 20 years. He was also Director of the Cross Cultural Program, and Professor of Psychology with the Graduate School of Professional Psychology at John F. Kennedy University (JFNU) focusing on diverse children and families. He has published extensively in the areas of multiculturalism, diverse families, trauma, and social justice.

September 25, 2018
9:00 am - 12:00 pm
Registration starts at 8:30 am

Learning Partnership
1075 E. Santa Clara St.
2nd floor
San Jose, CA 95116

DESCRIPTION: Bilingual staff, interpreters and translators are essential in providing culturally competent mental health services. In order to remain effective, providers of such services should receive ongoing training and consultation. This workshop provides an update of current issues in public mental health and ways bilingual staff, interpreters and translators will remain vital in work with others in the service system. Ways of assessing effective interpreter services will be reviewed and discussed. In these facilitated meetings with bilingual providers, the focus will include historical and ongoing MHSA transformation principles of cultural competence, recovery-oriented, client-centered, consumer and family driven, etc. There will be opportunities for skill review as well as enhancement. There will be specific topics covered including non-verbal communication; intra-ethnic differences in cultures; current or emerging mental health concepts; multi-ethnic client culture. In this engaging facilitated workshop their will be opportunities for discussing challenging service situations, assessing skills and effectiveness, and increased skill building.

OBJECTIVES: Participants will:
- Demonstrate understanding of the core principles related to the work of bilingual staff and interpreters;
- List ways for assessing effective interpreter and translation services;
- Demonstrate knowledge of mental illness (and sources of wellness) in different cultures through different linguistic perspectives;
- Demonstrate improvement in the use of the CLAS Standards in providing interpretation and translation services.

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Our Trainings are free-Register online at sccLearn
Working Effectively with Bilingual Staff and Interpreters

Specific Target Group: SCCBHSD Service providers working with interpreters

Course Description:
The linguistic and communication needs of those who seek services are among our service mandates. Research and description of clinical practices has emphasized how linguistic competence can make large or even subtle differences in effective mental health and health care practices. Beyond the spoken word, there are denotations and connotations and specific colloquial terms and phrases that can complicate understanding in critical relationship building and eventual clinical outcomes. Interpreters are central to a clinical team at a time when language diversity is increasing and becoming more complex. In order to form effective working relationships among teams there are important facets of working with interpreters that can increase overall clinical provider competence. Consumers and family members may have increased competence and opportunities towards reaching wellness and recovery in having confidence that their service providers are clearly communicating, attending to their own processes and always returning to what is optimal for their well being.

OBJECTIVES: Participants will:
- Review models and processes for effective utilization of interpreters;
- Discuss contextual challenges in use of interpreters in clinical situations along with potential strategies to address them;
- List some (at least 2) state-of-the-art research findings on use of interpreters in helping relationships;
- Apply skills increasing their awareness, knowledge and relational use of interpreters in clinical situations;
- Identify ways to improve use of interpreters and ways interpreters will work effectively with service providers and as part of the treatment/service team.

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PowerPoint/Handouts: Please go to the following link to print your own copy: sccbhd.org/training

Matthew R. Mock, Ph.D. is Professor of Counseling Psychology with the College of Graduate and Professional studies at John F. Kennedy University (Pleasant Hill,(496,894),(531,958) and San Jose). He has also had a longstanding private clinical and consulting practice with a specialty in diversity, cultural competence and social justice. Dr. Mock received his Bachelor of Arts degree in psychology from Brown University and his Doctorate and Masters degrees in clinical and consulting psychology from the CA School of Professional Psychology (CSPP). He served as the statewide Director of the Center for Multicultural Development with the CA Institute for Mental Health in Sacramento, CA. Just prior to this, he was Director of the Family, Youth, Children’s and Multicultural Services for the City of Berkeley Mental Health Division where he was practicing for over 20 years. He was also Director of the Cross Cultural Program, and Professor of Psychology with the Graduate School of Professional Psychology at John F. Kennedy University (JRFU) focusing on diverse children and families. He has published extensively in the areas of multiculturalism, diverse families, trauma, and social justice.

Learning Partnership
1075 E. Santa Clara St.
2nd floor
San Jose, CA 95116

September 25, 2018
1:00 pm - 4:00 pm
Registration starts at 8:30 am
**Trans Narratives: Understanding the Past to Heal the Present**

*Pre-requisite: Attendees must have attended an LGBTQ training in the last 2 years from Learning Partnership*

**COURSE DESCRIPTION:**
For both transgender and gender non-conforming individuals, receiving competent and effective health care has been consistently elusive. The community already faces unique obstacles in health care access due to systemic barriers, individual biases, unsafe facilities, and much more. Historically, the community of transgender and gender non-conforming individuals have been harmed due to a lack of knowledge on the part of providers who do not maintain continued education about gender and its nuances. It is largely through the assumptions of cis-normativity and a binary conceptualization of gender that many providers rely upon that leaves them unprepared to provide effective health care to this community. This training will build upon your foundation of knowledge of gender and trans-health essentials to begin an exploration of how binary notions of gender (identity, expression, roles, etc.) have emerged to create obstacles in competent health care for trans folks. This training will familiarize participants with the history of health care for transgender individuals and demonstrate how standards of care we re based on the flawed assumptions of cisgender providers. You will discover the role that "gender journeys" have contributed to the formation of assumptions of pathology in transgender individuals.

**COURSE OBJECTIVES:**
- Identify key milestones for a gender journey
- Name the various aspects of identity (aside from gender) that influence a gender journey
- Describe how a pathological narrative about trans identities first arose
- Name 1 way that transgender and non-binary individuals can heal their emotional distress about living in a world that consistently invalidates their existence

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Lida Vala is a Licensed Marriage Family Therapist who works 30 hours a week at Corbett Group Home, Inc. with foster youth who reside in the agency’s residential program. Her role as a clinician keeps her steadily involved with providing mental health assessments and therapy for the youth. Lida also provides training and consultation to group home staff to help support the youth’s success. Lida also works 1 day a week in her private practice in Campbell, California. She enjoys providing individual therapy for ages 14-24 who find themselves adapting to the natural transition of childhood to adulthood. Lida likes to utilize a systems model of therapy guided by Multi-Generational Family Therapy (Bowenian) with a Narrative Therapy approach to help clients learn ways to be successful by taking responsibility and ownership about the changes they CAN make, rather than expect their environment to adjust to them.

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***You now can download/print your own CEU certificate online at sccLearn 2 weeks after the training date.***

***Do you have a Grievance? Please call Learning Partnership at 408-792-3900.***

**Target Audience:** Santa Clara County Behavioral Health Services Department staff and contract agencies.

**PowerPoint/Handouts:** Please go to the following link to print your own copy: sccbhd.org/training

Our trainings are free - Register on-line at sccLearn

**Learning Partnership**
1075 E. Santa Clara St. 2nd floor
San Jose, CA 95116

**September 26, 2018**
9:00 am - 4:30 pm
Registration starts at 8:30 am
Understanding SUTS System of Care, ASAM, and Clinical Standards Training

COURSE DESCRIPTION: Quality Improvement Staff will provide an overview of SUTS System of Care. Topics will include a review of SUTS Mission and Philosophy, the new Organized Delivery System - Managed Care 1115 Waiver, Prevention, Treatment, and Placement, Youth, TAY and Adult Levels of Care, Services & Locations, capacity management and current SUTS providers. We will also identify the Quality Improvement Division as a resource to counselors with regards to assisting clients with access to services, movement through the continuum, coordination with community partners and promotion of Evidence Based Clinical standards.

