Mission

The mission of the Behavioral Health Services Department is to assist individuals in our community affected by mental illness and serious emotional disturbance to achieve their hopes, dreams and quality of life goals. To accomplish this, services must be delivered in the least restrictive, non-stigmatizing, most accessible environment within a coordinated system of community and self-care, respectful of a person’s family and loved ones, language, culture, ethnicity, gender and sexual identity.

How can a person get into the Program?
Call Behavioral Health Services Call Center Mental Health Services
1 800-704-0900
Monday – Friday
8:00 A.M. – 5:00 P.M.
Fax: 408-259-0865

The Young Adults In Transition staff

Peter Antons, LMFT
Health Care Program Manager
Anthony Cozzolino, MD
Psychiatrist
James Koomson
Mental Health Community Worker
Mauricio Lopez-Molina, MFTi
Clinician
Karla Morales, LCSW
Lead Clinician
Hanh Nguyen, LCSW
Clinician
Erl Papa, LMFT
Clinician
Erika Salcedo
Mental Health Peer Support Worker
Paula Sosa
Rehabilitation Counselor

Las Plumas Behavioral Health Center
Specialty Mental Health Services
Program for youth 18 – 25

COUNTY OF SANTA CLARA
Behavioral Health Services
Supporting Wellness and Recovery

County of Santa Clara
Behavioral Health Services Department
1 800-704-0900
Website www.sccbhsd.org/cyf
Program Description

The Young Adults in Transition Team (YATT) Program is a multidisciplinary team that provides a range of services, including outreach and engagement, therapy, social-vocational supports, and referral to housing programs.

Services are provided in English, Spanish, Vietnamese and Tagalog with bi-cultural and bilingual staff.

Eligibility Criteria

- Medi-Cal or Healthy Kids Insurance
- Young Adults Ages 18 – 25 (also age 16 – 17 with early psychosis)
- Individuals in the Community affected by Severe Mental Illness and/or Serious Emotional Disturbance, with impairment in one or more life domains, e.g., self-care, family relationships, school/vocational training/work, community living/housing
- The individual is motivated to receive mental health services

Basic Services Provided

- Individual and Family Therapy, bilingual in Spanish, Vietnamese and Tagalog
- Medication Assessment/Monitoring
- Specialty Mental Health Services for youth with a First Episode of Psychosis (FEP)
- Psycho-Education regarding diagnoses, medications, etc.
- Behavioral Management for Self-Harm Behaviors
- Basic Self-Care Building
- Collateral Support for Clients: engage family members/significant others with client’s consent
- Outreach and Case Management:
  - Referral & Coordination for School, Vocational & Rehab Programs
  - Housing Referrals
  - Assistance in Financial Support Process, e.g., SSI applications
  - Group Activities, Social Skills Building and Peer Networking

Life isn’t about finding yourself; it’s about creating yourself.