Santa Clara County
Behavioral Health Board

7th Annual
COMMUNITY
HEROES Awards

May 2, 2018
12:00 pm—3:00 pm
San Jose Masonic Center
2500 Masonic Drive
San Jose, CA

Photography by Thomas Webb
*The Media may be present*

Supporting Wellness and Recovery
Santa Clara County
2018 Behavioral Health Board

Dr. Gary Miles, Chair
Dr. Joel Wolfberg, 1st Vice Chair
Charles Pontious, 2nd Vice Chair
Supervisor Cindy Chavez
Betty Duong, Representative
Larry Blitz
Mary E. Crocker Cook
J. Patrick Fitzgerald
Teresa Gallo
Robert Gill
Marsali Hancock
Thomas Jurgensen
June R. Klein
Wesley Mukoyama
Victor Ojakian
Evelyn Vigil

Behavioral Health Services Department
Toni Tullys, MPA, Director
Llolanda Ulloa, Behavioral Health Board Liaison
Debra Boyd, Behavioral Health Board Support

Supporting Wellness and Recovery
Better Health for All
11:30 Registration

12:00 Welcome and Introduction
   Invocation by Reverend Evelyn Vigil
   Pledge of Allegiance
   Gary Miles, Ph.D., SCC Behavioral Health Board Chair
   Toni Tullys, MPA, Director
      Behavioral Health Services Department
   René G. Santiago
      Deputy County Executive, SCVHHS
   The Honorable Joe Simitian, President
      Santa Clara County Board of Supervisors

12:45 Keynote Address
   Michael Fitzgerald, Executive Director
      Mental Health and Addiction Services-El Camino Hospital

1:10 Presentation of 2018 Awards and Commendations
   2018 Behavioral Health Community Heroes by BHB Members
   2018 CIT Officers of the Year by Kathryn Parlet

3:00 Closing
Keynote Speaker: Michael Fitzgerald, Executive Director of Mental Health and Addiction Services
El Camino Hospital

Michael Fitzgerald has lead mental health and addiction services at El Camino Hospital for the past 15 years. He has been focused on innovative program design over the past many years, developing specialized approaches to care that challenges existing payment and delivery models. He has served on regional and statewide boards, including chair of the California Hospital Association behavioral health center for the past 4 years, now is in a past chair position working on systems design and advising on legislative matters. Michael has been a speaker at many state and national level conferences, in addition to work as a consultant, expert witness and occasional clinical practice as a nurse psychotherapist. Michael chairs a task force in the county on hospital/psychiatric EMS collaboration, and is currently engaged with an international group of providers in an Institute of Healthcare Improvement—(IHI) project to strategically bring a new approach to patient engagement.

2018 SCC Behavioral Health Community Heroes

Agency Community Hero, ACT for Mental Health and Wellness, Wanda Alexander

Consumer Community Hero, Stephani Rideau

Educator Community Hero, Joyce P. Chu, Ph.D.

Elected Official Community Hero, California Senator Jim Beall and President of the SCC Board of Supervisors Joe Simitian

Faith-Based Community Hero, Pastor Tony Williams

Family Member Community Hero, Gini Mitchem

Mover and Shaker Community Heroes, Philippe Rey, Psy.D.

Young Mover and Shaker Community Heroes, Nadia Ghaffari

Program Community Heroes, Alum Rock Counseling Center Prevention & Early Intervention Program

Volunteer Community Hero, Jason Noriega and Celestine (Cella) Thomas
2018 Behavioral Health Community
Heroes, CIT Officers of the Year

Officer Nathan N. Brasil, Milpitas Police Department

Officer Joe Campagna, San Jose Police Department

Officer Theodore Davis, San Jose Police Department

Officer Brent Doiguchi, California Highway Patrol

Sergeant Troy Hoefling, Morgan Hill Police Department

Officer Maggie Leitz, City of Campbell Police Department

Officer Jeremy Martinez, San Jose Police Department

Officer Samuel Miceli, Santa Clara Police Department

Agent Robert Parham, City of Palo Alto Police Department

Officer Michael Rubino, California Highway Patrol

Public Safety Officer Anthony Sult,
Sunnyvale Department of Public Safety
ACT for Mental Health and Wellness had its origins as a grass roots people’s movement in the mid-fifties. It came from the request of people getting ready for a one year leave into the community as part of the discharge process. Social worker Vaytchie Hardiman worked with the patients and the community to form a community support Board to promote the goal of re-integration into the community. The result was incorporation as ‘All Cooperating Together for Mental Health in Santa Clara County’. This group of people named themselves ‘The Fireside Friendship Club’. They then secured space in the downtown Unitarian Church for $7.00 each month for weekly meetings. The Corporate body secured community volunteers as helpers to the Club.

