MHSA Stakeholder Meeting
FY17 MHSA Annual Update and Innovations
Draft Plan

JUNE 28, 2017  5:30PM-7:30PM
SANTA CLARA VALLEY MEDICAL CENTER
VALLEY SPECIALTY CENTER
CONFERENCE ROOM BQ160
751 S BASCOM AVE, SAN JOSE, CA 95128
FY17 MHSA Annual Update Meeting

Agenda

I. Welcoming and Opening Comments
II. MHSA News Briefs (State/local)
III. FY17 Recommendation Highlights
IV. Timeline
V. Proposed Timeline for 30-day public posting
VI. Additional Comments/Questions
FY17 MHSA Annual Update Meeting

Welcoming and Opening Comments
FY17 MHSA Annual Update Meeting

News Briefs – State

- MHSOAC Subcommittee on Innovations reviewing current regulations to affect smaller counties and potentially affect reporting requirements for all counties (more to come)
- New legislation requires Suicide Prevention Policies for schools, grades 7-12 (AB2246)
- State Agencies are working to stay in compliance with MHSA requirement:
  - California Department of Health Care Services (DHCS) [http://www.dhcs.ca.gov/services/MH/Pages/Annual-Revenue-and-Expenditure-Reports-by-County.aspx](http://www.dhcs.ca.gov/services/MH/Pages/Annual-Revenue-and-Expenditure-Reports-by-County.aspx)
  - Mental Health Services Oversight and Accountability Commission (MHSOAC) [http://mhsoac.ca.gov/documents?field_county_value=All&date_filter[value][year]=2012&field_component_type_id=All&page=4](http://mhsoac.ca.gov/documents?field_county_value=All&date_filter[value][year]=2012&field_component_type_id=All&page=4)
FY17 MHSA Annual Update Meeting
News/Updates – Local

- Office of Supportive Housing (OSH) transitioned to County Executive Office
- BHSD requested the California Housing Finance Agency (CalHFA) to release all existing and future unencumbered MHSA Housing Funds available to Santa Clara County
- Medi-Cal 2020 Waiver (Waiver) – handout
  - Statewide changes
- BHSD hired Resource Development Associates (RDA) to conduct MHSA Needs Assessment to inform next year’s 3-year planning process
### FY17 MHSA Annual Update Meeting

**SANTA CLARA COUNTY MHSA COMPONENT FUNDING ESTIMATES**

<table>
<thead>
<tr>
<th></th>
<th>Actual</th>
<th>Estimated</th>
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<tbody>
<tr>
<td></td>
<td>FY14</td>
<td>FY15</td>
</tr>
<tr>
<td>CSS</td>
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<td>PEI</td>
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<td><strong>% Change</strong></td>
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<td>-17.2%</td>
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*5% of the total funding must be utilized for innovative programs (WIC § 5892(a)(6)).
**Allocation percentage allocation updated by DHCS, refer to MHSUDS Information Notice No.: 15-019 (October 2015) and 16-40 (August 2016).*

Source: FY17 MHSA Annual Update Draft Plan to be posted for 30-day public comment, 6/30/17 at [www.sccmhd.org/mhса]
## SCC MHSA ESTIMATED EXPENDITURE PLAN BY COMPONENT

<table>
<thead>
<tr>
<th>Component</th>
<th>FY16</th>
<th>FY17</th>
<th>% Change</th>
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<tr>
<td>WET</td>
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<tr>
<td>CFTN</td>
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<tr>
<td><strong>Total</strong></td>
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<td><strong>$82,167,301</strong></td>
<td><strong>1.9%</strong></td>
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Source: FY17 MHSA Annual Update Draft Plan to be posted for 30-day public comment, 6/30/17 at [www.sccmhd.org/mhsa](http://www.sccmhd.org/mhsa)
FY17 MHSA Annual Update Meeting
Recommendation Highlights

- Maintaining and Sustaining FY17 programming
- FY17 Cost of Living Adjustments (COLA)
  - CBOs
    - County personnel budget adjustments based on current cost projections from the County’s Office of Budget Analysis
- Downtown Mental Health renovation completed (CFTN)
- Maintain Workforce Education and Training (WET) Program with CSS funds (approved by stakeholders in FY16 Annual Plan, FY15-17 3-Year Plan)
FY17 MHSA Annual Update Meeting
Recommendation Highlights

