This service is so important because:

- Transgender, gender non-binary, and gender-expansive folx* regularly face individual and institutional stigma, bias, and discrimination.
- Transgender, gender non-binary, and gender-expansive folx experience an increased risk of self-harm, mental emotional distress, and suicide risks.
- Community members, and providers, have expressed the desire and need for professional development opportunities to prepare and educate clinicians around gender specialty care.
- The Behavioral Health Services Department is committed to increasing the accessibility and quality of gender affirming clinical support.

(*folx is used intentionally, to be inclusive of all marginalized groups, including people of color and all gender identities)

Consultation is provided by Lida N. Vala, LMFT, a Licensed Marriage & Family Therapist who works in private practice in Campbell, California. She identifies as a Persian-American transgender woman, and a philosopher by nature. She is a supportive figure for anyone on their gender journey. Her style of therapy emphasizes the importance and validation of a client’s lived experiences. Lida provides advocacy for the transgender and non-binary community via training and consultation for professionals.

Meet Lida here! https://youtu.be/YIKAdzVYNKs

Gender-Affirming Clinical Consultation is:

- Available now through confidential video or phone consultation (soon, in person)
- An opportunity for clinicians to discuss questions honestly and openly, and develop skills for working with trans, non-binary, and gender expansive folx
- An opportunity to learn about local resources for trans and non-binary folx
- An opportunity to gain an increased awareness of ways to best support trans and non-binary folx who consider medical interventions as a form of treatment
- A safe, space where mistakes can be made with the intention to learn from them

Request Clinical Consultation here: www.surveymonkey.com/r/GenderAffirmingConsultation

For questions, please contact The Q Corner (www.sccbhsd.org/theQCorner) at: theqcorner@hhs.sccgov.org or 408-977-8800