When I was recruited to work with the Club in the early 1960’s, I was told this was an impossible assignment. What I saw when I took the challenge was a group of people who sincerely wished to overcome obstacles, contribute to others with compassion, honesty and sincerity. They lived without subterfuge and deceit. Their honesty and openness despite emotional challenges was impressive. They won my respect and loyalty. Today, ACT for Mental Health and Wellness maintains its grass roots, peoples’ movement. ACT is the ‘Next Step’ for people who seek belonging in the larger community. ACT provides classes in Parenting, Anger Management and Support Groups in both English and Spanish - as well as individual and group therapy which are open to all residents of Silicon Valley.

My name is Stephani Rideau; I have bipolar disorder. I became a NAMI client for about a year and that, along with an amazing opportunity to get out of my head were significant forces in turning my life around. After using NAMI resources I realized I was interested in training so that I could mentor others like me, who were either hospitalized in behavioral health units, or newly discharged. I've had many conversations or mentored a number of people who have fought or are struggling with mental illnesses. I'm happy to share I'm no longer struggling. By sharing my story I'm letting others know it's possible to get to a better place. And support, whether it's from someone like me, family, friends or even a community, can help you stay in that better place. My better place, which I referred to earlier, is consistently trying to better myself, like starting a neighborhood association to better the community I live in, and now I'm president. I also started a Meetup called San Jose Mental and Emotional Wellness Meetup for anyone interested in finding creative ways to enjoy life. I am now a San Jose City Organizer for Meetup. I'm in a pretty amazing place in my life and I hope that I can continue this path of helping others get to where I am, and that's feeling good about their life!

Joyce Chu, Ph.D., is a Clinical Psychologist, Associate Professor, and Faculty Chair at Palo Alto University (PAU). She co-directs the Center for Excellence in Diversity and Diversity and Community Mental Health (DCMH) emphasis at PAU. Her work is focused around advancing the assessment and prevention of suicide for ethnic minority and LGBTQ populations, particularly in Asian Americans. She has published numerous works including a cultural theory and model of suicide and a tool that assists in accounting for cultural influences on suicide risk. Her work is community-collaborative and aims to address the need for culturally congruent outreach and service options for underserved communities. Dr. Chu has enjoyed working with the Santa Clara Suicide Prevention Oversight Committee (SPOC) team to evaluate and infuse cultural competency into their programmatic efforts, and currently serves as the SPOC’s Data Workgroup co-chair with Dr. Shashank Joshi.
**Elected Official Community Hero, California Senator Jim Beall**

State Sen. Jim Beall has served in the Legislature since late 2006 when he was elected to the 24th Assembly District seat. His Senate District 15 encompasses San Jose, Cupertino, Saratoga, Campbell, Los Gatos, and Monte Sereno.

In three decades of public service – first as a San Jose City Councilman, then as a Santa Clara County Supervisor, and an Assemblymember -- Jim Beall has left his mark across the face of this valley.

He spurred the construction of Highways 85 and 87; fought to bring BART to San Jose; and authored bills to ease financing for seismic upgrades for our hospitals and also to grow California’s solar industry. This has meant thousands of good jobs for working families. He is known throughout California for his legislation to help foster care children, low-income families, and people with disabilities.

**Elected Official Community Hero, President, Santa Clara County Board of Supervisors Joe Simitian**

Joe Simitian is the County Supervisor for the Fifth District of Santa Clara County, representing Mountain View, Palo Alto, Cupertino, Stanford, Los Altos, Los Altos Hills, and Saratoga, along with portions of Sunnyvale and San Jose. He currently serves as President of the Board of Supervisors, Chair of the Finance and Government Operations Committee, and Vice Chair of the Health and Hospitals Committee.

Joe's public service over the years includes stints as a member of the California State Senate, the California State Assembly, Mayor of Palo Alto, President of the Palo Alto School Board, and an earlier term on the Santa Clara County Board of Supervisors. Recently, he called for the creation of inpatient psychiatric hospital beds for adolescents in the County, a project now underway.

**Faith-Based Community Hero, Pastor Tony Williams**

Known by all whom he serves as Pastor Tony, Dr. Williams is founder and senior pastor of Maranatha Christian Center in San Jose, California since 1987. Pastor Tony’s heart and outreach extend well beyond the members of his church. He launched Maranatha Outreach Center, Inc., a non-profit/non-religious community center, which offers homework assistance, tutoring, and computer training for youth and adults.