COURSE OBJECTIVES: Participants will:

- Demonstrate understanding of the different levels of care provided through SUTS system of care and how to access them, including the Authorization process for Residential treatment.
- Demonstrate an understanding of the ODS-1115 Waiver requirements and managed care system.
- Demonstrate understanding of ASAM and its importance as the foundation of SUTS placement Criteria.
- Demonstrate understanding of Scope of Practice and how it is addressed within SUTS system of Care.
- Demonstrate understanding of how to access training for Pro-Filer EHR

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***Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

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BHSD Learning Partnership Presents:

Understanding SUTS System of Care, ASAM, and Clinical Standards Training

Linh Hong, LCSW, has many years of experience in mental health, substance abuse, domestic abuse treatment, and developmental disabilities. She was Clinical Lead at SUTS Outpatient prior to joining the QI team as a QIC.

ShuNing Liang, LCSW worked in Primary Care as a Mental Health clinician prior to joining the QI team in 2018. She worked for 7 years as an investigator for SCC Social Services in child abuse and neglect cases, 6 years with clients with developmental disabilities at a Regional Center and in Taiwan as a social worker for Juvenile justice.

Pauline Casper, MS, experience includes years as a counselor and then a Clinical Supervisor of an 88-bed women’s treatment program. Joined SUTS QI as QIC in 2006. She also teaches in the Alcohol and Drug Studies Program at San Jose City College.

Egle Narevic, PhD, LCSW, experience includes teaching, providing direct services, clinical supervision, Medical Homes, and program outcomes measurement in a variety of behavioral health settings. Egle’s focus as a QIC is on Authorization and Utilization Management.

Nancy A Taylor, MFT, experience includes; Custody Mediation, Lead Counselor at SUTS MAT/NTP division, SUTS Adult outpatient, Mental Health F & C, Inpatient Psychiatric and SUD treatment, years in Private Practice and as a HealthLink Instructional Designer.

PowerPoint/Handouts: Please go to the following link to print your own copy: sccbhsd.org/training

September 26, 2018
9:00 am–12:00 pm
Registration begins 8:30 am

Target Audience: For Substance Use Treatment Services (SUTS) Providers only.

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976 Lenzen Ave., Room A/B, First Floor
San Jose, CA 95126

Our trainings are free-Register online at sccLearn.
Spirituality 101: Bridging Spirituality within Clinical Practice

Course Description:
Spirituality is an important part of the lives of those who struggle with Mental Health issues. In a statewide survey four of five clients have stated that spirituality is both important to them and is important in their recovery. However, these same clients also stated that less than half of the clinicians they encountered were willing to talk openly about spirituality with them. Spirituality 101: Bridging Spirituality within Clinical Practice will explore the history of how spirituality has been separated from the mainstream treatment of clients and how it now needs to be a part of clients’ recovery. We will look at definitions and guidelines around spirituality that will help the clinician to better understand and thus serve their clients by making them feel more welcome to explore their spiritual concerns as it relates to their recovery. We will discuss the relevance of assisting clients in their pursuit of their spirituality and suggest some ways to begin dialogues with clients about this subject. We will discuss documentation and how to make it so that it is a billable service.

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September 28, 2018
9:00 am - 1:00 pm
Registration at 8:30 am

Learning Partnership
1075 E. Santa Clara St.
2nd floor
San Jose, CA 95116
Depression, Substance Abuse and Suicide Among Older and Aging Adult Clients

Course Description:
According to the Geriatric Mental Health Foundation, depression affects approximately 15 out of every 100 adults aged 65 and older. Substance abuse among older adults is a growing problem that affects nearly 17% of the older population. Both of these health problems are prominent risk factors for suicide. When we learn that the rate of suicide for non-Hispanic men 85+ is 49.8/100,000 population (Center for Disease Control), we need to pay attention and explore the relationship among depression, substance abuse, and suicidal ideation.

Course Objectives: Participants will:
- Increase awareness of cultural/ethnic, sexual orientation, age, gender and other differences regarding depression and suicidal ideation
- Recognize the barriers to identifying addictive behavior in older adults
- Acknowledge the role of anxiety, delirium, dementia, self-neglect as they relate to depression and suicidal ideation
- Learn communication skills to effectively assess suicide risk in older adults
- Identify the strengths in older depressed adults in order to facilitate a process of change

BHSD Learning Partnership Presents:

Dr. Patrick Arbore Ed.D.
began his career in the field of aging in 1973. He is the founder and the Director of the Center for Elderly Suicide Prevention and Grief Related Services (CESP), a program now of the institute on Aging in San Francisco. Patrick also serves as the Director of Staff Development/Leadership & Training at the institute on Aging. Patrick conducts workshops and presents lectures locally and nationally on aging related subjects.

In this presentation, Dr. Abore will discuss the causes and interventions for clutter addiction, and the impact of this compulsion on individual well-being. Dr. Abore is the author of numerous articles and book chapters on suicide prevention, bereavement, suffering, etc., including a chapter he co-authored entitled “Suffering and the Caring Professional” in When Professionals Weep: Emotional and Countertransference Responses in End-of-Life Care (2006) edited by Katz, R. & Johnson, T.A. He is a current member of the Editorial Board of Dimensions, a quarterly newsletter of the Mental Health and Aging Network, a publication of the American Society on Aging. He is also a Senior Lecturer in the Human Services Division at Notre Dame de Namur University in Belmont, CA. Patrick also is a part-time lecturer in the School of Social Work at the University of California, Berkeley. He was the co-recipient of the 2002 Gloria A. Cavanaugh Award for excellence in training and education in aging presented by the American Society on Aging.

October 15, 2018
9:00 am - 4:30 pm
Registration begins at 8:30 am

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1075 E. Santa Clara St.
2nd Floor
San Jose, CA 95116

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***PowerPoint/Handouts can be found at: sccbhd.org/training
BHSD Learning Partnership Presents:

_**Introduction to Co-Occurring Disorders Part I:**_  
_Theoretical Perspectives, Practices and Principles for Integrated COD Services_

**Course Description:**
Many individuals who present for services exhibit signs and symptoms of substance use and mental health problems. Because clinicians often lack training in both addiction and mental health treatment, clients with these co-occurring presentations frequently receive inadequate care, caught in the gap between the mental health and addiction treatment systems. Clinicians can feel ill equipped to face the increasing population of multi-problem and co-occurring disordered people. The purpose of the workshop is to assist clinicians in developing assessment and treatment methodologies to improve service delivery for people presenting with co-occurring substance use and mental health issues. This workshop will enhance clinical skills in assessing co-occurring disorders, identifying appropriate treatment services and improving systems of care. This training will also assist in developing an integrated treatment approach for people with co-occurring disorders.

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Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

**Target Audience:** Santa Clara County Behavioral Health Services staff and contracted agencies.

**PowerPoint/Handouts:** Please go to the following link to print your own copy: sccbhd.org/training

**Course Objectives:** Participants will:
- Review the clashes in the mental health and addiction treatment culture that affect services.
- List the relationship between mental health and substance use symptoms that create diagnostic confusion.
- Describe a decision tree to evaluate between addiction, mental or co-occurring disorders.
- Review systems issues that interfere with integrated COD services.

