

Santa Clara County Suicide Prevention Oversight Committee (SPOC)

Intervention Workgroup Accomplishments

Why We Care and Goals

- ▶ **Why We Care:**

We believe suicide is preventable.

- ▶ **Our goals are to:**

1. Reduce deaths from suicide in Santa Clara County.
2. Increase awareness of why people contemplate suicide and how to access available resources.
3. Improve monitoring of suicides using clear and comprehensive data.
4. Empower people to respond to a person who is considering suicide through training and education.

Intervention Strategy

- ▶ Strategy 1 – Intervention:
Implement and coordinate suicide prevention and intervention programs and services for targeted high risk populations
- ▶ First Intervention Workgroup Meeting:
 - July 19, 2011
 - Chaired by Mary Ojakian and eventually by Shelly Gillan and Carlos Aquila

Intervention Workgroup Charter

- ▶ Resource Inventory, Prioritizing recommendations:
 - Compile available resources, identify service gaps
 - Prioritize what will be implemented and research costs
 - Develop process and performance metrics for adopted strategies
 - Convene subcommittee for each age group
 - Create a directory of services for survivors of loss and suicide attempt survivors residing in SCC.

- ▶ Enhance Current Services:
 - SACS: Expand services, Single phone number
 - Evaluate pros and cons of accreditation
 - Age-appropriate crisis hotline
 - Mobile crisis unit for children

Intervention Workgroup Charter

- ▶ **Local Advocacy:**
 - Increased number of Crisis Intervention Team (CIT) trained officers (Recommend: Keep in POLICY)

- ▶ **Promote and Leverage Existing Services:**
 - Self-Help Centers, Mental Health Urgent Care (MHUC) Golden Gateway
 - Ethnic and Cultural Community Advisory Committees (ECCACs)
 - New/Upcoming PEI projects

Intervention Workgroup Charter

- ▶ Offer New Services
 - Accessible, affordable & age-appropriate crisis support
 - Post 5150 episode care
 - Mobile Crisis unit for adults
 - Engaging youth in public service
 - School-based, culturally relevant intervention
 - New support groups, peer groups
 - Gatekeeper training

Intervention Actions

- ▶ Resource Inventory, Prioritizing recommendations:
 - Annual Work Plan
 - Suicide Prevention/Intervention/ Postvention resources guide in multiple languages

- ▶ Enhance Current Services:
 - SACS:
 - Consolidated multiple SACS phone numbers into single number
 - Seen increase in SACS suicide risk calls (from below 200 to between 700 to 900 calls per month)
 - Close to NSPL accreditation
 - SACS staff increased from 80 to 95 crisis counselors
 - Working on crisis text line
 - Uplift crisis unit for children/youth
 - Working on mobile crisis service for adults (PERT)

Intervention Actions

▶ Local Advocacy:

- Increased number of Crisis Intervention Team (CIT) trained officers (Recommend: Keep in POLICY): real a training strategy
- Suggestion to work with local Film Schools to create or promote Suicide Prevention videos – never followed up on
- Formed the Santa Clara County Suicide Prevention Speakers' Bureau through mini-grant funding from the California Mental Health Services Authority (CalMHSA)

▶ Promote and Leverage Existing Services:

- Ethnic and Cultural Community Advisory Committees (ECCACs):
 - Trained in various suicide prevention gatekeeper trainings
 - Do some gatekeeper trainings
 - Added the LGBTQ service
- Promote postvention support services:
 - Survivors of Suicide (SOC) Support Groups
 - a new support group for suicide attempt survivors, Path of Hope Support Group.
- New/Upcoming PEI projects: ?????

Intervention Actions

▶ Offer New Services

- Post 5150 episode care: pilot outreach program with Valley Medical Center
- Engaging youth in public service: ????
- School-based, culturally relevant intervention:
 - School Link services
- New support groups, peer groups: ?????
- Gatekeeper training:
 - QPR online licenses and some classroom training
 - ASIST trainings
 - SafeTalk trainings
 - Mental health and Youth Mental Health First Aid trainings
 - Assessing and Managing Suicide Risk (AMSR): Core competencies for mental health professionals
- My3App

Questions and Answers