In 2001, he was appointed Chairman for Cityteam Ministry’s International Committee. Pastor Williams is a volunteer chaplain at the Santa Clara County jail as well as for the San Jose Police Department and volunteers at San Quentin prison. Pastor Tony serves as Co-Chair of Santa Clara County’s Faith Based Re-Entry Coalition and as a commissioner for the County Re-entry Commission. He is the Founder of Mission Possible Re-Entry Program and serves as an instructor for City Team Rescue Mission’s Discipleship Drug and Alcohol Program.

His missionary work has taken him all over the world – from Mexico to East Africa (Kenya), West Africa (Sierra Leone), South Africa and Mozambique, The Islands of the Caribbean, Central America, Canada from the Samoan and Fiji Islands to Dublin, Ireland and numerous locales in between. Pastor Tony currently serves on the board of directors for Cityteam Ministries. Previously he has served as a board member for the Coalition for Urban Youth Leadership, Fellowship West, Inc. (Los Angeles), and the Bay Area Billy Graham Crusade.
Family Member Community Hero, Gini Mitchem

When our adult child was diagnosed with schizophrenia, my first thought was, “How can I fix this?” As a technical support engineer at the time, my job was to find solutions. But as so many discover, I realized there is no quick fix, no one answer. We were fortunate. Our loved-one’s Kaiser doctor quickly referred us to NAMI where we took classes, became Family-to-Family teachers, and made NAMI an integral part of our lives. I served on the NAMIWalk SF Bay Area Steering Committee for ten years including chair and treasurer and am now in my third year on the Steering Committee for NAMIWalks – Silicon Valley. I love teaching Family-to-Family and Provider Education classes and am often called upon to listen to family members who are facing a crisis. I am honored to be part of the Mental Health Community, and salute our loved ones, their families, providers, and all who work to find and foster hope for a rewarding life in the community.

Mover and Shaker Community Hero, Philippe Rey, Psy.D.

Dr. Philippe Rey first joined Adolescent Counseling Services (ACS) in 1998 as Caravan House Program Director. After three years at Caravan, he became a member of the executive team as Associate Director and has now been the agency's Executive Director since 2004. Philippe was born and raised in the French-speaking region of Switzerland and came to the United States in 1984 to attend the University of California at San Diego. In 1997 his doctorate in clinical psychology with a concentration in child and family therapy was conferred by Alliant International University in San Diego. Philippe and his husband Byron operate an "Underground Dining" Supper Club in Naglee Park, San Jose which has served as a cultivation & fundraising vehicle for ACS since 2011.

Young Mover and Shaker Community Hero, Nadia Ghaffari

Nadia Ghaffari is a senior at Los Altos High School with a passion for youth mental health advocacy. In spring-2016, she founded the 501c3 nonprofit TeenzTalk after her own experience with aiding in the prevention of her close friend's suicide. TeenzTalk empowers youth voice, focusing on education and open conversation to fight the stigma around mental health. She also spearheaded TeenzTalk's first-annual Teen Wellness Conference in Sep. 2017 in Santa Clara County, bringing together 220 youth from 88 schools and 15 counties in California. Nadia most enjoys meeting people and hearing their stories; she aims to study psychology and political science in college.

Supporting Wellness and Recovery
Better Health for All
The Alum Rock Counseling Center Prevention & Early Intervention Services Program is offered at identified local schools in partnership with the SCC Behavioral Health Services Department. The goal of the program is to provide services aimed at preventing mental illness and addressing mental health conditions at the earliest possible stages. Services are provided through an integrated delivery system offering prevention, education and early interventions programs. Services are aimed to foster resiliency, confidence, good social skills and positive family relationships for both children and their parents.

Volunteer Community Hero, Jason Noriega

Jason Noriega is committed to serving, improving and making a difference in the lives of individuals diagnosed with mental illness and substance use disorders.

Mr. Noriega has volunteered at Momentum for Mental Health, where he has been a member of the Board for eight years; he currently serves as Chair. Jason believes that his life’s work is firmly entrenched in the belief that we need each other. He is a member of Venture Christian Church and is of the mindset that recognizes greater value in a diverse community, active collaboration, open communication and genuine care for those around his community. He is firmly committed to serving, improving, removing the stigma, and making a difference for all persons experiencing the impact of mental illness and/or substance use disorders.