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David Mee-Lee M.D. is a board-certified psychiatrist, and is certified by the American Board of Addiction Medicine (ABAM). Based in Davis, California, he trains and consults both nationally and internationally. Dr. Mee-Lee is Chief Editor of the American Society of Addiction Medicine’s (ASAM) Criteria for the Treatment of Addictive, Substance-Related, and Co-Occurring Conditions and is Senior Vice President of The Change Companies. He is also a Senior Fellow, Justice Programs Office (JPO) of the School of Public Affairs (SPA) at American University, Washington, DC. Dr. Mee-Lee has over thirty years experience in person centered treatment and program development for people with co-occurring mental health and substance use conditions.

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BHSD Learning Partnership Presents: 

Our Trainings are free-Register on-line at sccLearn

**October 17, 2018**  
**April 25, 2019**  
9:00 am - 4:30 pm  
Registration at 8:30 am  

**Learning Partnership**  
1075 E. Santa Clara St.  
2nd floor  
San Jose, CA 95116

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COURSE DESCRIPTION: This workshop will focus on two primary forms of family violence, intimate partner violence and childhood maltreatment. The morning presentation will begin with a discussion of intimate partner violence, with attention paid to definition and epidemiology. Attention then will be paid to IPV exposure, namely risk factors and the resilience factors that ameliorate negative outcomes. The discussion will then shift to the perpetration of intimate partner violence, speically the risk factorcics for and consequences of perpetration. The outcomes of witnessing intimate partner on children then will be explored. The final section will address effective interventions for survivors, perpetrators, and child witnesses of intimate partner violence. The afternoon presentation will focus on childhood maltreatment, beginning with a discus- sion of the various types of abuse and neglect and their epidemiology. The impact of childhood maltreatment on youth, as well as adults maltreated as children, will be dis- cussed, as will factors that protect individuals from developing the negative physical, cognitive, psychological, and social consequences of childhood maltreatment. Individ- ual and family-based interventions for childhood maltreatment will be reviewed.

COURSE OBJECTIVES: Participants will:

- Identify the indicators of intimate partner violence and childhood maltreatment exposure and determine relevant risk and protective factors
- Apply evidence-based interventions for family violence
- Demonstrate knowledge of evidence-based interventions for childhood maltreatment

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Target Audience: Santa Clara County Behavioral Health Services staff and contract agencies

***PowerPoint/Handouts can be found at : sccbhd.org/training

Our Trainings are free-register online at sccLearn

October 19, 2018
9:00 am - 4:30 pm
Registration starts at 8:30 am

Learning Partnership
1075 E. Santa Clara St. 2nd floor
San Jose, CA  95116
BHSD Learning Partnership Presents:

**How Cognitive and Sensorimotor Difficulties Affect Socioemotional Development: Psychotherapeutic Interventions with Children and Their Families**

Stephen Seligman Ph.D., MFT, DMH is a child and infant-parent psychotherapist and a psychoanalytic consultant and evaluator for practitioners, public agencies and courts. Dr. Seligman has written over 70 papers, chapters and other publications in both the psychoanalytic and infant mental health areas, including co-editing *Infant & Early Childhood Mental Health: Core Concepts and Clinical Practice*, recently published by the American Psychiatric Press next month. He is Joint Editor-in-Chief of *Psychoanalytic Dialogues* and associate editor or a member of the editorial board of many other journals. He is also a personal and supervising analyst and/or on the faculty of several psychoanalytic and infant mental health training programs.

**Learning Objectives: Participants Will:**

- Demonstrate knowledge from several disciplines that illuminate what can go away in children’s development
- Use moment-to-moment interactions to diagnose and treat children with complex socio-emotional & sensorimotor difficulties
- Demonstrate their use of play in psychotherapy in such situations.
- Identify their interdisciplinary-collaborative skills.
- Use their own emotional reactions in treatment planning and intervention.

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***PowerPoint/Handouts can be found at: sccbhd.org/training

**Target Audience:** Santa Clara County Behavioral Health Services staff and contracted agencies. Our trainings are Free-Register online at sccLearn

**October 22, 2018**  
9:00 am-4:30 pm

Registration begins at 8:30 am

**Learning Partnership**  
1075 E. Santa Clara St  
San Jose, CA 95116

COURSE DESCRIPTION:  
We are often unsure how to be therapeutically effective when children present with developmental and processing challenges. These include neurodevelopmental deficits in the sensory, motor, affective, verbal, memory-oriented and organizational/ executive areas. Although these issues are increasingly considered in cases on the autistic and PDD spectrum, their significance in cases of toddlers and children with less severe presentations is often underestimated. But they nonetheless have a fundamental effect on the child’s sense of his/her own body, self, and of social relationships. Psychotherapeutic strategies will be presented to help such children find ways to better organize and reflect on their feelings and behavior. Intervention strategies to be covered include play, games and other forms of lively interactions. Techniques of helping parents will be offered, both in helping them understand the child’s unique difficulties and strengths and in working constructively with emerging projections. The importance of multidisciplinary collaboration and of paying attention to therapists’ feelings will be stressed. The value of using detailed observations of short-term changes in child and family behavior in goal-setting will be considered.
BHSD Learning Partnership Presents:

BEYOND RAINBOWS: AFFIRMING MENTAL HEALTH CARE WITH GENDER AND SEXUALITY DIVERSE CLIENTS

October 23, 2018
9:00 am - 4:30 pm
Registration begins 8:30 am

***Santa Clara County Behavioral Health Service Department (SCCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCs, and/or LEPs as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approving agency-Provider # 131775. SCCBHSD is also approved by CA Consortium of Addiction Programs and Professionals (CCAPP) and CA Association for Alcohol/Drug Educators (CAADE) and the Board of Registered Nursing (BRN) to provide CEUs. Lunch and scheduled breaks during the training do not count toward CEU credit.

Description:
Increasing attention is now given to lesbian, gay, bisexual, and transgender (LGBT) populations in the media; yet many mental health providers still express a need for broader and deeper clinical training in working with clients who belong to these groups when they show up in the therapy or consulting room. There are many assumptions made about sexual and gender minorities and where pathology lies, whether it be intrinsic or in reaction to their environments. These assumptions lead to negative mental health outcomes and possibly damaging mental health treatment. Because even clinicians who are familiar with gay, lesbian, and bisexual clients often do not have accurate information about transgender clients, greater education and clinical training are necessary in order to provide ethical, affirming care. This is a 1-day, mixed level course and is for clinicians who would like to know how to best provide affirming and culturally sensitive mental health care. Beginners or those with less knowledge about sexual orientation and gender diversity will leave with a basic competency in how to provide culturally affirming care. Those with more advanced knowledge will build their knowledge, skills, and awareness in order to move towards specialization. Information will be presented in a multicultural, intersectional, systems-based framework. The majority of this training is focused on the lesser-understood “T” (transgender) of LGBT. Additionally, the presenter will introduce basic information about clients who are engaged in polyamory/nonmonogamy or kink/BDSM practices.

Objectives: Participants will:
- Demonstrate an ability to differentiate basic concerns related to sexual orientation and gender identity.
- Apply culturally sensitive and respectful language in discussing sexual orientation and gender identity and and about clients.
- Compile a basic assessment of concerns related to gender identity and/or sexual orientation and co-occurrence with other mental health concerns.
- Describe at least two common relational (transferential or countertransferential) dynamics that may occur in assessment or psychotherapy with SOGD minority clients.

