

Intervention Workgroup Meeting Notes 2/14/18

MHSA Innovations projects presentation (slides attached).

Review of County postvention process and materials (feedback on CDRT handouts recorded separately).

- **General questions:**
 - How long does it take for the coroner's office to send these documents?
 - Who receives the documents if the parents are divorced?
 - Do next of kin living outside of the County receive any information or resources?
 - What resources does the police department provide when notifying families of the death?
 - Does the coroner's office call the family directly? Or does the coroner notify the police department, so they can notify families in person?
 - Do similar documents from the coroner's office get sent to next of kin, when the decedent is over the age of 18?
 - Are these documents available in other languages?
- **Additional suggestions:** County residents who have experienced a loss are receiving multiple letters/resources from different County agencies. Should we consider having one letter or more simplistic messaging?

Small group review

- a. Office of Immigrant Relations resources (feedback recorded separately).
- b. 13 Reasons Why-letter, webinar discussion:

Strategies:

-Provide counter messaging through all phases: before, during and after the season. Include Crisis Text Line on all campaign materials.

-Webinar/Livestream: Group viewing with facilitated discussions, encourage schools to host viewing parties with teachers in attendance, make sure student panel is not only from a variety of cities across the County but that they are also diverse.

-Potential partners: School Linked Services (SLS), County Office of Education (COE), Uplift, Headspace/YAG, Bring Change to Mind clubs, Youth Space, Suicide Prevention Youth Leadership Council in Hawaii (Kris's connection).

-Opportunities: Advertise "Friend Yourself" on Youtube, think about launching a campaign for parents, presentations/discussions with local PTA groups

-Parent letter: include information about warning signs of depression and suicide, include resources for immediate crisis intervention (not just the crisis hotline), and include information about how to help a friend.

Other updates

- a. Crisis Text Line code words (list of code words already in use, is attached).

- Suggestions: **TalkS** and **CareS** (S for suicide)

Attendees

Name	Agency
Evelyn Quintanilla	Suicide Prevention
Ana Hermosillo	SACS
John Costa	Law Enforcement Liaison/BHS
Kris Bifulco	Family Children Services
Mego Lien	Suicide Prevention
Mary Ojakian	AFSP
Vic Ojakian	Behavioral Health Board
Fabian Castaneda	School Linked Services
Sabrina Herrera	Behavioral Health Services
Julia Ryan	Stanford University
Lauren Olaiz	El Camino Hospital
Barbara Zahner	Diocese of San Jose
Mary Gloner	Project Safety Net
Karin Nersesova	Veterans' Administration
Zinat Mohamed	Suicide Prevention