Volunteer Community Hero, Celestine (Cella) Thomas

Celestine Thomas is mostly known as Cella. She has volunteered for approximately 15 years. Some agencies where Cella has worked at are: Food Pantry Program; Second Harvest Senior BB Food Program; Hearing Loss Assoc. of America; Senior Companion Program with the City of San Jose. Cella currently volunteers with Gardner Family Care as a Senior Companion with Mental Health Clients. She closely works with Social Workers and Clinicians helping their clients with companionship and various types of assistance. Cella believes that treating everyone with courtesy and respect in everything she does has helped her success in the gift of volunteering, which provides Cella immense satisfaction.
Kathryn Parlet was valedictorian of her high school. She received her BS degree in psychology from Whitman College in Walla Walla, Washington, in only three years and her Masters in Science from Pacific Graduate School of Psychology in Palo Alto. She is the County of Santa Clara CIT and 5150 Coordinator, in addition to being a Licensed Marriage and Family Therapist. She is the 52 person to become a Licensed Professional Clinical Counselor in the State of California and one of the first eighty people in the world to become a Certified CIT Coordinator. Her work experience includes Foothill College, The Gronowski Clinic, and the Washington State Penitentiary. She has ten years of inpatient psychiatric experience at Santa Clara Valley Medical Center, including representing the hospital in hearings concerning involuntary detention. She worked two years at the County Jail.

The Crisis Intervention Team (CIT) training seeks to bridge this gap between police response and behavioral health care by forming a partnership with health providers, law enforcement, hospital emergency departments, consumers and their families to improve responses to people in crisis. CIT training enhances communication, identifying resources for assisting people in crisis. CIT training provide officers with 40 hours of intensive training, including: connecting officers with behavioral health professionals, verbal de-escalation skills, and personal stories from consumers, who have experienced and are in recovery from behavioral health challenges. They utilize scenario-based practice on responding to crises using the county’s interactive video simulation. CIT training has been proven to reduce officer injury, reduce arrests to consumers with behavioral health challenges, increase the likelihood of treatment with community based providers, and to save money on jail diversion programs.

Officer Nathan N. Brasil, Milpitas Police Department

Officer Brasil attended the South Bay Regional Academy as a self-sponsor, where he graduated and received an award in Leadership. Upon graduating the academy, he was hired as a Police Officer with the Milpitas Police Department. He is currently assigned to the Patrol Division, and carries the ancillary assignments of; TASER Camera Instructor, Field Evidence Technician, Drug Recognition Expert (DRE) and is a team supervisor in the recently developed Homeless Outreach Team. He has received two accolades from the California Highway Patrol for the recoveries of stolen vehicles, and was recognized by the Santa Clara County during the Avoid The 13 Campaign for D.U.I. arrests. Officer Brasil has been married to his lovely wife for approximately three years and just recently welcomed the birth of his daughter.

Officer Joe Campagna, San Jose Police Department

Joe Campagna has been in the law enforcement field for over 24 years. The first five years of his career with the Santa Clara County Department of Corrections. Joe joined the San Jose Police Department in 1995 and has worked in a variety of assignments. Joe was in the first CIT Academy, and has been a member of the Tactical Negotiations Unit since 2003. Joe also served four years with the FBI on the Joint Terrorism Task Force.
Officer Theodore Davis, San Jose Police Department

Teddy Davis is a 16-year veteran with the San Jose Police Department. He is assigned to the Bureau of Administration Training Unit where he is a trainer and instructor. Teddy oversees the electronic weapons program, force options simulator instructor, force options simulator, driver simulator Instructor and continuous professional training perishable skills. Collateral duties include serving as a Department tactical negotiator, rifle specialist and Director for the San Jose Police Officer’s Association. Teddy is the San Jose Police Department Regional Training Centers lead instructor for the force options simulator course and law enforcement driver simulator course. He is responsible for instructing the force options simulator course and driver simulator instructor course for all law enforcement agencies with in the State of California. He is a certified Force Science Analyst from Force Science Institute. Previous experience includes Patrol, Backgrounds, Narcotics Covert Investigations Unit, and Covert Response Unit. Prior to his law enforcement career, Teddy spent eight years as a lifeguard and swim instructor.