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2nd floor
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Sand Chang, PhD (pronouns: they/them/theirs) is a Chinese American genderqueer-identified Clinical Psychologist who grew up in the Bay Area. They have dedicated their career as a psychologist, psychotherapist, educator, and trainer to advocating for socially justice and cultural competency. Dr. Chang has provided cultural humility trainings for medical institutions, academic institutions, and community organizations both nationally and internationally for over 15 years. They are currently a Gender Specialist at the Multi-Specialty Transitions Department at Kaiser Permanente and maintain a private practice in Oakland specializing in trauma and EMDR, addictions, relationships, and healing work with marginalized communities, particularly people affected by the intersections of racism, homophobia, and transphobia. Dr. Chang served on the Task Force that authored the recently released American Psychological Association Guidelines for Psychological Practice with Transgender and Gender Nonconforming Clients as well as the Chair of the APA Committee on Sexual Orientation and Gender Diversity (CSOGD). Outside of their professional work, Dr. Chang is a dancer, musician, avid foodie, and small dog enthusiast.

***You now can download/print your own CEU Certificate online at sccLearn 2 weeks after the training date.

***Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

Target Audience: Santa Clara County Behavioral Health Services staff and contracted agencies.

***PowerPoint/Handouts can be found at: sccbhd.org/training
Furthering the Foundations of Culturally Responsive Services:
Optimizing the Practice of Cultural Humility
Through CLAS for Direct Services Staff

COURSE DESCRIPTION:
The ongoing training of Santa Clara County’s Behavioral Health Services Department (SCCBHSD) staff is crucial for ensuring effective delivery of culturally and linguistically responsive, competent services. This training furthers the SCCBHSD ongoing commitment through its cultural competence plan adhering to the National Standards for Culturally and Linguistically Appropriate Services (CLAS). Behavioral health care staff continue to serve clients increasingly diverse by culture, class, gender, sexual orientation, immigration standing, different abilities and more. This foundation training provides conceptual and experiential learning furthering understanding of cultural humility through CLAS Standards (CLAS).

COURSE OBJECTIVES: Participants will:
- Define diversity, multiculturalism and cultural humility as well continuous competence in relation to providing community services.
- Identify (at least 3) barriers or challenges to incorporate multicultural concepts into their work as staff, service providers, community members, etc.
- Identify (at least 3) strategies to effectively incorporate multicultural concepts and processes into their day-to-day work.
- Identify and articulate (at least 3) ways to model effective use of self via cultural humility in addressing cultural differences, culture conflict and strengthening relational bridges.

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Target Audience: Santa Clara County Behavioral Health Services staff and contracted agencies.

You can access training handouts/PowerPoint at: sccbhd.org/training
Please print a copy and bring to the training.

October 29, 2018
December 3, 2018
9:00 am - 4:30 pm
Registration starts at 8:30 am

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2nd Floor
San Jose, CA 95116

Matthew R. Mock, Ph.D.
is Professor of Counseling Psychology with the College of Graduate and Professional studies at John F. Kennedy University (Pleasant Hill, Berkeley, and San Jose). He has also had a longstanding private clinical and consulting practice with a specialty in diversity, cultural competence and social justice. Dr. Mock received his Bachelor of Arts degree in psychology from Brown University and his Doctorate and Masters degrees in clinical and consulting psychology from the CA School of Professional Psychology (CSPP). He served as the statewide Director of the Center for Multicultural Development with the CA Institute for Mental Health in Sacramento, CA. Just prior to this, he was Director of the Family, Youth, Children’s and Multicultural Services for the City of Berkeley Mental Health Division where he was practicing for over 20 years. He was also Director of the Cross Cultural Program, and Professor of Psychology with the Graduate School of Professional Psychology at John F. Kennedy University (JRU) focusing on diverse children and families. He has published extensively in the areas of multiculturalism, diverse families, trauma, and social justice.
Introduction to Transformational Care Planning

Amanda R. Vierra, MA, LAADC, MAC, ICCDP, MHRS
Amanda has been working with the County of Santa Clara since 2015 as a Clinical Standards Program Manager in the Behavioral Health Services Department providing support to the County and its contractors specific to improving outcomes through improvement of clinical practices. From 2004 through much of 2015 she worked at Momentum for Mental Health, including roles as a Lead Personal Services Coordinator with Momentum’s AB34 program and, later, Adult & TAY Full Service Partnership (FSP), with promotion to Program Manager in Adult & Older Adult Services. She has lead various trainings throughout the Bay Area specific to recovery-focused language & documentation, introductory Motivational Interviewing, Transformational Care Planning (TCP), Milestones of Recovery Scale (MORS), and Wellness Recovery Action Plan (WRAP). Amanda holds a B.A. in Psychology from York University in Toronto, Canada, an M.A. in Sport/Exercise Psychology from Argosy University, and a Certificate in Alcohol/Drug Studies from UC Berkeley.

Larry Powell, M.S., LMFT
Larry began his work with the county 13 years ago as a therapist and case manager working with adults at Downtown Mental Health. After 6 years working with adults, he joined the Family and Children’s system as a therapist at the Children’s Shelter and then joined the Family Wellness and Dependency Wellness court treatment teams. During his years with the F&C Division, he participated in MHSA PEI development and completed the Motivational Interviewing train-the-trainer program. In 2012, Larry joined the TCP implementation team and became a TCP trainer. Currently, Larry co-leads a workgroup developing a system-wide clinical supervision program, continues to support TCP practice by co-leading a monthly TCP consultation group, providing individual and team consultation and support for providers in the adult system and leading TCP trainings.

Course Description:
Transformational Care Planning is a Person-Centered and Family-Directed process of working with others that is based on the reality that consumers and family members possess the most functional knowledge of their strengths, capacities, hopes, and dreams. These core strengths and understanding are the basis for a collaborative relationship with providers in the context of shared decision making. The consumer or family and the treatment team work together to create strategies to help consumers and families reach their goals and mitigate barriers or impediments to reaching those goals. The planning process is comprised of a rich, strength based assessment, a person- or family-centered treatment plan that consists of over-arching life goals, short-term goals crafted to remove barriers to those life goals, and strength-based interventions that utilize not only clinical tools, but natural supports, community resources, and self-management strategies.

Course Objectives: Participants will:

- Identify the definition of both person-centered and family-driven care.
- Discuss the core values and rationale for Transformational Care Planning, including consumer and family outcomes of wellness, resiliency and recovery.
- Identify and demonstrate the construction of the core components of a comprehensive assessment, shared understanding (narrative summary), and care (treatment) plan.
- Demonstrate an intermediate level of understanding regarding the documentation of person-centered and or family-directed treatment plan in manner consistent with the establishment of medical necessity and compliance with Medi-Cal regulations within a recovery, resiliency, and wellness oriented framework of engagement.

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PowerPoint/Handouts: Please go to the following link to print your own copy: sccbhd.org/training

Target Audience: Santa Clara County Behavioral Health Services staff and contract agencies.

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**COURSE DESCRIPTION:**

Suicide is the second leading cause of death among 10-24 year-olds in the United States and suicide rates in this age group have continued to rise. The majority of suicidal adolescents in the United States who receive mental health treatment will be treated by community mental health providers. This course will review suicide assessment, suicide risk factors and crisis intervention strategies for adolescents who present to community clinics with suicidal ideation, suicide attempts and/or non-suicidal self-injury (NSSI).

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**Target Audience:** Santa Clara County Behavioral Health Services staff and contracted agencies.

