



Santa Clara County
Behavioral Health Board

Celebrating! *Community*

8th Annual
Community Behavioral Health Heroes Awards
Luncheon

Wednesday, May 1st, 2019
11:00 A.M. – 3:00 P.M.
Three Flames Restaurant
1547 Meridian Avenue, San José, CA



SANTA CLARA COUNTY
Behavioral Health Services

Supporting Wellness and Recovery



Santa Clara County

2019 Behavioral Health Board

Dr. Gary Miles, Chair

Charles Pontious, 1st Vice Chair

Dr. June Klein, 2nd Vice Chair

Supervisor Cindy Chavez

♦ Maja Marjanovic, Representative

Larry Blitz

Mary E. Crocker Cook

Teresa Downing

Rev. J. Patrick Fitzgerald

Robert Gill

Marsali Hancock

Thomas Jurgensen

Wesley Mukoyama

Victor Ojakian

Rev. Evelyn Vigil

Dr. Joel Wolfberg

Behavioral Health Services Department

Toni Tullys, MPA, Director

Debra Boyd, Behavioral Health Board Liaison

Jessie Ferguson

Vivian Pho



SANTA CLARA COUNTY
Behavioral Health Services

Supporting Wellness and Recovery

11:00 Registration

12:00 Welcome & Introduction

Invocation by Reverend Evelyn Vigil

Pledge of Allegiance

Dr. Gary Miles, Behavioral Health Board Chair

Toni Tullys, MPA, Director, Behavioral Health Services Department

René G. Santiago, Deputy County Executive, Health System

12:30 Keynote Address: Jeffrey V. Smith , M.D., J.D.
County Executive, County of Santa Clara

1:00 Presentation of 2019 Awards and Commendations

2019 Behavioral Health Community Heroes by Behavioral Health Board (BHB) Members

Llolanda M. Ulloa Appreciation Award

2019 Crisis Intervention Training (CIT) Officers of the Year by Kathryn Parlet, LMFT

3:00 Closing



Supporting Wellness and Recovery

Keynote Speaker: Jeffrey V. Smith , M.D., J.D.



Dr. Jeffrey Smith, who prefers to be called Jeff, is the County Executive of Santa Clara County. Jeff came to Santa Clara County in 2009 with an extensive resumé. He has the unique distinction of having served as a doctor, lawyer, an elected official, and an executive leader.

At the outset of his career, Jeff served as the first Medical Director of a new, integrated medical and psychiatric inpatient unit and as a Family Practice Staff Physician. He then moved to the Hospital and Clinics Division where he served as Assistant Chief of Surgical Service, Family Practice Residency Program Director, Chief Medical Officer and Family Practice Residency Director, and Executive Director of the Contra Costa Regional Medical Center and Health Centers.

From 1992 to 1996, Jeff served on the Board of Supervisors in Contra Costa County. There he authored the Better Government Ordinance—a local open government plan, the original Industrial Safety Ordinance—allowing local regulation of heavy industry, and promoted program-based budgeting. He also emphasized the importance of the Children’s and Families Budget for Contra Costa County.

Jeff served for four years as Councilmember for the City of Martinez, where along with his colleagues, he addressed transportation, downtown revitalization, land use, and reorganization of administrative structures.

Jeff graduated from the University of Southern California School of Medicine as a medical doctor and is certified by the American Board of Family Medicine. He earned his Juris Doctor degree from the University of California, Berkeley, School of Law.

2019 SCC Behavioral Health Community Heroes

Agency Community Hero: Central Wellness and Benefits Center

Consumer/Client Community Hero: Karen Flink

Educator Community Hero: Barry Goldman-Hall

Family Member Community Heroes:

Nancy Boyle

Kathy Burden

Carol DeCarvalho

Media Community Hero: Ed Clendaniel, San Jose Mercury News

Mover and Shaker Community Hero: Adrienne Keel

Program Community Hero: Community Integrated Work Program

Volunteer Community Hero: Bill Fritz

2019 SCC Behavioral Health Community Heroes: CIT Officers of the Year

Officer Mohammed Ali, Milpitas Police Department

Officer Wayne Boom, Los Gatos-Monte Sereno Police Department

Sergeant Martin Contreras, California Highway Patrol

Officer Daniel Cuevas, Palo Alto Police Department

Officer Kelli Janda, Los Altos Police Department

Officer Kirk Kim, Sunnyvale Department of Public Safety

Officer Mason Motomura, Mountain View Police Department

Sergeant Brad Rice, Campbell Police Department

Officer Kevin Vitorelo, Los Altos Police Department

Officer Adam Wilson, Santa Clara Police Department

Together, Making a Difference in Behavioral Health.

