

# MENTAL HEALTH FIRST AID

Sign up for this free  
class!

12:30pm – 4:30pm

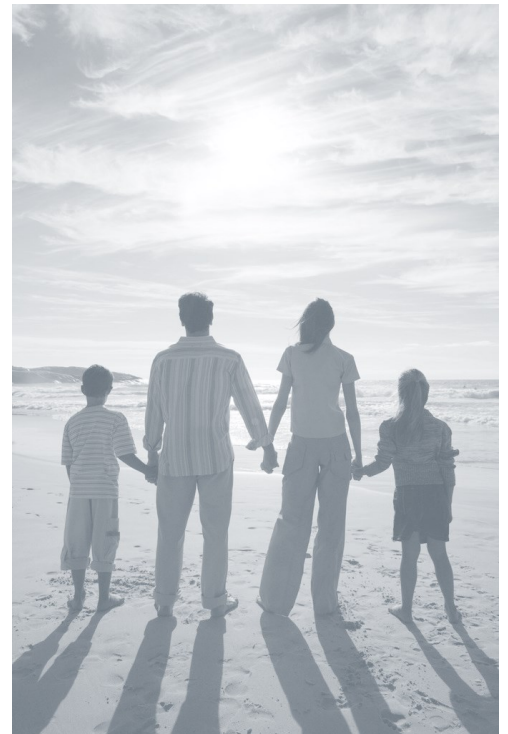
- Monday, April 9, 2018
- Thursday, April 12, 2018

Learning Partnership  
1075 East Santa Clara Street,  
San Jose, CA 95116

You must attend both  
sessions in order to be  
certified



- ⇒ Learn how you can help someone in emotional distress
- ⇒ This course will teach you:
  - To identify the risk factors and warning signs for a range of mental health problems
  - To recognize the signs and symptoms of mental health illnesses
  - To learn a 5-step action plan to assist an individual in crisis



To sign up, please contact:

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