**COURSE OBJECTIVES:**

- When dealing with an adolescent reporting current suicidal thoughts and/or a recent suicide attempt or NSSI, the clinician will be able to apply assessment tools for measuring risk and determine the need for hospitalization.
- When dealing with adolescents at risk for suicide, the clinician will be able to create a written safety plan with the teen and family.
- Clinicians will develop the ability to discuss removal of lethal means with parents of teens at risk for suicide whom they encounter in their practice.
- Clinicians will able to recall and select from a range of evidence-based strategies for increasing the safety of an adolescent at risk for suicide seen in their practice.

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**Michele S. Berk, Ph.D.** is a licensed clinical psychologist and Assistant Professor of Psychiatry and Behavioral Sciences at the Stanford University School of Medicine, Department of Child and Adolescent Psychiatry. Dr. Berk is an expert on the treatment of suicidal adolescents. She joined the faculty at Stanford in September, 2015. Prior to that, she was Associate Clinical Professor at the David Geffen School of Medicine at UCLA. She created and was the director of the Adolescent Dialectical Behavior Therapy Program at Harbor-UCLA Medical Center from 2006-2015. She is currently one of the Principal Investigators of an NIMH-funded, a multisite, clinical trial of DBT with adolescents called the “Collaborative Adolescent Research on Emotions and Suicide (CARES) Study.” In 2012, she was given the Young Investigator Award from the Los Angeles Biomedical Research Institute at Harbor-UCLA Medical Center. She has multiple publications on the treatment of individuals who have attempted suicide and has given numerous national and local presentations on this topic. She has also trained numerous trainees in psychology, psychiatry and social work as well as employees of the Los Angeles County Department of Mental Health in suicide assessment, suicide risk management and evidence-based treatment approaches for suicidal youth.

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**BHSD Learning Partnership Presents:**

**Crisis Intervention with Youth at Risk for Suicide**

<table>
<thead>
<tr>
<th>October 30, 2018</th>
<th>Learning Partnership</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 am - 12:00 pm</td>
<td>1075 E. Santa Clara St., 2nd floor</td>
</tr>
<tr>
<td>Registration starts at 8:30 am</td>
<td>San Jose, CA 95116</td>
</tr>
</tbody>
</table>
BHSD Learning Partnership Presents:

Skill Building in Helping People Change: Advanced Level Motivational Interviewing

Description:
For clinicians familiar with Motivational Interviewing (MI) and other person-centered and empowerment models it is still difficult to fully practice these skills and provide such services. Many clinicians knowledgeable about MI do not use it appropriately, effectively, and consistently. This workshop will provide the opportunity to practice skills to implement Motivational Interviewing principles. It is designed to increase clinicians’ skills in engaging clients into treatment through small and large group exercises and role play. The workshop will also encourage discussion and consultation concerning difficult dilemmas and case presentations.

Objectives: Participants will:
- Apply skills to improve developing the treatment contract and therapeutic alliance.
- List features of Preparatory Change Talk and Mobilizing Change Talk to build motivation.
- Discuss self change awareness to improve empathic listening skills.

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***Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

Target Audience: Santa Clara County Behavioral Health Staff and contracted agencies.

David Mee-Lee, M.D., is a board-certified psychiatrist and is certified by the American Board of Addiction Medicine (ABAM). He is based in Davis, CA and is involved in full-time training and consulting both nationally and internationally. Dr. Mee-Lee is a Senior Advisor to The Change Companies. He is Chief Editor of The ASAM Criteria, which includes criteria for co-occurring mental and substance-related disorders.

PowerPoint/Handouts: Please go to the following link to print your own copy: sccbhd.org/training

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2nd Floor
San Jose, CA 95116

October 30, 2018
March 13, 2019
June 6, 2019
9:00 am-4:30 pm
Registration starts at 8:30am
Asians and Asian Americans: Culturally Engaging Behavioral Health Services for Our Diverse Communities

DESCRIPTION:
In this dynamic course, attendees will learn briefly about some of the socio-cultural and historical influences, diversity and experiences of Asian Americans. Using this as core, foundational reference attendees will review the multiple issues and concepts related to the psychology and mental health of Asian individuals, families and communities. Cultural competence and responsiveness in working with Asian Americans means not only understanding others, but also understanding ourselves, and the communities around us. Asian American and Pacific Islander grouping provides a unifying umbrella but also challenges in fully understanding diverse communities. Cultural competency, cultural responsiveness and cultural humility have become imperatives in clinical and service practices in working with Asian and Asian American individuals, families and groups. Core issues such as intra-Asian diversity, the role of family, immigrant versus refugee status, acculturation, acculturation, culture shock, generational influences, the “model minority” myth, racism and discrimination as they impact Asian identity will be discussed. Recommendations from recognized mental health experts as well as evidence-based practices, practice based evidence and effective practices will be discussed.

OBJECTIVES: Participants will:
- Describe core reasons (at least three) for understanding diversity and complexity among Asian American communities;
- Identify reasons (at least 3) why Asian Americans underutilize certain services (such as mental health) or are underserved in certain treatment services;
- List several service recommendations (at least 4) that are culturally responsive and moving towards “culturally competent” for certain Asian American clients, families and their communities including recommended practices;
- Identify (and list at least 3) aspects of their own diversity which may impact processes working effectively with Asian Americans.

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Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900. You now can download/print your own CEU Certificates online at scclLearn 2 weeks after the training date. Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

Our Trainings are free-Register online at scclLearn

Target Audience: Santa Clara County Behavioral Health Services staff ad contracted agencies.

PowerPoint/Handouts: Please go to the following link to print your own copy: sccbhd.org/training

Matthew R. Mock, Ph.D. is Professor of Counseling Psychology with the College of Graduate and Professional studies at John F. Kennedy University (Pleasant Hill, Berkeley, and San Jose). He has also had a longstanding private clinical and consulting practice with a specialty in diversity, cultural competence and social justice. Dr. Mock received his Bachelor of Arts degree in psychology from Brown University and his Doctorate and Masters degrees in clinical and consulting psychology from the CA School of Professional Psychology (CSPP). He served as the statewide Director of the Center for Multicultural Development with the CA Institute for Mental Health in Sacramento, CA. Just prior to this, he was Director of the Family, Youth, Children’s and Multicultural Services for the City of Berkeley Mental Health Division where he was practicing for over 20 years. He was also Director of the Cross Cultural Program, and Professor of Psychology with the Graduate School of Professional Psychology at John F. Kennedy University (JFKU) focusing on diverse children and families. He has published extensively in the areas of multiculturalism, diverse families, trauma, and social justice.

Learning Partnership
1075 E. Santa Clara St.
2nd floor
San Jose, CA 95116

November 5, 2018
9:00 am - 4:30 pm
Registration starts at 8:30 am

45
Carol Falender, Ph.D., is co-author of Clinical Supervision: A Competency-based Approach (APA, 2004) and Getting the Most Out of Clinical Supervision: A Guide for Interns and Trainees (APA, 2012) with Edward Shafranske, co-editor of Casebook for Supervision: A Competency-based Approach (APA, 2008) with Edward Shafranske, and Multiculturalism and Diversity in Clinical Supervision: A Competency-based Approach (2014) with Edward Shafranske and Celia Falicov. Dr. Falender has authored numerous articles on supervision and has conducted workshops across the United States, Canada, and internationally on the topics of clinical supervision, strength-based clinical supervision, ethics of supervision and competency-based supervision. She directed APA approved internship programs at child and family guidance clinics for over twenty years. She was a delegate to the 2002 Competencies Conference and to Benchmarks. She was a member of the Supervision Guidelines Group of the Association of State and Provincial Psychology Boards (ASPPB) and Chair of the Supervision Guidelines Task Force of the Board of Educational Affairs (BEA) of APA. Dr. Falender is a Fellow of American Psychological Association (APA) and was President of Division 37, Society for Child and Family Policy and Practice (APA). She is an Adjunct Professor at Pepperdine University, Clinical Professor in the UCLA Department of Psychology, Chair of California Psychological Association (CPA) Division II, Education and Training, Co-Chair of the Los Angeles County Psychological Association Ethics Committee, Chair of the CPA Continuing Education Committee, and past Co-Chair of the Supervision and Training Section of Division 17 of APA.

