**BENEFITS APPLICATIONS**

**General Assistance/Food Stamps**
- Cal WORKS: 846-3900
- 379 Tomkims, Gilroy

**North County Application Assistance Center**
- 650-9887-6100
- 100 Moffett Blvd, Mt View
- Cal Works, Medi-Cal, Food Stamps and GA

**Santa Clara County Social Services**
- 271-5683
- 333 West Julian Street, San Jose

**Social Security Administration**
- 877-452-4198
- 1059 First Street, Gilroy
- 800-722-1213
- 700 E El Camino Real Ste. 350, Mt View 800-325-0778
- 9 am-4:30 pm Mon-Fri

**City Team Family Services**
- 800-772-1213
- 280 S 4th St. 244, San Jose 800-325-0778
- 9 am-4 pm Mon-Fri

**CLOTHING**

City Team Family Services: 293-4657
- 1297 N. 13th Street, San Jose
- Clothing & household items for those in need
  Call for appointment

Sacred Heart Community Services: 278-2160
- 1381 S. 1st Street, San Jose
- Survival sacks, clothing, education, legal aid
  Mon-Fri, 9 am-4 pm, Tues 9 am-6 pm

**DENTAL CARE**

SCVHHS Dental Health Van
- Fridays 10 am-4 pm Monterey Rd at 1st Street
  Gilroy

SCCo Toothmobile: 879-0110
- Mobile van at various locations

**DOMESTIC VIOLENCE**

Community Crisis/Domestic Violence: 683-4118
- 16264 Church St Ste 103 Morgan Hill
- 9 am-5 pm Mon-Fri

Provides comprehensive spectrum of prevention, intervention, treatment services to south SCCo, south San Jose and San Benito County

**Community Solutions**
- 842-7138
- Shelter available for battered women and their children under 18.
  Counseling and referrals, legal advocacy and temporary restraining orders

**Family Violence Center**
- 277-3700
- 125 E Gish Rd, San Jose
- 8 am-5 pm Mon-Fri
  Staffed by SJPD, investigates domestic violence, child and elder abuse, stalking

**Next Door Teen Battered Program**
- 501-7550
- 234 E Gish Ste 200, San Jose
- 9 am-8 pm Mon-Thur; 9 am-5 pm Fri
  For teenage youth exposed to domestic violence

**Rape Crisis Hotline/24-Hour**
- 877-363-7238
- General Crisis, call 683-4118.
  Support and services for sexual assault survivors

**EMPLOYMENT**

Ascent Employment: 257-8302
- 490 Mitty Way, San Jose
- 9 am-4 pm Mon-Thur
  A no-fee community job resource center with special emphasis on individuals coming from other assistance and referral programs

**Catholic Charities Employment Services**
- 325-5170
- 2625 Zanker Rd, San Jose
- Job development for immigrants, refugees and low-income individuals

**Center for Training and Careers**
- 251-3165
- 1600 Plumas Ave. San Jose
- 8 am-5 pm Mon-Fri
  Job training and employment services

**Day Workers of Mt View**
- 650-903-4102
- 113 Escuela Ave Mt View
  Connect workers and employers in a safe and supportive environment. Empower workers to improve their socio-economic condition through fair employment

**NOVA Administration Offices**
- 730-7232
- 505 West Olive Ave, Sunnyvale Ste 600
- 8 am-5 pm Mon-Fri
  Provides one stop centers for job seekers, job workshop, pre-layoff assistance and placement services

**Sobrato CET Center**
- 701 Vine St. San Jose
- 8 am-5 pm Mon-Fri
  Provides job training to farm workers, high school drop outs, welfare mothers and immigrants

**St. Joseph's Family Center**
- 842-6662
- 7950 Church Street, Suite A, Gilroy
  Customized employment strategies, including job preparation and placement and assistance

**Work to Future - South County On Stop**
- 846-1480
- 7800 Arroyo Circle, Ste A Gilroy
- 8 am-5 pm Mon-Fri
- 1290 Parkmoor Ave San Jose
- 794-1100
- 8 am-5 pm Mon, Wed, Fri; 8 am-7:30 pm Tue, Thu
  Linkages to job training, use of computer lab, workshops on job preparation, job placement assistance

