Mental Health Urgent Care

Clinic Location:
Santa Clara County Mental Health Department
871 Enborg Court
San Jose, CA 95128

Phone: 408-885-7855
After Hours: Call Center 1-800-704-0900

The mission of the Department of Mental Health is to enable individuals in our community affected by mental illness and serious emotional disturbance to achieve the highest quality of life. To accomplish this, services must be delivered in the least restrictive, most accessible environment within a coordinated system of care respectful of a person's family, language, and culture.
Program Description:

Mental Health Urgent Care (MHUC) is a walk-in outpatient clinic for Santa Clara County residents who are experiencing a mental health crisis and need help.

MHUC provides screening, assessment, crisis intervention, referral and short-term treatment for adolescents and adults.

As a consumer-focused program, MHUC’s goals are to provide immediate relief to people in distress and to help them maintain stability in their lives. The program is designed to avoid involuntary hospitalization, psychiatric emergency room visits, and incarceration.

MHUC is not a hospital and provides voluntary services. People having a medical emergency must go to the Emergency Room.

Services Include:

- Provides psychiatric evaluation, diagnosis, and treatment.
- Phone consultation with licensed clinical staff.
- A safe environment for people in distress.
- Brief Medication Management services.
- Appropriate referral to other community resources.
- Walk-in care for individuals who are experiencing a mental health crisis and need help.

MHUC is located at 871 Enborg Court, Unit 100 on the southeast corner of the Don Lowe Pavilion building; the same building that houses Emergency Psychiatric Services.

Hours of Operation

8:00 am—10:00 pm, Monday—Sunday, 7 days a week.

Languages

The MHUC can offer services in a variety of languages, including English, Spanish, Vietnamese, Korean, and Farsi. Other languages can be made available as needed.