

**Bula! Hafa Adai! Iakwe! Alii!  
Malo e lelei! Talofa! Aloha!**



**“SURROUNDED BY COMMITTED, DETERMINED AND PROUD INDIVIDUALS EVERY MOMENT SPENT I BELIEVE HAS INSPIRED US TO CONTINUE STANDING, WORKING, MOVING FORWARD FOR OUR COMMUNITIES AND BEYOND.”**

**- PUA CASE**

**NO ONE CAN SPEAK FOR US BUT US!  
Pacific Islander Community Training  
September 11, 2019**





**KU KIA 'I MAUNA**

**NO ONE CAN SPEAK FOR US BUT US**  
**Pacific Islander Community Training**  
**September 11, 2019; 3:00am – 4:30pm**

**Overview**

1. Presentation: ***Contextualizing Pacific Islander Identities***
2. Activity: ***Community Conditions***
3. Next Steps: ***Continuing Partnerships***



# **“Pacific Islanders”**

## **What images come to mind?**

**“Their character, as compared with Europeans, is childlike. They are communists and have been so for ages. They are very brave, and go to war with as much zest as our football teams enter into their contests...Like nearly all dark skinned races, they are fond of intoxicants and when under their influence are apt to be quarrelsome.”**

**Rear Admiral Kimberly  
Commander of Pacific Squadron  
1889**





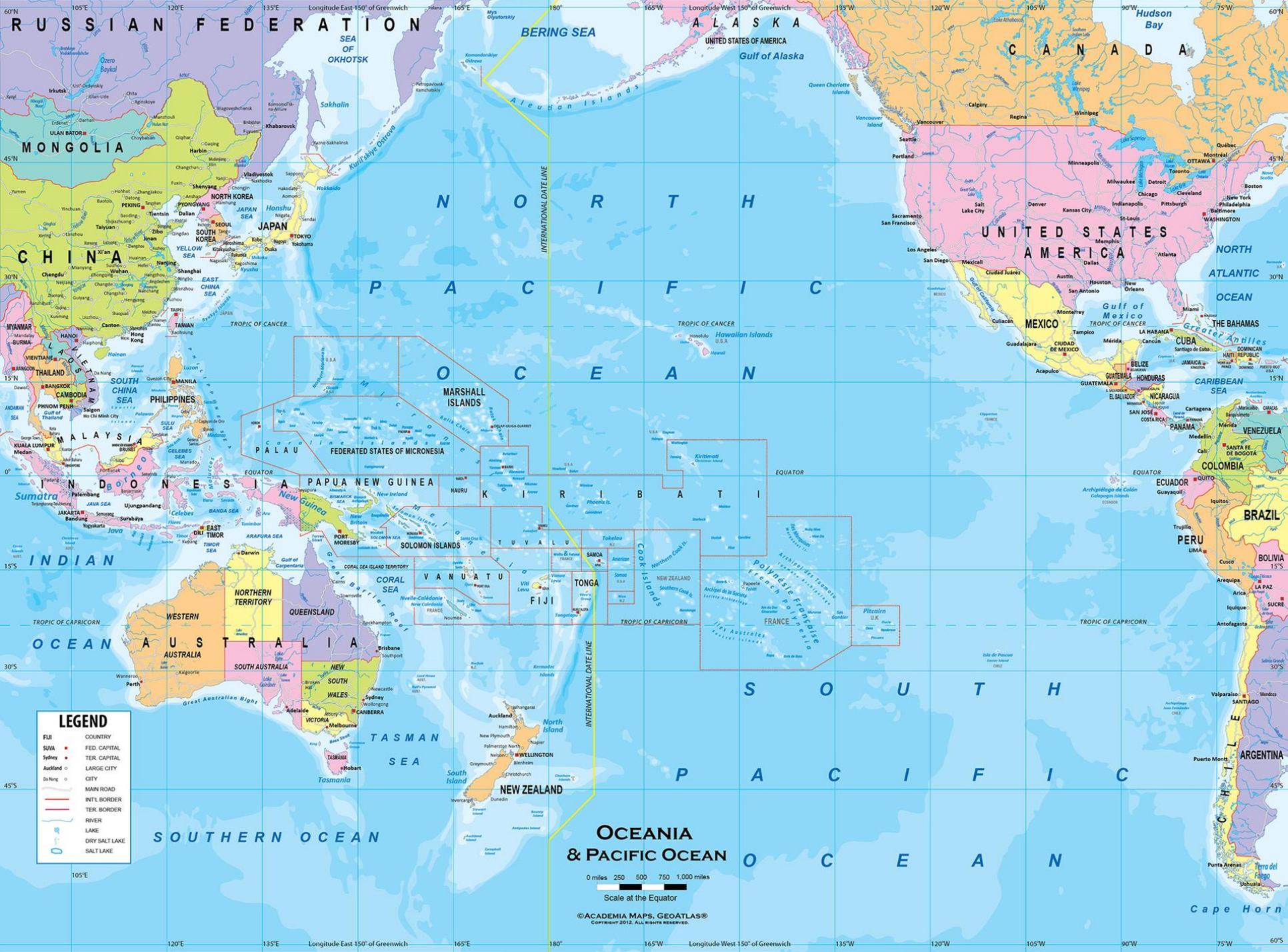
# MOANA

*Contextualizing  
Pacific Islander  
Identity*

# U.S. Census definition:

The term “Native Hawaiian and Other Pacific Islander” refers to people having origins in any of the original peoples of Hawaii, Guam, Samoa, or other Pacific Islands. Pacific Islanders include diverse populations that differ in language and culture. They are of **Polynesian**, **Micronesian**, and **Melanesian** cultural backgrounds.





RUSSIAN FEDERATION ALASKA UNITED STATES OF AMERICA CANADA  
MONGOLIA NORTH KOREA SOUTH KOREA JAPAN CHINA  
PHILIPPINES MALAYSIA INDONESIA PAPUA NEW GUINEA AUSTRALIA  
MARSHALL ISLANDS FEDERATED STATES OF MICRONESIA PALAU  