**FOOD & MEALS**

Calvary Chapel Gilroy: 848-1218
- Frontline feeding and ministry on Mondays at 3:00 p.m., Church St. & Howson St., Gilroy

City Team Rescue Mission: 288-2153
- 1174 Old Bayshore Street, San Jose
- Breakfast Mon-Fri 6:30am, Sat & Sun 6 am.
- Lunch Sun-Fri 12:00 pm, Sat 11:30am-12pm
  Dinner: Mon-Sun 5 pm

Food Connection Hotline: 800-984-3663
- Must fill out application card & show proof of low income

**Inn Vision-Cecil White**
- 271-5160
- 358 N. Montgomery St., San Jose
- Lunch Mon-Sun 10:00 pm
  Dinner Mon-Sun 6-7 pm

**Inn Vision-Georgia Travis Center**
- 453-3124
- 297 Commercial St., San Jose
  Breakfast Mon-Fri 9-9:45 am
  Lunch Mon-Fri 11:30 am-12:45 pm

**Loaves & Fishes/Santa Maria Goretti**
- 293-4505
- 2980 Senter Rd., San Jose
  Wed-Fri singles, couples & couples 4 pm
  Families w/children 4:30 pm

**Martha's Kitchen**
- 313 Willow St., San Jose
  4 pm-5 pm Tues & Wed

**New Hope Community Church**
- 842-4857
- 8886 Murakoa Drive, Gilroy
  Food Pantry – Open Mon- Thur. (10 am-4 pm)

**Our Lord's Table**
- 842-6662
- 11 First Street, Gilroy
  Hot meals Tues, Thurs, Sun 5:30 pm

**Salvation Army**
- 359 N. 4th St., San Jose
- Dinner Mon-Sat 5:00 pm

**Second Harvest Food Bank**
- 266-8866
- 750 Curtner Avenue, San Jose
- 8 am-5 pm Mon-Fri
  Provides referral to the closest available food program

**St. Joseph's Family Center**
- 842-6662
- 7950 Church Street, Suite A, Gilroy
  Bag Lunch Mon-Fri 9 am-4 pm/Farmer's Mkt M 9 am-noon
  Comprehensive services that help establish food security, shelter, and gainful employment.

**HEALTH CARE**

Gardner Family Health Network: 935-3908
- Mobile Van (at various locations)
- 283-8140

Gilroy Neighborhood Clinic: 842-1017
Legal assistance for persons w/ mental illness
111 W. St. John St, #315, San Jose
Mental Health Advocacy Project
Spanish and English eviction clinics and help with
Legal Aid Society of SCCo
Disability rights law

Downtown Mental Health Center (San Jose)
800-704-0900
8 am-5 pm Mon-Fri
8 am-5 pm Mon-Fri

EMQ Child/Adolescent
Mobile Crisis Program
379-9085
After hours/weekend emergencies 877-412-7474
Mental Health Advocacy Project 294-9730
Free legal help for mental health patients’ rights
Mental Health Law Enforcement Liaison 885-8561
9 am-3:30 pm Mon-Fri

MENTAL HEALTH CARE

Alum Rock Counseling Center 294-0500
Mobile Crisis Intervention Hotline 294-0579
2125 E Santa Clara St. San Jose
24 hr. youth and family crisis intervention program,
adult and family counseling services, mentoring
school based counseling

Asian Americans for Community
Involvement (AACI) 408-975-2730
2400 Moorpark Ste 308, San Jose
8:30 am-5:30 pm Mon-Fri
Call for assessment or appointment
Provides services to improve the health, mental
health and well being of individuals, families and
the Asian community

Bill Wilson Teen Crisis Line 294-9730
Bill Wilson Transition Age Youth (TAY)
Mental Health Services

TAY Crisis phone line (24 hr) 850-6140
Mobile outreach provides 24 hour response for youth
ages 16-24 during a mental health crisis; also provides
links to vocational and educational training,
temporary and longer term housing

Outreach Court 539-2143
c/o EHC Life Builders Boccardo Reception Ctr. 2011 Little Orchard Street, San Jose
Court specifically for homeless people; one Saturday
a month at Boccardo Reception Center. Must call
Cathy to get on schedule.