Community Services and Support (CSS)

- Jail Diversion/Evans Lane
  - Expansion by $658,457
  - 90-day Intensive Outpatient Services Team to serve post-custody clients
  - Added HCPM II position (JDS)
  - Added HCPM II (Evans Lane)
- Housing (Bluebell) - Permanent housing for SMI clients
  - Allocated $600,000 (one-time funding)
- Families and Children’s Division added
  - New position - Sr MHPS to support the various F&C crisis programs
FY17 MHSA Annual Update Meeting

Recommendation Highlights

Prevention and Early Intervention (PEI)

- Families and Children’s Division added
  - New position – MHPS II in School-Linked Services

- CalMHSA Statewide Projects – Santa Clara County to contribute $250,000 (one-time funding)
  - Statewide priorities addressing:
    - Student Mental Health – Directing Change
    - Stigma and Discrimination Reduction (SDR) – Each Mind Matters
    - Suicide Prevention – Know the Signs
FY17 MHSA Annual Update Meeting
Recommendation Highlights: Innovations

- 2015 – received 16 INN ideas (3 moving forward)
- 2016 – received 18 INN ideas (1 moving forward)
- FY17 Annual Update includes 4 new INN projects
- BHSD requesting stakeholder input on the new projects
- BHSD will convene the INN planning process to address the INN ideas selected from the August 2016 stakeholder selection activity
- INN planning activities will be supported by a new MHSA INN Coordinator – recruitment in process
Client and Consumer Employment

- Three Year Project
- Adaptation of the Individual Placement & Support Supported Employment (IPS/SE) model in Santa Clara County (new setting)
- Aim is to transform how the overall system views employment and start recognizing employment as a wellness goal for behavioral health clients and an element of their treatment
- There are no other models/alternatives to the traditional delivery of employment supports specifically targeted for people with serious mental illness (SMI)
Competitive employment is the goal

Zero Exclusion: Eligibility is based on client choice

Integrated with treatment

Benefits counseling is important

Key Components of IPS/SE

Systematic job development

Rapid job search

Time-unlimited support

Attention to client preferences

Source: Dartmouth Psychiatric Research Center.
Faith-Based Training and Supports

- Two Year Project
- The primary aim is to increase access to services by implementing a customized behavioral health (BH) “101” training plan(s).
- Customized trainings will be provided to faith and spiritual leaders to help them respond appropriately to individuals seeking their help.
- Assistance will include linkage/referrals to appropriate County Behavioral Health Services.
Assess Behavioral Health (BH) knowledge of Faith/Spiritual Leader participants

Create customized “101” BH training plan to Faith/Spiritual Leaders based on assessment results

Outreach and Training
Faith/Spiritual Leaders will conduct outreach and trainings to their congregation and community

Referral and Linkage
Faith/Spiritual Leaders will provide referrals and linkage to BH services

Faith/Spiritual Leaders will provide feedback to BHSD about BH issues and train BHSD staff on the role of spirituality in recovery
Psychiatric Emergency Response Team (PERT):

- Two Year Project
- Project adaptation to Santa Clara County, initially implemented in San Diego County in 1996 in collaboration with various stakeholders
- PERT utilizes a co-response crisis intervention model and each team includes a licensed mental health clinician paired with a law enforcement officer
- Significant adaptation will integrate a linkage component for peer support post-crisis services to the model
- San Diego’s PERT program has been successful and has grown to a total of 33 PERT teams
FY17 MHSA Annual Update Meeting
Innovations Projects Recommendations

Psychiatric Emergency Response Team (PERT) and Linkage Project

Goal: Decrease hospitalizations, connect individuals to appropriate services, and provide post crisis services.