2019 SCC Behavioral Health Community Heroes



Central Wellness & Benefits Center team from left to right: Dr. Braverman, Herlindo Fernandez, Judy DeLeon, Marcella Rodriguez, Loann Pham, Emily Esparza, Chinar Patel, Jenny Ramirez, Silvia Vijil, Michael Valenzuela, Sr., Tirus Ashford, Henry Kamara

Agency Community Hero: Central Wellness & Benefits Center

The County's Central Wellness and Benefits Center is consumer focused, professional, caring, and compassionate. The clinic goes beyond the standard services and seeks to improve the quality of life for the clients/consumers. Central Wellness & Benefits Center is an outpatient mental health specialty clinic that serves adults, who may be uninsured individuals and the mild to moderate population who reside in Santa Clara County. CWBC has an exceptional team. The team members consist of a diverse multi-disciplinary team that reflects the population we serve. The staff are passionate, dedicated and love what they do—helping clients. They provide C.I Care customer service to the clients and their support system. They go out of their way to ensure that they meet the client's needs. CWBC team members are culturally sensitive, culturally competent and take pride in the work they do. It is an honor for this team to be recognized for all they do and for the tremendous positive impact they have on the lives of the clients they serve.

Supporting Wellness and Recovery

Consumer/Client Community Hero: Karen L. Flink



I had a nine year career as a paralegal when after experiencing a difficult period in my life, I had a serious reaction to a mild psychiatric medication that caused a severe mental illness with psychotic symptoms that lasted five years. When the right medication combination was found, the voices went away and my recovery began. With the help of National Alliance on Mental Illness (NAMI), I was able to educate myself on my disorder, symptoms and treatment options, and found that the true magic in my recovery was peer support. I began to volunteer at NAMI, first as a Peer Mentor teaching the Peer-to-Peer Recovery class, then as the facilitator for the weekly NAMI Connection Recovery Support Group, and then I became a California State Connections State Trainer. I also began to volunteer at ACT for Mental Health and then at Zephyr Self-Help Center. In 2010, I was hired as a part-time Facilitator at Zephyr. In 2012, I was hired as the full-time Lead Mental Health Peer Support Worker at Zephyr. I have worked at all three Self-Help Centers, Phoenix, Zephyr and Esperanza, but my home is at Zephyr. I have been blessed to be working with an amazing team of peer support workers in Consumer Affairs led by our dynamic Program Manager Jennifer Jones. I could not do the work that I do without the support, motivation, and inspiration of my team: John Hardy, Enrique Ruiz, Michelle Blade, Lorraine Zeller, Linda Eskridge, Lina Som, Robert Moody, Julie Helfrich, Liliana Carrisoza, Kai Shimabukuro, Krissy Zammaron, Raina Houston, Natalie Rengal, and with those who have moved on, Regina Caudillo, Veronica Regalado and Brian Pham. They are the true heroes of our team and I am in deep gratitude to be working side-by-side with these amazing and generous individuals.

Educator Community Hero: Barry Goldman-Hall, LCSW



Barry Goldman-Hall, LCSW is a long-time Clinical Professor on the faculty of the School of Social Work at San José State University. He is currently the Mental Health Consultant to Student Health Services at West Valley College in Saratoga. A 1978 graduate of the University of Chicago's School of Social Service Administration, and a Licensed Clinical Social Worker, he has worked in numerous professional capacities with children, teens, adults, and families for the past 41+ years. As a Social Work Educator, family therapist, clinical supervisor, consultant, trainer, program developer, and mental health administrator he has a special interest in, and expertise with, high-risk adolescents and their families. He has published articles in *The Journal of Family Process* and *The National Association of Family-Based Services' Empowering Families Journal*. He is an avid sea kayaker, hiker, and cyclist, married to a Clinical Social Worker in the health field, the father of two young men, father-in-law to an impressive young woman, and grandfather to an enchanting 6 year-old girl.

Family Member Community Hero: Nancy Boyle



Back in 2007, the Eating Disorders Resource Center (EDRC) started the Parent and Loved Ones of Individuals Suffering from Eating Disorders Support Group. This free support group is held bimonthly at El Camino Hospital in Los Gatos, on the second and fourth Saturday of each month. Nancy Boyle offered to co-lead and lead the support group, as she did not want anyone else dealing with these issues to feel alone. The goal for the group is to help parents and loved ones leave with new coping skills, and feel more confident in themselves and in dealing with difficult family issues, which come with this serious and complex mental illness. She goes above and beyond to meet with families who aren't always able to make it to meetings or are in need of extra support. Many families have attended this group over the years, which provides emotional and educational support and local resources to those families dealing with possible life-threatening illnesses, such as anorexia and bulimia. In addition, Nancy has also represented the EDRC at national and local events and has been a key advocate helping many families navigate the insurance system, when clients are denied treatment.

Family Member Community Hero: Kathy Burden



Kathy has lived in San José for most of her life. She has 2 grown sons who also live in the Bay Area, and she currently works for a technology corporation. In addition to volunteering with NAMI, she volunteers at the San José Animal Shelter as a 'dog volunteer', comforting small, shy, scared dogs as they wait for adoption. Her hobbies are movies, reading and travel.

Family Member Community Hero: Carol DeCarvalho



Carol has volunteered at NAMI since 2017. Her professional background is as a pediatric physical therapist. Most of her 40 years as a therapist were in the Santa Clara County schools working with children with physical and cognitive challenges to reach their full potential in their educational setting. The idea of accepting each individual "where they are", and providing support and resources to maximize their abilities carries over in her work in the Jail/Court Support Group for Family Members.