Silicon Valley Independent Living Center 842-6457
7800 Arroyo Circle, Gilroy
Helping people with disabilities achieve greater
independence

Rota Care Tues. 5:00 pm 676-3030
St. Louise Regional Hospital 848-2000
9400 No Name Uno, Gilroy
SCVHHS Homeless Health Care mobile van
Thu 1 pm-7 pm Monterey Rd at 1st St., Gilroy
Valley Health Center Gilroy 888-334-1000
LEGAL

Adult Protective Services 975-4900
333 W Julian St San Jose
24hrs/7 days/wk
Provides assistance to adults 65+ who are
functionally impaired

Asian Law Alliance 287-9710
184 Jackson St, San Jose
Delivers services in Asian/Pacific Islander
languages; provides consultation and legal
representation on a free or low-cost basis

Bay Area Legal Aid 283-3700
2 West Santa Clara (4th Floor) San Jose
9 am - 5 pm Mon-Fri
Legal counseling on benefits, tenants rights &
evictions

California Rural Legal Assistance 847-1408
7365 Monterey Road, Suite H, Gilroy
Department of Fair Employment &
Housing 800-884-1684

Disability Rights Education &
Defense Fund 510-644-1684
2212 Sixth St, Berkeley
Disability rights law

Legal Aid Society of SCCo 283-4535
480 N 1st St San Jose
9:30 am-noon & 1:30-4 pm Mon-Fri
Spanish and English eviction clinics and help with
housing related issues, family law, immigration

Mental Health Advocacy Project 280-2404
111 W. St. John St, #315, San Jose
Legal assistance for persons w/ mental illness

CalWorks/Catholic Charities 325-5230
2625 Zanker Rd Ste 101 San Jose
8:30 am-5 pm Mon-Fri
Multicultural mental health and substance abuse
programs

Re-Entry Resource Center of Santa Clara County 535-4236
151 W Mission St, San Jose
8 am-5 pm Mon-Fri
Complete wraparound services for offenders who
are just released under AB 109 realignment

Self-Help Centers for Consumers by Consumers
Zephyr Central County Center 792-2140
1075 E Santa Clara St., San Jose 1st flr (enter at rear
of bldg), San Jose
Call for days/support group offerings
Gilroy South County 686-2365
1235 1st St, Gilroy
Call for days/support group offerings
Closed Mon
Phoenix North County Center 650-462-2811
231 Grant Ave, Palo Alto
Call for support group offerings

Suicide and Crisis Services 855-278-4204
Contact for Santa Clara County 279-8228
California Youth Crisis Line 800-843-5200

Substance Abuse
Alcoholics Anonymous 846-8999
130 3rd Street, Gilroy
12-Step Program

County of Santa Clara Alcohol & Drug 792-5670
333 W Julian, San Jose
8 am-5 pm Mon-Fri
Provides assessment, detoxification, information,
referrals, and prevention services to adults

Gateway Program, Department of Alcohol
Drug Services Referral (DADS) 24 hr hotline 800-
488-9199
Alcohol and drug screening, information and referral

InSight The Foundation for Life 846-5200
Must be sober for at least 72hrs. Call for intake.
Rent $550/month.
Emergency shelter, transitional housing, or shared apartment living, food, medical services, case management and monthly bus passes

Family Supportive Housing

1590 Las Plumas Ave., San Jose
Call at 10 am for room availability. Shelter, comprehensive day services, monthly bus passes. Parents over 18 and boys up to 17 yrs. Program fee, 90-day limit. Child care, Head Start & tutoring

The Housing Authority of Santa Clara County

725-8770
505 W Julian St, San Jose
8 am-5 pm Mon-Fri
Provides rental subsidies and develop affordable housing for low-income families, seniors and persons with disabilities

Housing Choices Coalition

284-0990
30 Las Colinas Ln, San Jose
9 am-5 pm Mon-Fri
Provides quality options for people with developmental disabilities, rental, home ownership, cooperative and shared housing

Inn Vision – Commercial Street Inn

271-1630
260 Commercial Street, San Jose
8:30 am-4:30 pm Mon-Sun
Shared housing for women & women w/ children 30 days free/60 days maximum stay

Inn Vision-Montgomery Street Inn

271-5160
358 N. Montgomery St., San Jose
Single men, Mon-Fri 8 am-5 pm short/long term beds.

