Peer-based mental health support for the LGBTQ+ community

www.lgbtqwell.org | facebook/lgbtqwellness | lgbtqwellness@fcservices.org
(408) 343-7944
LGBTQ Wellness promotes an affirmative culture of well-being in a diverse multi-generational LGBTQ community through services that encourage social support, holistic wellness, and education.

Our Services

- One-on-one Support
- Resources & Referrals
- Mental Health Trainings & Workshops
- LGBTQ+ Cultural Competency Training
- LGBTQ Speakers Bureau
- Outreach & Education
- Advocacy
- Community Events & Support Groups

Wellness is a program of Family & Children Services, a division of Caminar