

AFSP

Greater San Francisco Bay Area Chapter



American
Foundation
for Suicide
Prevention

**Save Lives and Bring
Hope to Those Affected
by Suicide.**



**American
Foundation
for Suicide
Prevention**

Our Work



Research



Advocacy



Education



Interactive
Screening
Program



Loss & Healing



Chapters

Research

AFSP is the largest private funder of research

Legislative Advocacy

State/Federal levels

Education

Public/Professional/Community

Loss & Healing

Survivor support

Our Chapters

Local involvement

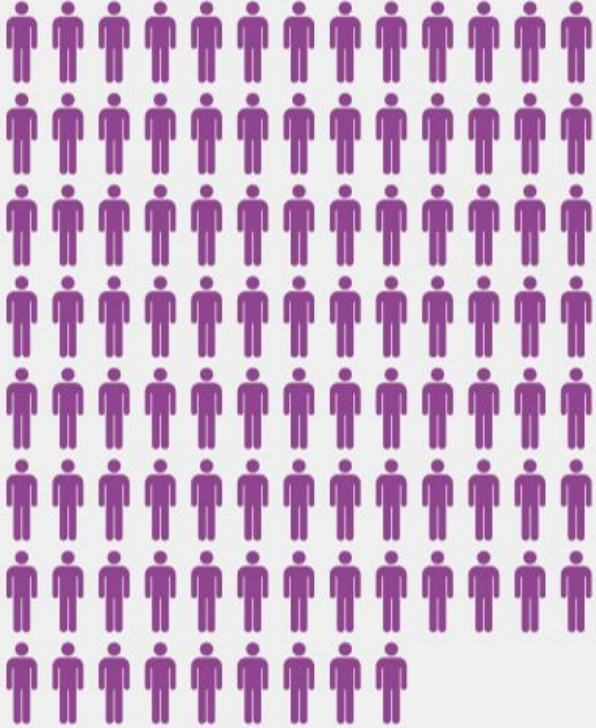


**American
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Research



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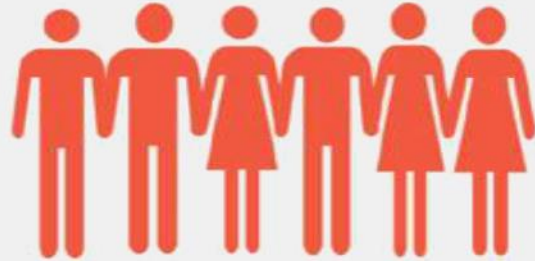


Each suicide
leaves behind
100+ people



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Support for loss survivors and those with lived experience.



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AFSP Funded Research:

National Survey on Prevalence, Burden & Support Seeking Behaviors

National estimates of the prevalence and impact of suicide loss

Consequences of Bereavement by Suicide

Examining the effects of suicide bereavement on physical and mental health

fMRI Study in 1st Degree Relatives

Identify individuals who may be at risk for suicide and inform interventions

Post Traumatic Growth among Suicide Survivors:

Encouraging Post-Traumatic Growth among suicide loss survivors



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Suicide-Specific Concerns

Marked differences in suicide loss/other loss types.

Practical Information & Resources

Law enforcement, media, funeral announcements

Speaking to Others About the Death

Stigma, uncertainty, lack of information

Discussing with Young Children

Difficulty understanding, child-specific resources

Importance of Self Care

Direct support care, trauma care



Loss and Healing

Survivor Support and Initiatives



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Support for Survivors of Suicide Loss:

Survivor Outreach Program
Survivor Day
Memory Quilt
Support Group Resources
Resources and Materials

Toolkit for Schools
Clinician Training
Facilitator Training



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Survivor Outreach Program:

Survivor Support

Peer Support for Survivors of Suicide Loss



- Inbound requests
- In-person or telephone visits
- Connect and shared experience
- Resource materials



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Professional Training for Loss

Survivor Support

- **Suicide Bereavement Clinician Training**

(February, 2016 – Berkeley; 2018 – TBD)

A one-day workshop that provides a focused overview of the impact of suicide on survivors, and the clinical and support responses that are needed.

- **Facilitating a Suicide Bereavement Support Group**

(January 19-20, 2018 – Sacramento)

A two day training to create and facilitate a community support group for suicide loss survivors in the aftermath of a suicide.



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Variety of Resources

Find Support

Bringing hope to those affected by suicide

I'm having thoughts of suicide



I've lost someone



I'm worried
someone might be at
risk



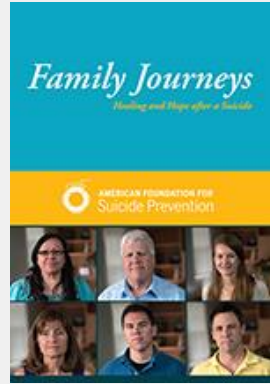
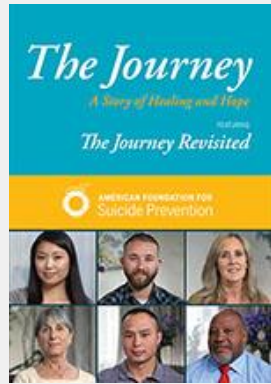
I've made an attempt



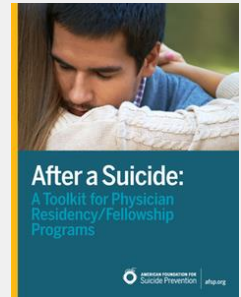
My loved one has
made an attempt



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Survivor Support



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Let's Talk!



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