KIRIBATI TUVALU SAMOA TONGA FIJI VANUATU  
NEW ZEALAND  
SOUTH AUSTRALIA NEW WALES TASMANIA  
NEW ZEALAND  
MEXICO UNITED STATES OF AMERICA  
CUBA HAITI DOMINICAN REPUBLIC JAMAICA GUYANA SURINAM VENEZUELA  
PERU BRAZIL ARGENTINA

**LEGEND**

FLR	COUNTRY
SUA	FED. CAPITAL
Sydney	TER. CAPITAL
Auckland	LARGE CITY
Darling	CITY
—	MAIN ROAD
—	INT'L BORDER
—	TER. BORDER
—	RIVER
—	LAKE
—	DRY SALT LAKE
—	SALT LAKE

**OCEANIA & PACIFIC OCEAN**

0 miles 250 500 750 1,000 miles

Scale at the Equator

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# MELANESIA

“melanin” islands

- Fiji
- Papua New Guinea
- West Papua
- Solomon Islands
- Vanuatu
- New Caledonia



# MICRONESIA

small islands

- Guam
- Northern Mariana Islands
- Marshall Islands
- Federated States of Micronesia (FSM)
- Palau
- Nauru
- Kiribati



# POLYNESIA

many islands

- Hawai'i
- New Zealand (Aotearoa)
- Samoa
- Tonga
- Easter (Rapa Nui)
- Cook Islands
- French Polynesia
- Tuvalu
- Tokelau
- Niue



The original image, February 9, 2005, seen by millions relating human effects of climate change. © 2005 Gary Braasch





**LEGEND**

FLR	COUNTRY
SUA	FED. CAPITAL
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0 miles 250 500 750 1,000 miles

Scale at the Equator

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RUSSIAN FEDERATION ALASKA UNITED STATES OF AMERICA CANADA

BERING SEA GULF OF ALASKA

MONGOLIA CHINA NORTH KOREA SOUTH KOREA JAPAN

SEA OF OKHOTSK KURILSKA OCEAN PACIFIC OCEAN

INTERNATIONAL DATE LINE

UNITED STATES AMERICA MEXICO

NORTH ATLANTIC OCEAN

PHILIPPINES MALAYSIA INDONESIA PAPUA NEW GUINEA AUSTRALIA

WESTERN AUSTRALIA QUEENSLAND SOUTH AUSTRALIA NEW WALES TASMANIA

NEW ZEALAND

SOUTHERN OCEAN

FRANCE

ARGENTINA

CAPE HORN

### U.S. CITIZENS

(Guam, Hawai'i [U.S. state], & Commonwealth of the Northern Mariana Islands)