Our trainings are free—Register on-line at scclearn.

Target Audience: Santa Clara County Behavioral Health Services staff and contracted agencies.
BHSD Learning Partnership Presents:

Law and Ethics Update and Review for Behavioral Health Professionals

COURSE DESCRIPTION:
The Ethics Code, case law, and regulations for professional mental health and addiction services are ever evolving. With the busy schedules most providers have, it can be difficult to keep up with these changes. The purpose of this course is to meet and exceed the requirements of regulatory organizations, assist mental health professionals in maintaining competence in this vital area, and better manage potential risks in practice. A review of key ethical and legal concepts will be provided, as well as a discussion of recent ethical, regulatory, and other legal changes that affect professional practice in community behavioral health services.

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COURSE OBJECTIVES: Participants will be able to:
- Describe two aspects of a structured ethics problem-solving model
- List two ways to improve multicultural service delivery
- Utilize three steps toward handling depositions in a competent manner
- Describe two approaches to challenging ethical and legal dimensions of working with children and adolescents
- Name one recent case involving the Tarasoff standard.
- Identify two changes in child abuse reporting requirements under California CANRA.

Target Audience: Santa Clara County Behavioral Health Services staff and contracted agencies. Clinical staff only.

***PowerPoint/Handouts can be found at: sccbhd.org/training

November 7, 2018
9:00 am - 4:30 pm
Registration starts at 8:30 am

Scottish Rite Center
2455 Masonic Drive
San Jose, CA 95125

Daniel O. Taube, JD earned his JD from Villanova University in 1985 and his PhD in clinical psychology from Hahnemann University in 1987, as a member of the Hahnemann/Villanova Joint Psychology and Law Graduate Program. He is Full Professor at the California School of Professional Psychology, San Francisco (on leave), past PsyD Program Director, founder and coordinator of the Forensic Family Child Track and member of the Child/Family Track. He is also a member of The American Insurance Trust’s Risk Management team, and regularly consults with a wide range of practitioners and community agencies regarding standards of practice and ethical concerns. His areas of professional focus include ethical and legal issues in professional practice, child protection and addictions. In addition to his teaching and research interests, he has been in private practice for 26 years, has served on the APA Ethics Appeals Panel for 22 years, and taught graduate and professional level courses on ethical and legal issues in professional practice for 25.

Daniel O. Taube, JD

NOTE: Our trainings are free - Register on-line at sccLearn

***Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900.
***You now can download/print your own CEU Certificate online at sccLearn 2 weeks after the training date.
***Do You Have a Grievance? Please call Learning Partnership at 408-792-3900.
BHSD Learning Partnership Presents:

Stage of Change and Treatment Planning for SUTS Clinicians

COURSE DESCRIPTION:
SUTS Quality Improvement Staff will provide an overview of Treatment Planning requirements with a specific focus on understanding how Prochaska and DiClemente’s Stages of Readiness to Change impacts problem statements, goals and action steps. We will discuss the need for continuous assessment during treatment and developing new goals and action steps as client makes progress in his/her recovery. In addition we will discuss the requirements for Treatment Planning within the 1115 Waiver, including Timelines for completion and mandatory components.

Santa Clara County Behavioral Health Services Department (SCCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs, and/or LEPs. SCCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 3 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS), CAMFT is the BBS recognized approval agency-Provider # 131775. SCCBHSD also is approved by CA Consortium of Addiction Programs and Professionals (CCAPP) and CA Association for Alcohol/Drug Educators (CAADE) and the Board of Registered Nursing (BRN) to provide CEUs. Lunch and scheduled breaks during the training do not count toward CEU credit.

COURSE OBJECTIVES:
Participants will:
• Demonstrate an understanding of the Drug Medi-Cal timelines for completion of Treatment planning, discharge planning and other treatment processes across the continuum.
• Demonstrate an understanding of the link between client’s perception of their substance use and ASAM Stages of Readiness to Change designation.
• Demonstrate an ability to create Treatment Plan Problems, Goals, Objectives, and Action Steps which accurately reflect the clients Stage of Change at each ASAM Dimension.

Target Audience: For Substance Use Treatment Services (SUTS) Providers only.

PowerPoint/Handouts: Please go to the following link to print your own copy: sccbhd.org/training

November 13, 2018
9:00 am-12:00 pm
Registration is at 1:00 pm

Learning Partnership
1075 E. Santa Clara St., 2nd Floor
San Jose, CA 95116
Our trainings are free-Register online at sccLearn.
Cultural Humility: A Deeper Look at Inequity and Social Injustice

DESCRIPTION: This training has been designed to assist service providers within the Santa Clara County Behavioral Health system to engage the consumer community from a perspective of cultural humility, thus demonstrating a respect for the unique cultural identities of each consumer, family system, and cultural group they encounter. Issues of inequity, discrimination, and poverty negatively impact the emotional health and research indicates successful clinical outcomes. Thus it is paramount that all service providers build a deeper understanding on how they can sensibly consider culture as a family strength not a barrier to service delivery. This training will take a complex look at culture as multifaceted and encompassing not only race but orientation, nation of origin, faith, ability/disability, gender, and more. We will look at the neurological impact of historical trauma, racism and discrimination. Participants will be challenged to examine their own biases and seek to look beyond such limitations and see the possibilities in every consumer group.

OBJECTIVES: At the conclusion of this training, participants will:

- Articulate how discrimination and social injustice impacts neurology resulting in greater risk of mental health disorders for minority groups
- Explain the concept of ‘Cultural Humility’
- Summarize the continuum that defines dominant culture not as a person or a race, but a system of power over
- Analyze the impact of issues of power and privilege, racism and discrimination on emotional wellness
- Provide examples of inequity in their lives and the lives of the consumers they serve

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***Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900.

***You now can download/print your own CEU certificate online at sccLearn 2 weeks after the training date.

***Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

***PowerPoint/Handouts can be found at: sccbhd.org/training

Target Audience: Santa Clara County Behavioral Health Services staff and contracted agencies.

November 13, 2018
9:00 am-3:30 pm
Registration begins at 8:30 am

Learning Partnership
1075 E. Santa Clara St., 2nd floor
San Jose, CA 95116

Barbara Stroud, Ph.D., is a licensed psychologist, trainer, and consultant with over three decades worth of culturally informed clinical practice and training in the early childhood development and mental health arenas. She is the co-organizing founder and inaugural president of the California Association for Infant Mental Health, a member for the Academy of ZERO TO THREE Fellows, and holds prestigious endorsements as an Infant and Family Mental Health Specialist/Reflective Practice Facilitator Mentor with the California Center for Infant-Family and Early Childhood Mental Health. In April of 2018 Dr. Stroud was honored with the Bruce D. Perry Spirit of the Child Award. Embedded in all of her trainings, clinical service models, and consultations are the values of reflective practice and sensitivity to cultural uniqueness. Dr. Stroud’s book, “How to Measure a Relationship”, is improving infant mental health practices around the country and is now available in Spanish. Her recent text “Intentional Living: Finding the inner peace to create successful relationships” (named an Amazon Best Seller in Oct 2017) walks the reader through a deeper understanding of how their brain influences relationships. All volumes are currently available on Amazon. Additionally, Dr Stroud is a contributing author to the newly revised “Infant and early childhood mental health: Core concepts and clinical practice” edited by Kristie Brandt, Bruce Perry, Steve Seligman, & Ed Tronick.