Teddy has been involved with training for over 10 years. He has been instructing law enforcement officers throughout the State of California in bicycle patrol, surveillance, firearms, Emergency Vehicle Operations, Law Enforcement Driving Simulator, Tactical Firearms and Building Search Techniques, First Aid and CPR/AED, Defensive Tactics and Arrest Control Techniques, Projectile Impact Weapons, Simunitions, Active Shooter, and Rifle Specialist. He is also an instructor and mentor for the San Jose Police Department Youth Leadership Academy. Teddy earned an Associate’s Art Degree from West Valley College.

Officer Brent Doiguchi, California Highway Patrol

I grew up in the city of Mountain View and attended Mountain View High School. I was an Explorer for the Los Altos Police Department, intern for former Congressman Mike Honda, and a Nuisance Vehicle Inspector for the Sunnyvale Department of Public Safety. I attended UC Davis, interned for now Congressman Paul Cook, and entered into the CHP Academy. Upon Graduation, I was posted at the CHP South Los Angeles Area Office for approximately two years before transferring home to the CHP San Jose Area Office where I have been for the last three years.

Sergeant Troy Hoefling, Morgan Hill Police Department

Troy Hoefling has been in Law Enforcement for the last 30 years. He began his career as a reserve officer with the City of Morgan Hill in 1988. He is currently the Sergeant in charge of the Detective Division at MHPD. Troy is married to Jenelle and they have two children; Katie, 20 and Andrew, 18. Troy enjoys spending time with his family, camping, woodworking and playing golf in his spare time.

Together, making a difference in behavioral health.
Officer Maggie Leitz, City of Campbell Police Department

Officer Maggie Leitz has been employed with the City of Campbell for almost six years. Officer Leitz is currently assigned to the patrol division. She is an explorer advisor, field training officer and a crisis negotiator. On her days off, Maggie enjoys spending time with her family and loves traveling.

Officer Jeremy Martinez, San Jose Police Department (photo not included)

Officer Jeremy Martinez is a 20-year veteran with the San Jose Police Department, currently assigned to Patrol. Jeremy attended CIT Academy IX in 2001 and serves as a Peer Supporter with the Department’s Crisis Management Unit. In addition to Patrol, he holds several collateral positions. As a Detective with the Department’s Human Trafficking Task Force, as an Instructor with the Department’s Training Unit, as a Field Terrorism Liaison Officer with the Department’s Intelligence Unit, and as a Tactical Negotiator with the Department’s Tactical Negotiations Unit. Over the past 20 years Jeremy has also served with the Department’s Sexual Assault Investigations Unit, Background Investigations Unit, Homicide Unit/Day General Detail, and as a Field Training Officer.

Officer Samuel Miceli, Santa Clara Police Department

Officer Miceli began his law enforcement career in 2012 and received CIT training in 2013. In 2014, he was selected to be on his previous agency’s Crisis Negotiations Team where he furthered his training and experience with regard to dealing with persons with mental illness. Since then, he has strived to use his training whenever possible to resolve critical incidents safely. Officer Miceli believes utilizing de-escalation dialogue in law enforcement will save more lives and improve ties with the community. Officer Miceli would like to thank his wife, colleagues, supervisors and agency for constantly supporting him.
Agent Robert Parham, City of Palo Alto Police Department

Robert Parham started his police career with Palo Alto Police Department in 2002. During his 15 years with Palo Alto, Robert has held several specialties to include SWAT, Firearms Instructor, Defensive Tactics Instructor, Field Training Officer, Crime Scene Investigator, Street Crimes Team and San Mateo County Gang Task Force. Robert is a former US Marine and Gulf War Veteran, he has a B.A. in International Relations from Dartmouth College, and lives in Mountain View with his wife, three sons, and two dogs.

Officer Michael Rubino, California Highway Patrol

Officer Michael Rubino, was raised in San Jose, attended a local high school and graduated from California State University, Chico. After receiving his degree in Criminal Justice, he was assigned to the California Highway Patrol (CHP) South Los Angeles Area after graduating from the CHP Academy in October 1995. He was later assigned to the San Jose Area and worked in several task forces including Santa Clara County Specialized Enforcement Team and Sexual Assault Felony Enforcement. He is currently serving as the Safety Services Officers and has been with the Department for over twenty two years. During his time away from work, he is involved in little league and volunteers to teach water safety and scuba diving to local youths.

Public Safety Officer Anthony Sult, Sunnyvale Department of Public Safety

Anthony Sult has been a Public Safety Officer with the City of Sunnyvale since 2003. In 2012 he attended the basic CIT officer training and has been working with community members in crisis since then. Officer Sult enjoys working with and engaging mental health professionals to attempt to provide a better quality of life for those individuals in crisis in the city.

Supporting Wellness and Recovery