- Live & work in the U.S. legally
- Qualify for public benefits (e.g., health care)
- Vote in elections
- Eligible to serve in U.S. military

Northern Mariana Islands  
Guam

Hawai'i

Palau

Federated States of Micronesia

Marshall Islands

### COMPACT OF FREE ASSOCIATION MIGRANTS

(Federated States of Micronesia, Republic of the Marshall Islands, & Republic of Palau)

- Live & work in the U.S. legally
- Labeled "nonimmigrants" but are not considered citizens or nationals
- Not eligible for most federal benefits, some U.S. states may provide limited benefits
- Eligible to serve in U.S. military

Nauru

Kiribati

Tuvalu

Tokelau

Samoa

American Samoa

Vanuatu

Fiji

Tonga

Niue

Cook Islands

French Polynesia

New Caledonia

### IMMIGRANTS FROM ISLANDS WITHOUT U.S. ASSOCIATION

(Papua New Guinea, Tonga, Samoa, Tokelau, Kiribati, & others)

- Not citizens or nationals
- Must apply for legal permanent resident status to work & live in the U.S. legally, similar to other immigrants
- Must wait 5 years to apply for public benefits
- Cannot vote or serve in U.S. military

### U.S. NATIONALS

(American Samoa)

- Live & work in the U.S. legally
- Similar to other immigrants, must obtain citizenship to obtain full benefits
- Qualify for most federal benefits, some state or local benefits
- Cannot vote when living in states
- Eligible to serve in U.S. military

New Zealand





**deference**

**belonging**

**reciprocity**

**duty**

**respect**

**knowledge**

Hokule'a



**deference**

**belonging**

**reciprocity**

**duty**

**respect**

**knowledge**

**deference**

**belonging**

**reciprocity**

**duty**

**respect**

**knowledge**





**deference**

**belonging**

**reciprocity**

**duty**

**respect**

**knowledge**

**belonging      deference      reciprocity**



**respect      duty      knowledge**

# ***Community Conditions***

## **Instructions**

### **Community Component**

1. Based on data, discuss key characteristics of these communities (physical and social)
2. Based on community characteristics, what are the mental health impacts on these communities?
3. Based on community characteristics, list barriers faced in serving the Pacific Islander community in Santa Clara?
4. Discuss and list some promising approaches in working successfully with these communities.

### **Cultural Component**

1. Research your assigned Pacific Island and include the following information in your report-back:
  - A fact about your island
  - A current political or social issue facing the island
  - Use island's greeting



# ***Pacific Islander Initiative's Suicide Prevention Work***



THE PACIFIC ISLANDER INITIATIVE

## ONE LIFE. ONE LOVE

Suicide Prevention in the Pacific Islander Community



# *Village Voices*

- **According to CA Dept of Public Health, the number of suicide deaths by NHPs increased 100% between 2005 and 2010. How does this statistic make you feel?**
- **What could suicide prevention work in the PI community look like?**
- **What do you need to be okay?**
- **How can our community have courageous conversations about mental health and suicide?**
- **How does our culture treat suicide?**
- **Have you experienced someone committing suicide or had your own suicidal thoughts? If so, how did that affect you?**