Job development programs

Inn Vision – Julian Street Inn

271-0820
546 West Julian Street
9:30 am – 4 pm Mon-Sun
Shelter and day services for mentally ill

National Guard Armory

842-3830
8490 Wren Avenue (Dec. – March)
Cold weather shelter for singles and families

Salvation Army Hospitality House

282-1175
405 N 4th St, San Jose
Line up begins at 1:30 pm; intake begins at 3:30 pm

Emergency shelter

Lunch begins at 12:15 pm Dinner at 5:15 pm Mon-Sat

Sunnyvale Armory

294-2100
620 East Maude, Sunnyvale
Open November 30 - March 31

VETERANS

County of Santa Clara Veterans Services Office

553-6000
68 N Winchester Blvd, San Jose
8 am-noon & 1 pm-4 pm Mon-Fri
Provides assistance in filing disability claims, pension, burial benefits and requests for copies of discharges from National Personnel Records

Goodwill Industries of Santa Clara County

869-9225
1080 N 7th St, San Jose
9 am-5 pm Mon-Fri
Employment, housing, food, clothing and counseling

San Jose Vet Center

993-0729
278 North 2nd Street, San Jose
8 am-4:30 pm Mon-Fri
Provides counseling and referral services to eligible veterans and their families

VA San Jose Clinic

363-3000
80 Great Oaks Blvd., San Jose
VA Palo Alto Health Care System

650-493-5000
3801 Miranda Ave., Palo Alto
VAPAHCS has 900 beds, including three nursing homes and a 100-bed homeless domiciliary to serve veterans

Swords to Plowshares

415-252-4787
24-hour Veteran Hotline 1-800-273-TALK

YOUTH SERVICES

Bill Wilson Center Crisis Hotline (24 hr) 850-6140
3490 The Alameda, Santa Clara

Community Health Awareness Council

650-965-0200
711 Church St, Mt View

Services address a variety of emotional problems that affect children and teens, and cause stress within their families

Eastfield Ming Quong

379-3796
After hours crisis line

379-9865
251 Llewellyn, Campbell
8:30 am-5 pm Mon-Fri
Provides intake and referrals, phone screening for families and children up to 17

EHC Life Builders (24 hr hotline) 298-2660

Sobrato House

May call collect

2 pm-8 pm Mon-Fri; 4 pm-8 pm Sat & Sun

Drop-in services for ages 11-21

Overnight shelter for ages 11-17 and referral services for homeless or runaway youths

National Runaway Switchboard 800-786-3292

Teen Runaway Hotline 800 RUNAWAY

San Jose Conservation Corp 283-7171

2650-A Senter Road, San Jose
7:30 am-4:30 pm Mon-Fri
Provides services for youths 18-27 who desire job training and completion of high school diploma or GED

Rebekah Children’s Services 846-2100

290 Iloof, Gilroy
8:30 am-5 pm Mon-Fri
Provides residential treatment and wraparound services, family linkage, foster care, risk prevention, educational services

San Jose Conservation Corp 283-7171

2650-A Senter Road, San Jose
7:30 am-4:30 pm Mon-Fri
Provides services for youths 18-27 who desire job training and completion of high school diploma or GED

Teen Helpline

888-247-7717
Unity Care 971-9822
237 Race Street, San Jose
8 am-5 pm Mon-Fri
Provides residential treatment, wraparound services, and mental health services, independent living skill training, employment assistance and transitional housing for youths 11-24

OTHER SERVICES

American Red Cross 577-1000
2231 N 1st St, San Jose
8:30 am-5 pm Mon-Fri
Information and referral services (no rental assistance)

Asian Americans for Community Involvement 975-2730
2400 Moorpark Ave, San Jose
8:30 am-5:30 pm Mon-Fri
Call for assessment or appointment
Multi-lingual services to clients in SCCo; programs for adults, services for children and adults

Gilroy Compassion Center 8425 Monterey St, Gilroy
8 am-noon Mon-Fri
Drop in center, computer use available and gently used clothing

