



*Connecting communities with compassionate systems.
Reclaiming Bay Area futures.*

Alameda Contra Costa Marin San Mateo Santa Clara Santa Cruz San Francisco

Who we are

Seven counties working together to understand, respond to and heal trauma.



What we know

Adversity in childhood impacts health across a lifespan. Exposure to violence, loss, poverty and trauma increases chances of learning disorders, heart disease, and early death among other poor health outcomes. This is a national health crisis. We are the regional response.

Our Focus

TRAINING

Identify and develop trauma-informed resources to increase our understanding of trauma for our workforce and communities.

POLICY ALIGNMENT

The center aligns policies and practices across county lines and sectors, putting our people before our systems.

PRACTICES

Sustaining promising practices in the region so that more Bay Area residents have access to the best care possible.

CARE COORDINATION

Public health systems can be fragmented and challenging to navigate. We bring systems together to make sure care is accessible.

Trauma-Informed Principles



Understanding Trauma & Stress



Safety & Stability



Compassion & Dependability



Cultural Humility & Responsiveness



Collaboration & Empowerment



Resilience & Recovery

Visit us on-line at www.t2bayarea.org