

YAT Team

The Young Adults In Transition staff

Peter Antons, LMFT

Health Care Program Manager

Anthony Cozzolino, MD

Psychiatrist

James Koomson

Mental Health Community Worker

Mauricio Lopez-Molina, MFTi

Clinician

Karla Morales, LCSW

Lead Clinician

Hanh Nguyen, LCSW

Clinician

Erl Papa, LMFT

Clinician

Erika Salcedo

Mental Health Peer Support Worker

Paula Sosa

Rehabilitation Counselor

How can a person get into the Program?

Call Behavioral Health Services Call Center

Mental Health Services

1 800-704-0900

Monday – Friday

8:00 A.M. – 5:00 P.M.

Fax: 408-259-0865



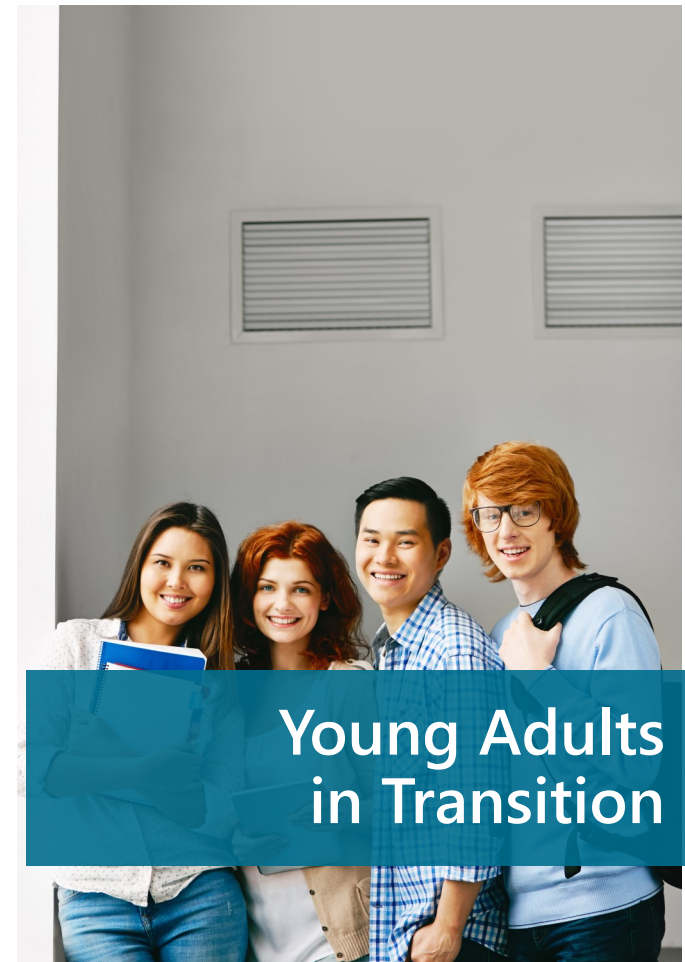
COUNTY OF SANTA CLARA
Behavioral Health Services

Supporting Wellness and Recovery

Rev. 10-21-19 sh

Mission

The mission of the Behavioral Health Services Department is to assist individuals in our community affected by mental illness and serious emotional disturbance to achieve their hopes, dreams and quality of life goals. To accomplish this, services must be delivered in the least restrictive, non-stigmatizing, most accessible environment within a coordinated system of community and self-care, respectful of a person's family and loved ones, language, culture, ethnicity, gender and sexual identity.



**Young Adults
in Transition**

**Las Plumas Behavioral Health Center
Specialty Mental Health Services
Program for youth 18 – 25**

**County of Santa Clara
Behavioral Health
Services Department
1 800-704-0900**

Website www.sccbhsd.org/cyf



Program Description

The Young Adults in Transition Team (YATT) Program is a multidisciplinary team that provides a range of services, including outreach and engagement, therapy, social-vocational supports, and referral to housing programs.

Services are provided in English, Spanish, Vietnamese and Tagalog with bi-cultural and bilingual staff.

Life isn't about finding yourself; it's about creating yourself.

Eligibility Criteria

- Medi-Cal or Healthy Kids Insurance
- Young Adults Ages 18 – 25 (also age 16 – 17 with early psychosis)
- Individuals in the Community affected by Severe Mental Illness and/or Serious Emotional Disturbance, with impairment in one or more life domains, e.g., self-care, family relationships, school/vocational training/work, community living/housing
- The individual is motivated to receive mental health services



Basic Services Provided

- Individual and Family Therapy, bilingual in Spanish, Vietnamese and Tagalog
- Medication Assessment/Monitoring
- Specialty Mental Health Services for youth with a First Episode of Psychosis (FEP)
- Psycho-Education regarding diagnoses, medications, etc.
- Behavioral Management for Self-Harm Behaviors
- Basic Self-Care Building
- Collateral Support for Clients: engage family members/significant others with client's consent
- Outreach and Case Management:
 - Referral & Coordination for School, Vocational & Rehab Programs
 - Housing Referrals
 - Assistance in Financial Support Process, e.g., SSI applications
 - Group Activities, Social Skills Building and Peer Networking