The Health and Trust AIDS services 961-9850
1701 A So Bascom Ave, Campbell
Provides housing placement, rental subsidies, case management, referral services, emergency financial assistance, and food for people with HIV/AIDS in SCCo

The Housing Authority of Santa Clara County 275-8770
505 W Julian St, San Jose
8 am-5 pm Mon-Fri
Provides rental subsidies and develop affordable housing for low-income families, seniors and persons with disabilities

Housing Choices Coalition 284-0990
30 Las Colinas Ln, San Jose
9 am-5 pm Mon-Fri

Provides quality options for people with developmental disabilities, rental, home ownership, cooperative and shared housing

Mountain View Community Services (650) 968-0836
204 Sterling Rd, Mt. View
9 am-12 pm & 1:30-4 pm Mon-Fri
Emergency food services

Next Door 501-7550
304 E Gish Ste 200 24 hr hotline 279-2962
9 am-8 pm Mon-Thur; 9 am-5 pm Fri
Provides confidential shelter advocacy, teen and children programs, counseling for women and children, battered women accepted 24 hours a day

San Jose Furniture Bank (919) 345-8516
190 Martha St, San Jose
By appointment only
Assists with gently used furniture

MACSAS Services 928-1123
130 N Jackson
8:30 am noon & 1:30pm-5:30 pm Mon-Fri
Provides senior family housing, education and youth services

Public Health Department 792-5040
General Information Referral Line 885-3980
976 Lenzen Ave, San Jose
8 am-5 pm Mon-Fri
Case management and other services; many program areas available through home visits and community intervention

Rental, Rights, & Referral Program 975-4480
200 E Santa Clara -City of San Jose-Housing Dept.
Provides mediation and arbitration services to tenants and landlords

Santa Clara County 271-5500
Social Service Agency Assistance Application Center
1910 Senter Rd, San Jose
8 am-5 pm Mon-Fri

Assistance for homeless families with temporary assistance for needy families, Medi-Cal and food stamps

Santa Clara County Unified School District 423-3550
1840 Bento St, Santa Clara
Information on school enrollment process, District Food program, school transportation; provides school supplies, backpacks, school uniforms (if available)

San Jose County Social Service Agency Assistance Application Center 271-5500
1970 Senter Rd, San Jose
8 am-5 pm Mon-Fri
Assistance for homeless families with temporary assistance for needy families, Medi-Cal and food stamps

San Jose Salvation Army 793-8900
1888 Senter Rd, San Jose
7 am-5 pm Mon-Fri
Financial assistance for single men and women upon qualification; rent and move-in assistance for supplemental SSI recipients

NOVA Administration Offices 730-7232
505 West Olive Ave, Sunnyvale Ste 600
8 am-5 pm Mon-Fri
Provides one stop centers for job seekers, job workshop, pre-lease assistance and placement services

Sacred Heart Community Services 278-2160
1381 S 1st St, San Jose
9 am-4 pm Mon-Fri & 9 am-6 pm Tue
Job development and placement, clothes, rental assistance, homeless bag lunches

Salvation Army 282-1165
359 N 4th St, San Jose
9 am-noon & 1 pm – 4 pm Mon-Fri
Information and referrals, clothes, senior meals, rental and move-in assistance,
Food 1 pm-3 pm Tue-Thu (brown bag)
Morgan Hill
Body Image/Eating Disorder Support Group 559-5593
DePaul Health Center 18550 DePaul Dr
1st Thu 7 pm-9 pm

Palo Alto
Creative Writing for People with Major Depression and Bi-Polar Disorder
Contact Beth Shafer 510-502-7779
Stanford Psychiatry Dept. 401 Quarry Rd
Every Mon 11:15-3 pm

Mood Disorders Support Group
VA Hospital 3801 Miranda Hospital Bldg 101 Rm A2-200
Every Wed 1 pm-3:30 pm
For consumers with bi-polar, depression or anxiety

San Jose
Connection Recovery Support Group
2010 N 1st St Ste 530, San Jose
Every Sun 3 pm-4:30 pm

Fireside Friendship Club
287-2640
414 Park Ave
Every Wed 10 am-1 pm
Life skills social club for people with mental disabilities and physical limitations