Our trainings are free-register on-line at sccLearn

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Understanding Antisocial Personalities, Sociopaths and Psychopaths

Course Description:
In a time when agencies have to provide more services with fewer resources, it becomes imperative for staff to distinguish those individuals truly in need of services from those seeking services for secondary gain. This class merges academic and practical knowledge that will allow attendees to recognize the antisocial personality disorder as it presents itself in treatment and the community. In addition to being able to focus their limited resources to those with genuine psychiatric concerns, clinicians will become more alert to safety concerns with this population.

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You now can download/print your own CEU Certificate online at sccLearn 2 weeks after the training date.
Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

Course Objectives-Participants will:
- List traits of antisocial personality disorder.
- Explain how these traits impact the delivery of mental health services.
- Describe how these traits determine level of risk and danger.
- Identify these traits in examples presented throughout the training.

***PowerPoint/Handouts can be found at: sccbhd.org/training

Our trainings are free-register on-line at sccLearn

November 15, 2018
9:00 am - 4:30 pm
Registration at 8:30 am

Learning Partnership
1075 E. Santa Clara St.
2nd floor
San Jose, CA 95116

Carol Gilcrease, LCSW, has spent 25 of her 30 years in mental health at Louisiana State Penitentiary working with convicted felons, some with serious mental illness but the majority with antisocial personality disorder. Being able to work with offenders in this environment on a regular basis over a period of time has offered her insight into their thought process. She received her MSW from Tulane University and is a licensed clinical social worker.

Target Audience: SCCBHSD staff and contract agency staff.
BHSD Learning Partnership Presents:
America’s Prescription Drug Abuse Epidemic: Issues and Solutions

April Rovero is the Executive Director of the National Coalition Against Prescription Drug Abuse (NCAPDA), a non-profit organization formed in 2010 and based in San Ramon, CA. April leads NCAPDA’s efforts to prevent prescription drug related overdose deaths and addiction through community education, policy change and legislation advocacy at the state and federal levels. She also leads the Contra County and San Ramon Valley MEDS Coalitions, is an active member of the California Prescription Drug Abuse Prevention Workgroup and an Executive Committee Member of the national Fed Up Coalition. April has been the recipient of multiple recognition awards over the past 5 years for her efforts in reducing prescription drug abuse nationwide. April retired as a Program Management Director from Lucent Technologies after 30 years of service and holds a Bachelors degree in Business Management and a Masters Certificate in Project Management.

Target Audience: Santa Clara County Behavioral Health staff and contract agencies.

Our trainings are free-
Register online at sccLearn.

***PowerPoint/Handouts can be found at: sccbhd.org/training

COURSE DESCRIPTION: Learn the essentials about a substance abuse problem that has grown to epidemic levels in America – prescription drug abuse. The workshop speaker will thoroughly address factors contributing to this national health crisis, identify the medications that are most abused and will discuss addiction risk factors, signs of abuse and overdose, and the impacts on family, communities and environment. Addiction and overdose prevention and treatment tools and resource recommendations for youth and elderly populations will be provided.

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COURSE OBJECTIVES—Participants will:
- Demonstrate an understanding of the depth of impact prescription drug abuse has on individuals, their families, communities, and the entire country.
- Identify the specific drug categories and medications that are most abused by youth and adults of all ages.
- Describe the national prescription drug abuse control policy developed by the Office of National Drug Control Policy (ONDCP) and identify what parts of it apply to them.
- Analyze what they can personally do to help prevent prescription drug abuse overdoses and addiction.
- Utilize what they have learned to develop an action plan they can implement within their personal and professional environments.

***Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900.
***You now can download/print your own CEU Certificates online at scclLearn 2 weeks after the training date.
***Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

November 16, 2018
9:00 am-4:30 pm
Registration begins at 8:30 am

Learning Partnership
1075 E. Santa Clara St.
2nd Floor
San Jose, CA 95116
Facilitator Skills Enhancement Training: Sitting with Comfort

BJ North, CRE, ITE, MHRS works as a consultant to build bridges across uncommon grounds such as those from businesses to community, individuals to community resources, and agencies to consumers. She has been able to assist various community agencies to service better those they work with by helping people to hear and speak to one another in the spirit of mutual respect. She uses a common foundation for her approach in teaching this, the use of language from cultural perspectives and working with individuals’ self-knowledge.

Learning Partnership
1075 E. Santa Clara St.
2nd floor
San Jose, CA 95116

November 19, 2018
9:00 am - 4:30 pm
Registration starts at 8:30 am

Target Audience: Santa Clara County Behavioral Health Services staff and contract agencies.

Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900.

You now can download/print your own CEU Certificates online at sccLearn 2 weeks after the training date.

Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

***Trainer provided handouts for the training.

***Santa Clara County Behavioral Health Service Department (SCCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs and/or LEPs. SCCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 6 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs, as required by the CA Board of Behavioral Science (BBS). CAMFT is the BBS recognized approval agency—Provider # 131775. SCCBHSD also is approved by the CA Consortium of Addiction Programs and Professionals (CCAPP) and CA Association for Alcohol/Drug Educators (CAADE) and the Board of Registered Nursing (BRN) to provide CEUs. Lunch and scheduled breaks during the training do not count toward CEU credit.

Our Trainings are free—register online at sccLearn

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BHSD Learning Partnership Presents:

**Facilitator Skills Enhancement Training: Language-What Works Today**

**COURSE DESCRIPTION:**
This workshop will explore the use of language and how language can impact life connections. The learning in this workshop will support the experience with words, energy, thoughts, beliefs, behaviors and the impact of what is learned from surroundings such as; families, cultures, communities and time period.

**OBJECTIVES:** Participants will:
- Identify intentional strength-based word choices that support growth and empowerment.
- Demonstrate understanding of how language impacts the fabric of life around us.
- Identify strategies for communicating with intention.

**Target Audience:** Santa Clara County Behavioral Health Services staff and contract agencies.

Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900.

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***Trainer provided handouts for the training.

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Our Trainings are free-register online at sccLearn

**December 17, 2018**
9:00 am - 4:30 pm
Registration starts at 8:30 am

**Learning Partnership**
1075 E. Santa Clara St.
2nd floor
San Jose, CA 95116
BHSD Learning Partnership Presents:

Introduction to Co-Occurring Disorders Part II: Skill Building for Integrated COD Services

COURSE DESCRIPTION: Clinicians have some basic knowledge about Co-Occurring Disorders (COD) and strive to better integrate services. The purpose of the workshop is to build on this assessment and treatment knowledge to improve service delivery for children, adolescents and adults presenting with co-occurring substance use and mental health issues. Further information will encompass: interactions between Mental Health, Substance Use Disorders, trauma and physical health; COD differential diagnosis; relapse prevention/recovery stages; and stage-wise treatment. This workshop will enhance clinical skills in assessing co-occurring disorders, and services for major psychiatric diagnostic categories. Participants are encouraged to bring their clinical and systems dilemmas for further discussion.