PERT Team
- Each PERT TEAM will include a Clinician and Law Enforcement Officer

Services
- De-escalate crisis situations
- Officer assesses the situation for safety; Clinician conducts MH screening
- Provide appropriate referrals

Aftercare Linkage
- Create TAY peer support post crisis services

Establish a pilot project in Palo Alto due to the history of suicide clusters occurring in the area among the TAY population
Headspace:
- Four Year Project
- Main component is to adapt/replicate the Australian *Headspace* model in Santa Clara County
- BHSD to partner with Stanford Center for Youth Mental Health and Wellbeing to develop a “one stop shop” integrated health and mental health care
- Center will include on-site psychiatric services, alcohol and drug treatment, educational and employment services for youth ages 12-25.
FY17 MHSA Annual Update Meeting
Innovations Projects Recommendations

Headspace Centre Journey

Accessing the Service
Waiting Time
80% of young people waited ... 2 weeks or less for their first appointment.

Presenting to the Centre
Young people presented to the centre with these issues...

- Depression (28%)
- Physical/Sexual Health (7%)
- Situational (25%)
- Other Mental Issues (20%)
- Alcohol/Others Drugs (3%)
- Work/Study (2%)
- Other (2%)

Treatment
The average young person has 4.1 sessions with Headspace, which includes:

- Mental health services
- Physical health services
- Alcohol & Drug services
- Work & study services

Outcomes
Young people rate Headspace at 4.0 overall and 4.2 staff, out of 5.

60% of clients show significant improvement.

Other 40% may have made smaller improvements that didn’t reach significance or are still receiving services at Headspace or other services that they were referred to.

Used with permission from the National Youth Mental Health Foundation
<table>
<thead>
<tr>
<th>Activity</th>
<th>Date/Time*</th>
<th>Location</th>
<th>Purpose</th>
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</table>
| MHSA Stakeholder Leadership Committee (SLC) Meeting | Wednesday, June 28, 2017 5:30pm – 7:30pm | Santa Clara Valley Medical Center Valley Specialty Center Conference Room BQ160 751 S Bascom Ave, San Jose, CA 95128 | • Present FY17 Annual Update and INN Draft Plan (Draft Plan)  
• Announce the start of the 30-Day public review and comment period slated for June 30, 2017. |
| Commence 30-Day Public Review and Comment Period of the Draft Plan which will be posted on www.scchmd.org/mhsa | June 30 – July 30, 2017 | Utilize comment form which will be posted on www.scchmd.org/mhsa site and email completed to: evelyn.tirumalai@hhs.sccgov.org | • Offers an opportunity for public review and community input. |
| Hold an SLC meeting on the FY17 Annual Update and INN Draft Plan | Friday, August 4, 2017 1:00pm – 3:00pm | Learning Partnership, TR 3 1075 E. Santa Clara Street, 2nd Floor San José, CA 95116 | • Provide stakeholders a recap of the public comments received during the 30-day public comment review period.  
• Provide an overview of any program/budget changes in Draft Plan.  
• Request SLC’s endorsement of the Draft Plan. |
| Hold a Behavioral Health Board (BHB) Public Hearing on the Draft Plan | Monday, August 14, 2017 10:45 – 11:45 am Lunch provided | Learning Partnership, TR 3 1075 E. Santa Clara Street, 2nd Floor San José, CA 95116 | • Conduct a public hearing of the FY17 Annual Update and INN Draft Plan at the close of the 30-day comment period as required by MHSA.  
• Request BHB to take a motion to approve the Draft Plan. |
| Request Board of Supervisor (BOS) approval of the Draft Plan | Tuesday, September 12, 2017 9:00am – Noon | 70 W. Hedding Street San Jose, CA 95110 | • Request BOS to approve/adopt Draft Plan and authorize BHSD to submit the new INN projects to the State-MHSOAC for final approval. |
FY17 MHSA Annual Update Meeting
30-Day Public Comment

- Proposed timeframe June 30 – July 30

- Posting with all accompanying documentation:
  www.sccmhd.org/mhsa
MHSA Innovation Focus Group Meeting

Additional Comments and Questions
MHSA
Additional Information

- For additional questions about the planning process: please contact Evelyn Tirumalai at 408-885-3982; evelyn.tirumalai@hhs.sccgov.org

- MHSA Email Distribution List - If you are currently not part of the County’s MHSA email distribution list and would like to be included please send email request to alexandra.weight@hhs.sccgov.org