Parents Helping Parents
Sobrato Center for Nonprofits 727-5775
1400 Parkmoor #100
For caregivers of children and teens with bi-polar disorder

FOR FAMILIES AND FRIENDS

Mountain View
Eating Disorders Group 559-5593
El Camino Hospital Conf. Rm A 2500 Grant Rd
2nd & 4th Mon 6 pm-8:30 pm

NAMI Format
Contact John Jacobs 650-804-2222
Contact Khalid Kazi 650-833-3270
Contact Farhana Kazi 650-387-8532
El Camino Hospital

2500 Grant Rd Con Rm B Main bldg, on ground floor
1st Tue 76 pm-8:30 pm

Palo Alto
Jewish Family and Children's Services
Contact John Bisenuis 650-688-3097
or Laurel Woodard 650-688-3673
200 Channing Ave
4th Tue 7 pm-8:30 pm

San Jose
Mental Illness Overview
Kaiser Hospital 5755 Cottle Rd Bldg 3 Rm 1
Call to enroll 559-5593
Kaiser member free/non-members $25
4th Mon 6 pm-8:30 pm
NAMI SSC Office
2010 N 1st St
3rd Tue 7 pm-8:30 pm
Contact Mike & Lilly Henning 264-0782
FOR CONSUMERS AND FAMILIES

Los Altos Hills
Jewish Support Group for Those Coping w/ Mental Illness
Contact Carol Irwin 408-224-5623
Congregation Beth Am, Beit Kehilliah
26790 Araratradero Rd
2nd Wed 6:15 pm-8:30 pm

Los Gatos
Mission Oaks Campus of Good Samaritan Hospital
15891 Los Gatos-Almaden Rd, Rm 292
Contact Diane for information 224-5623
3rd Fri 7 pm-8:30 pm

Morgan Hill
Nueva Vista Activity Room
18225 Hale Ave
Contact Diane for information 224-5623
2nd Wed 7 pm-8:30 pm

San Jose
2001 The Alameda (enter at back)
Contact Mike & Lilly Henning 264-0782

San Jose (English)

San Jose
HELP at Sunrise Valley Baptist
Contact Jerry Grunh for information 224-8449
1st & 3rd Thu 7 pm-8:30 pm
Christian group for consumers, families and friends
HELP at South Hills Community Church 997-7284
2nd Thu 7 pm-8:30 pm
Christian group for consumers, families and friends

ASIAN COMMUNITY SUPPORT GROUPS

Cupertino (Korean)
Contact Kyu for information 253-9733
4th Tue 6:30 pm-8:30 pm
Family/consumer group

Cupertino (Cantonese)
Contact Katherine Fok for information 650-961-2751
Valley Church of Cupertino
10885 Stelling Rd
2nd Thu 7 pm-9 pm
Family (primary) and consumer group

Mountain View (Mandarin)
Contact Jen Hong for information 996-1016
Mt View Chinese Christian Church
175 E Dana (Hwy 237/85)
3rd Thu 7 pm-9 pm
Christian group

Santa Clara (Mandarin)
Contact Chiao-Wen Chen for information 338-9161
River of Life Church
1177 Laurelwood Rd
4th Thu 7 pm-9 pm

San Jose (Mandarin)
Contact Jill Chen-Kuendig 650-576-9712
Contact Chia-Ling Mao 408-924-3152
2001 The Alameda
1st Thu 7 pm-8:30 pm

San Jose (Vietnamese)
Contact Thong Le for information 792-3919
Asian Pacific Family Resource Center
591 N King Rd #B

Every Mon 6:30 pm-8:30 pm
Family support group for consumers and families

Sunnyvale (English)
Contact Sophia Huang 623-9711
1st & 3rd Wed
API (Asian Pacific Islanders) adult and young adult peer support group

Se Habla Espanol in San Jose
Contact Luz Santa
Grail Community Center
2003 E San Antonio Rd
Every Fri 11:30 am-1:30 pm
Contact Lisa Perez
Dorsa Centro de la Comunidad
1290 Bal Harbor Wy
4th Fri 7 pm-9:30 pm
ACT for Mental Health en Espanol
Contact Arminda Sousa Psy.D.D
287-2640
441 Park Ave