

MENTAL HEALTH FIRST AID

Sign up for this free
class!

1:00pm – 5:00pm

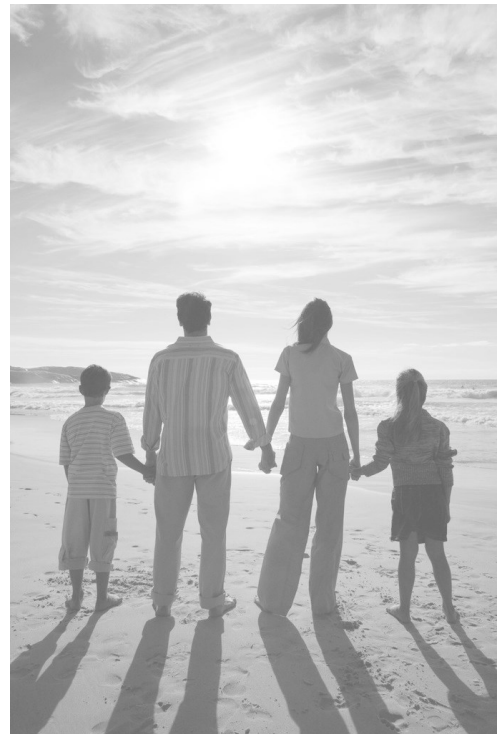
- Monday, March 26, 2018
- Wednesday, March 28, 2018

Learning Partnership

You must attend both
sessions in order to be
certified



- ⇒ Learn how you can help someone in emotional distress
- ⇒ This course will teach you:
 - To identify the risk factors and warning signs for a range of mental health problems
 - To recognize the signs and symptoms of mental health illnesses
 - To learn a 5-step action plan to assist an individual in crisis



To sign up, please contact:

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