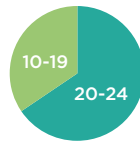


About Youth Suicides in Santa Clara County

Suicide Facts & Figures



Suicide is the **2nd leading cause of death** between 10-24 year olds in the U.S.



From 2003-2015, of the 10-24 year olds who died by suicide in Santa Clara County **66% were ages 20-24**



10-24 year olds in Santa Clara County

had a rate of suicide of **5.4 per 100,000** from 2003-2015
Similar to California's rate of 5.3 per 100,000

Nearly all youth deaths by suicide had factors that preceded suicide, including recent crises or a current mental health problem

Coping Skills Help Youth



High self-esteem/perception of self



Positive relationships with parents/family



Positive relationships with school & community



Caring relationship with teacher/adult in school



Feeling connected with school & community



Being academically motivated

Having coping skills help youth get through difficult, challenging and stressful situations

Suicides Are Preventable



Key is multiple prevention approaches to address multiple risk factor

Suicide & Crisis Hotline • 1-855-278-4204
Toll Free – 24 hours – 7 days a week

Youth Suicide Warning Signs at
www.youthsuicidewarningsigns.org