Ombudsman & Advocacy Helpline

Are you looking for more information on local, statewide, or federal mental health laws and policies? Want to start advocating in your community but not sure where to start? Reach out to ACCESS California's Advocacy Helpline! Our dedicated staff will help you. We can even connect you with local ACCESS Ambassadors near you.

CALL the 24-hour message line:

(707) 572-HELP

ACCESS California

720 Howe Ave, Suite 102
Sacramento, CA 95825

Office Phone: 916-376-7736
Fax: 916-400-3338
E-mail: access@norcalmha.org

www.accesscalifornia.org
About ACCESS California

ACCESS (Advancing Client and Community Empowerment through Sustainable Solutions) California is a client/consumer-led statewide advocacy program funded by the Mental Health Services Oversight and Accountability Commission (MHSOAC) and a program of Cal Voices, a continuation of Mental Health America of Northern California (NorCal MHA).

Our Mission

To strengthen and expand local and statewide client/consumer stakeholder advocacy in California’s Public Mental Health System through individual and community empowerment.

What We Do

Research
- Data Collection and Evaluation
- Legislative and Policy Analysis
- State of the Community Report

Outreach
- Statewide Advocacy Conference
- Statewide Directory
- Quarterly Newsletter

Education
- Consumer Stakeholder Training
- Workforce Integration Support
- Technical Assistance for Counties and Providers
  * Innovation Plan Feedback
  * Recovery-Based Treatment Tools
  * Strengthening and Expanding Peer Support Programs

Advocacy
- Local and Statewide Mental Health Advocacy
- Monitoring Mental Health Bills
- Network of Consumer Advocates (ACCESS Ambassadors)
- Ombudsman & Advocacy Helpline

Call ACCESS today!

(707) 572-HELP
707-572-4357

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“We ALL KNOW THE POSSIBILITY OF TRANSFORMATION OF MENTAL HEALTH SERVICES IS ROOTED IN THE STAKEHOLDER PROCESS.”
California Behavioral Health Directors Association

It starts with
Meaningful change