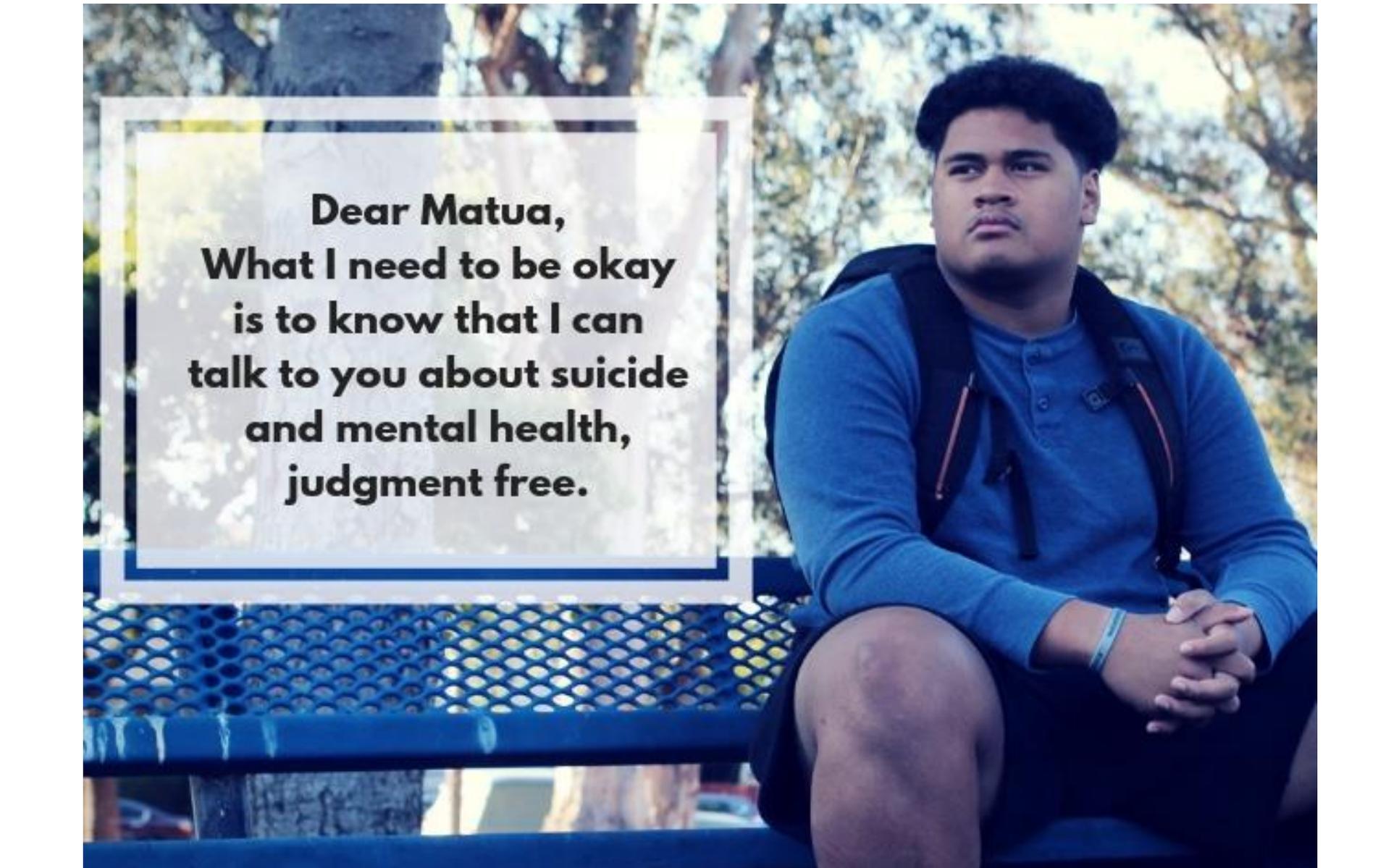


# ***Suicide Prevention Portrait Series***

A portrait of a woman with dark hair pulled back, wearing a yellow and black patterned short-sleeved top and dark pants. She is sitting on a wooden stump. In the background, there is a church steeple with a cross on top, surrounded by green trees. The sky is bright and clear.