COURSE OBJECTIVES: Participants will:
- Identify definitions and dilemmas in assessment and treatment in co-occurring disorders.
- Discuss methods and skills to improve assessment of co-occurring disorders.
- Apply treatment strategies to develop an integrated service plan and meet the client’s individual needs and readiness for change.

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Our Trainings are free-register on line at: sccLearn

PowerPoint/Handouts can be accessed at: sccbhd.org/training

Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900.
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Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

Target Audience: Santa Clara County Behavioral Health Services staff and contracted agencies.

January 9, 2019
9:00 am - 4:30 pm
Registration starts at 8:30 am

Learning Partnership
1075 E. Santa Clara St.
2nd Floor
San Jose, CA 95116

David Mee-Lee, M.D. is a board-certified psychiatrist and is certified by the American Board of Addiction Medicine (ABAM). He is based in Davis, CA and is involved in full-time training and consulting both nationally and internationally. Dr. Mee-Lee is Senior Vice President of The Change Companies. He is Chief Editor of The ASAM Criteria, which includes criteria for co-occurring mental and substance-related disorders. Dr. Mee-Lee has over thirty years experience in treatment and program development for people with co-occurring mental and substance use disorders.

PowerPoint/Handouts can be accessed at: sccbhd.org/training

BHSD Learning Partnership Presents:
BHSD Learning Partnership Presents:

Facilitator Skills Enhancement Training: Being With Challenging Situations

COURSE DESCRIPTION:
This workshop supports natural facilitation. Facilitators experience being ok without having expectations of what people will walk away with. There are things to do and know when facilitating that makes sitting with comfort doable. The things that are needed to do and know are:
- Connection with co-facilitator
- Being well knowledge of content, being clear about ways to facilitate the content
- Using exercises to support the content, small and large group exercises
- Using stories to have a personal connection to the content
- Things that spark a negative or positive reaction
- Knowing everyone coming will have a different perspective
- Use examples of the content

The exercises used during this course supports the process of learning to sit with comfort.

OBJECTIVES: Participants will:
- Demonstrate understanding about what supports comfort in facilitating anything
- Discuss the power of knowledge
- Identify actions that are supportive in sitting with comfort
- Identify what sitting in comfort means

Target Audience: Santa Clara County Behavioral Health Services staff and contract agencies.

Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900.

You now can download/print your own CEU Certificates online at sccLearn 2 weeks after the training date.

Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

***Trainer provided handouts for the training.

***Santa Clara County Behavioral Health Service Department (SCCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs and/or LEPs. SCCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 6 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs, as required by the CA Board of Behavioral Science (BBS). CAMFT is the BBS recognized approval agency—Provider # 131775. SCCBHSD also is approved by the CA Consortium of Addiction Programs and Professionals (CCAPP) and CA Association for Alcohol/Drug Educators (CAADE) and the Board of Registered Nursing (BRN) to provide CEUs. Lunch and scheduled breaks during the training do not count toward CEU credit.

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Our Trainings are free-register online at sccLearn

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<tr>
<th>January 14, 2019</th>
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<tr>
<td>9:00 am - 4:30 pm</td>
<td>1075 E. Santa Clara St. 2nd floor</td>
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<tr>
<td>Registration starts at 8:30 am</td>
<td>San Jose, CA 95116</td>
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</table>
Stephen Hinshaw is Professor of Psychology at the University of California, Berkeley, where he was Department Chair from 2004-2011, and Vice Chair for Psychology in the Department of Psychiatry at the University of California, San Francisco. He authored over 265 publications plus 10 books and has received over $18 million in federal funding for his research. He is editor of Psychological Bulletin, the most cited journal in psychology, and is a fellow of the Association for Psychological Science, the American Psychological Association, and the American Association for the Advancement of Science (AAAS). His interests are in developmental psychopathology and mental illness stigma reduction.

Target Audience:
Santa Clara County Behavioral Health Services staff and contract agencies.

Description:
Part 1 will cover attention-deficit hyperactivity disorder, with emphasis on (a) core symptoms and impairments, (b) developmental progressions, (c) comorbidities—particularly substance abuse, (d) underlying causal mechanisms, (e) educational policies and their impact on diagnosis, (f) sex differences and female-specific manifestations and outcomes, and (g) basics of medication and psychosocial treatments.

Part 2 will cover the stigmatization of mental illness, with particular emphasis on (a) underlying components, (b) societal vs. self-stigma, (c) courtesy stigma and families. Personal and narrative experience will accompany empirical evidence.

Objectives: By the end of this training:
- Participants will identify core mechanisms related to developmental psychopathology and their application to ADHD.
- Participants will demonstrate an understanding of the interplay of biology and policy as related to the rise of ADHD diagnoses and the role of medication and psychosocial intervention in its treatment.
- Participants will describe the processes underlying mental illness stigmatization as well as how to overcome stigma.

Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900.

You now can download/print your own CEU certificate online at sccLearn 2 weeks after the training date.

Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

PowerPoint/Handouts can be found at: sccbhhd.org/training

Our trainings are free-register on-line at sccLearn

January 17, 2019
9:00 am-4:30 pm
Registration begins at 8:30 am
**Wellness Recovery Action Plan**  
**Family Focus 3-Day Overview**

**COURSE DESCRIPTION:**  
This three (3) day course is open to anyone who wants to increase their understanding of WRAP and mental health recovery concepts and skills. After this course you will have a personal understanding of how WRAP works. You will also see the benefits of having this as a tool for those who receive services, supporters, providers, family members and the community at large. This powerful wellness tool helps those who use it focus on wellness and wholeness instead of illness and sickness.

**OBJECTIVES:** Participants will:
- Apply the five key recovery concepts into their everyday lives
- Identify tools and action plans to counter the negative affects of life’s challenges and improve responses to disturbing thoughts and feelings to achieve improved states of wellness
- Describe the history, foundation and structure of the Wellness Recovery Action Plan

**Target Audience:** Santa Clara County Behavioral Health Services staff and contract agencies.

***Santa Clara County Behavioral Health Service Department (SCCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs, and/or LEPs. SCCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 18 hours of continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approval agency- Provider # 131775. SCCBHSD also is approved by CA Consortium of Addiction Programs and Professionals (CCAPP) and CA Association for Alcohol/Drug Educators (CAADE) and the Board of Registered Nursing (BRN) to provide CEUS. Lunch and scheduled breaks during the training do not count toward CEU credit.

Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900. You now can download/print your own CEU Certificates online at sccLearn 2 weeks after the training date. Do you have a Grievance? Please call Learning Partnership at 408-792-3900.

***Trainer will provide handouts for the training***

BJ North, CRE, ITE, MHRS works as a consultant to build bridges across uncommon grounds such as those from businesses to community, individuals to community resources, and agencies to consumers. She has been able to assist various community agencies to service better those they work with by helping people to hear and speak to one another in the spirit of mutual respect. She uses a common foundation for her approach in teaching this, the use of language from cultural perspectives and working with individuals’ self-knowledge.

**Our Trainings are free—register online at sccLearn**

| February 20, 21, 22, 2019  
| 9:00 am - 4:30 pm  
| Registration starts at 8:30 am |

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  - Present Yourself: 6 Steps to More Effective Presentations
  - Emotional Intelligence

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