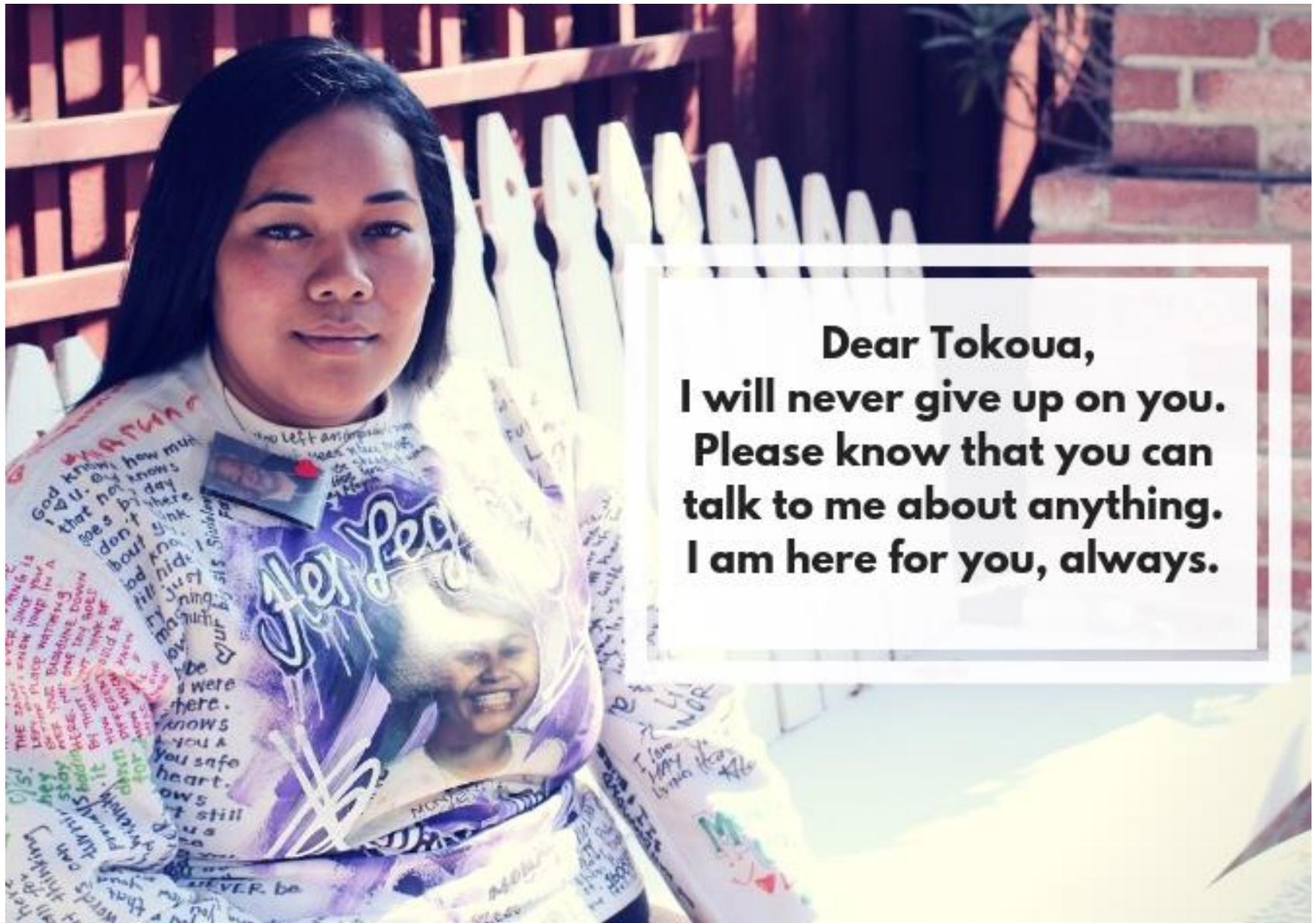
**Dear Faifekau,  
What I need to be okay is  
space in the church to talk  
about suicide and mental health,  
judgment free.**





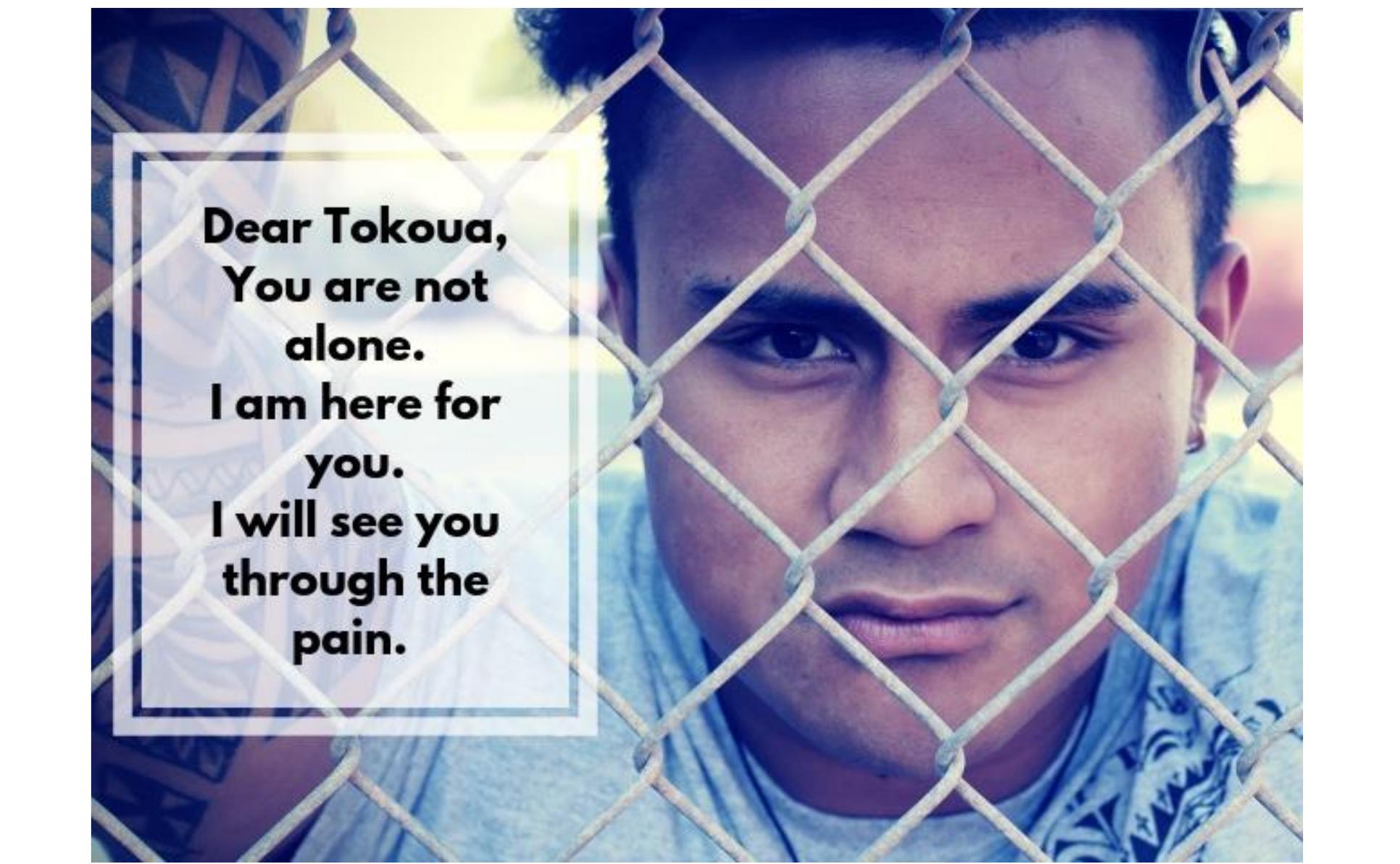
**Dear Matua,  
What I need to be okay  
is to know that I can  
talk to you about suicide  
and mental health,  
judgment free.**





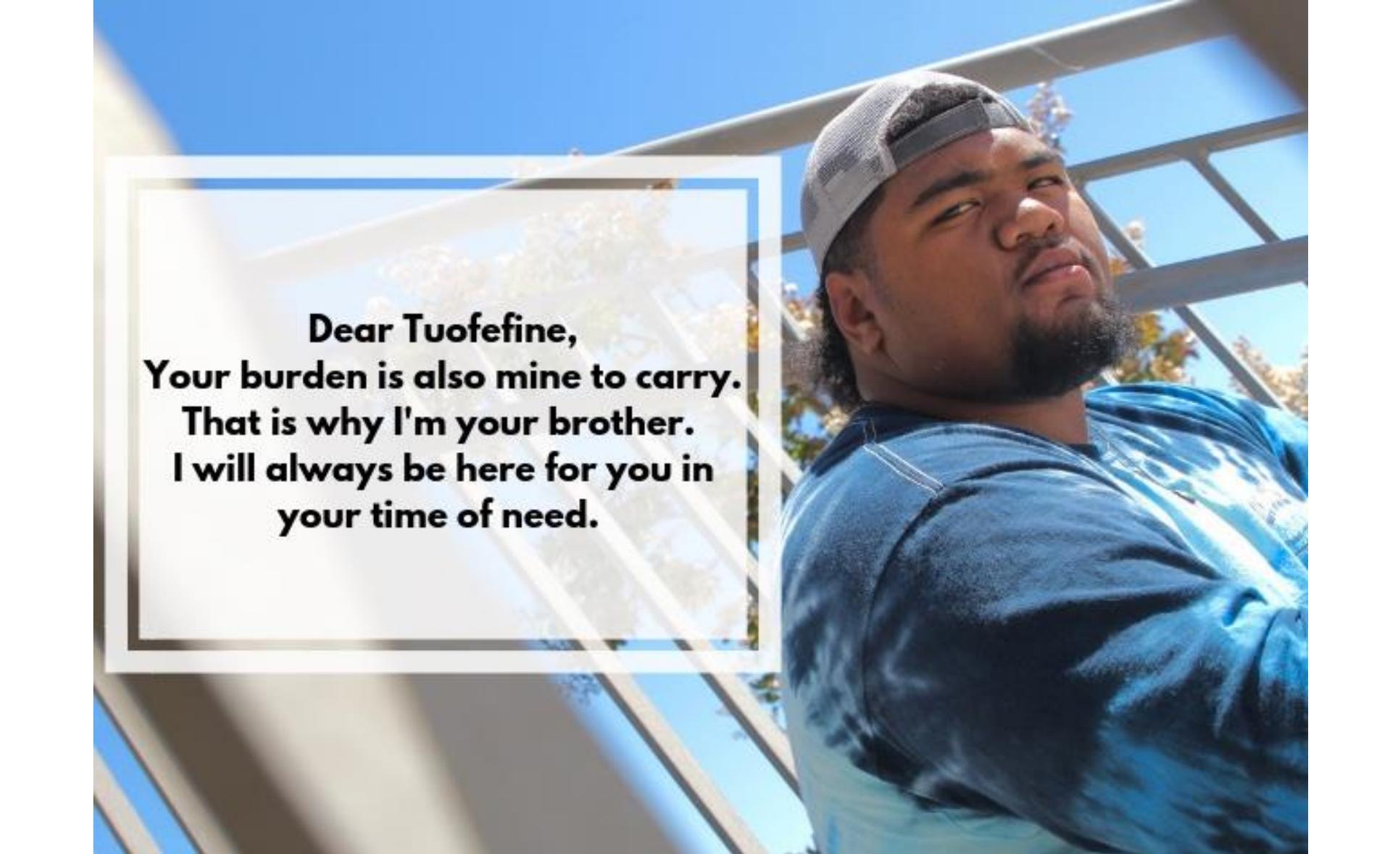
**Dear Tokoua,  
I will never give up on you.  
Please know that you can  
talk to me about anything.  
I am here for you, always.**



A close-up photograph of a man's face looking through a chain-link fence. The man has dark hair and is wearing a light blue shirt. The fence is made of silver metal links. The background is slightly blurred, showing some greenery and a bright light source, possibly the sun.

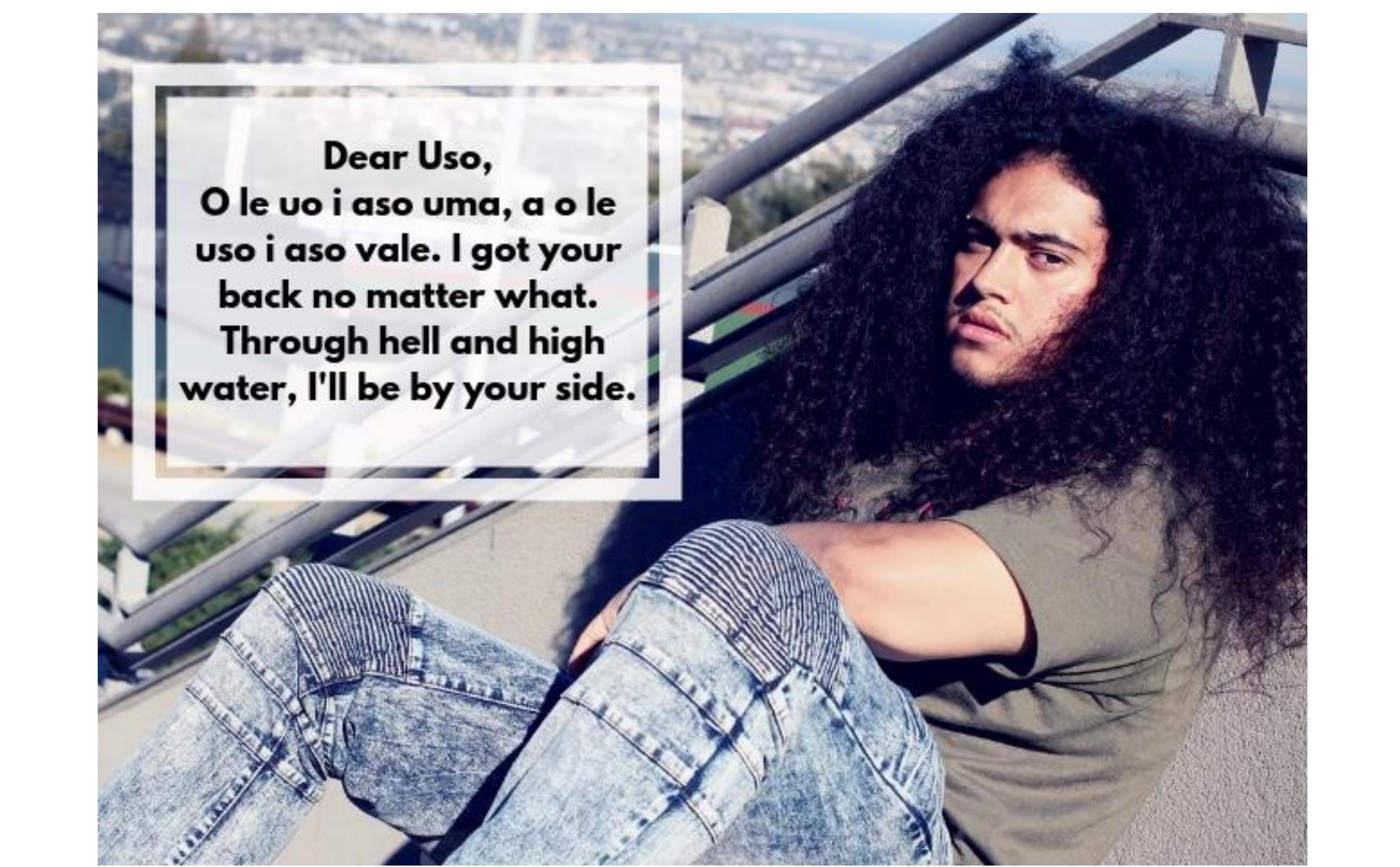
**Dear Tokoua,  
You are not  
alone.  
I am here for  
you.  
I will see you  
through the  
pain.**



A young man with a beard, wearing a grey baseball cap and a blue hoodie, is looking upwards and to the right. He is standing on a balcony or walkway with a metal railing. The background shows a clear blue sky and some greenery.

**Dear Tuofefine,  
Your burden is also mine to carry.  
That is why I'm your brother.  
I will always be here for you in  
your time of need.**





**Dear Uso,  
O le uo i aso uma, a o le  
uso i aso vale. I got your  
back no matter what.  
Through hell and high  
water, I'll be by your side.**



A young man with a black beanie, a white t-shirt, and a red and black backpack is sitting on a white metal bench. He is looking towards the camera with a slight smile. The background shows a large window with a view of a modern building and trees. The text is overlaid on a white rectangular box on the left side of the image.

**Dear Faiako,  
I am more than just your  
student; I am a whole  
person with struggles  
and challenges. I ask for  
your compassion when  
times are rough.**





**Dear Tuonga'ane,  
If I could wrap up happiness  
to give, it would always be my  
gift to you. I will always be  
here for you in your time of  
need.**





**Dear Tuafafine,  
You could never bother  
me. Hearing your voice  
could save my life.  
Please continue to check  
in with me. I'll be better  
by reaching out when  
I'm in a dark place.**





**Si'i kainga,  
'Oku mahu'inga ho'omou  
mo'ui lelei fakae'atamai  
kiate au, te tau lava 'o  
ikuna'i fakataha 'eni.**



**Dear Tuonga'ane,  
Suicide does not end your sorrow.  
It just passes it on to our family.  
I am here and I am willing  
to carry your struggles for you.  
You are not alone!**



**Dear Fanau,  
I am here for you if you  
have thoughts of suicide or  
if you feel depressed. I am  
here to listen without  
judgment. We can get  
through it together.**