Carol enjoys spending time with family and friends. She is an avid hiker and has walked the Camino de Santiago with her husband Francis. This long journey through parts of Portugal and Spain reminds her to concentrate on one step at a time to reach a goal; it is through the journey that we find our inner strength and the support of others, and healing takes place.

Media Community Hero: Ed Clendaniel



Ed Clendaniel is The Mercury News Editorial Page Editor, a position he has held since February 1, 2018. He joined the Mercury News in 1985 and was the editor of the Sunday Perspective section from 1987-1996. He worked for Forbes ASAP from 1997-2001 and returned to the Mercury News in 2002 as a member of the Editorial Board specializing in health care issues. Ed lives in San Jose with his wife, Barbara Metzler. They have three children (Duncan, Laura and Cameron).

Mover and Shaker Community Hero: Adrienne Keel



Adrienne Keel is the current Director of LGBTQ Programs for Family & Children Services, a division of Caminar. She oversees both the LGBTQ Youth Space, a drop-in center and counseling program for LGBTQ+ youth ages 13 – 25, and LGBTQ Wellness, a multigenerational mental health education and advocacy program. Adrienne graduated with a BA in psychology from San José State University in 2010, and she has been with the LGBTQ Youth Space since 2011.

Program Community Hero: Community Integrated Work Program (CIWP)



Community Integrated Work Program team from left to right: An Davis Dao, Akia D. Hasan, Matthew Coughlan, Norma James-Jeffries, Bernard Jerry Brown, Denver Velasquez. Not pictured Amy Simons.

CIWP serves the often invisible population of the developmentally disabled and mentality ill, who have been historically neglected and abused on the outskirts of society. We believe that everyone is a person, and therefore deserves the dignity of choice and the respect of their peers. We see client behaviors, not as negative events, rather as challenges to overcome so that we can all lead productive, healthy, and happy lives.

Program Community Hero, Community Integrated Work Program (CIWP) Cont'd.

CIWP strives to be heroic, not as a blockbuster movie, but through the persistent daily struggle of everyday life. Through community integration, we advocate for the voiceless to speak, and persevere for the powerless to manifest their power. At CIWP, a staff with a diverse set of skills, dedication, and many years of experience serves consumers in a community-based work environment. Consumers with developmental disabilities and mental illness are offered various employment settings. These settings highlight functional skills, options for change, and opportunities for advancement. At CIWP, we pride ourselves on building productive relationships within the community, while at the same time having consumers' health, welfare and safety at the forefront of our endeavors. All of these factors, combined with a staff committed to making a difference in people's lives is what makes CIWP a community hero.

Volunteer Community Hero: Bill Fritz



My name is Bill Fritz and I'm a person in long term recovery. Because I have been on this recovery journey, I have been able to retire from WG Fritz Construction and to start a 501(c)(3) nonprofit corporation, www.manypathsonedestination.org that strives to increase awareness and understanding of addiction and recovery. Many Paths One Destination has been instrumental in allowing me to focus on helping others. I do this by providing food at various homeless shelters such as LifeMoves, Julian Street Inn, Mariposa Lodge for Women, and Georgia Travis Center on a weekly basis. In addition, I have been providing a weekly class on addiction for the last 5 years, at the Santa Clara County Reentry Resource Center and have recently started providing a similar weekly class at Home First Boccardo Center on Little Orchard. In the past two months I have also been asked to speak at Andrew Hill and Santa Teresa High Schools. Needless to say my life is a miracle.

Appreciation Award: Llolanda M. Ulloa



Llolanda is blessed in multitudes. She immigrated from Mexico in the mid 70's, and has lived in San Jose for more than 40 years. She is happily married to Jorge and blessed with son Erik and daughter Stephanie. She has worked for Santa Clara County for 21 years in four different Departments, including ten years in Behavioral Health Services. During her free time, Llolanda enjoys volunteering at church, working out with her parents, watching a good game in different sports and, on warm days, she really enjoys riding bikes with her husband. She also enjoys gatherings with family and friends, nature, camping, good music and dancing.

2019 SCC Behavioral Health Community Heroes

10 CIT Officers of the Year Introduction by Kathryn Parlet



Kathryn Parlet, LMFT, received her BS degree in psychology from Whitman College in Walla Walla, Washington, and her Masters in Science from Pacific Graduate School of Psychology in Palo Alto. She is the County of Santa Clara CIT and 5150 Coordinator, in addition to being a Licensed Marriage and Family Therapist. She is proud to be the 52nd person to become a Licensed Professional Clinical Counselor in California, and one of the first 80 people in the world to become a Certified CIT Coordinator. Her work experience includes Foothill College, the Gronowski Clinic, and the Washington State Penitentiary. She has ten years of inpatient psychiatric experience at Santa Clara Valley Medical Center, including representing the hospital in hearings concerning involuntary detention. She also worked two years at the County Jail.

Crisis Intervention Team Training

The Crisis Intervention Team (CIT) training seeks to bridge the gap between police response and behavioral health care by forming a partnership with health providers, law enforcement, hospital emergency departments, and consumers and their families to improve responses to people in crisis. CIT training enhances communication, identifying resources for assisting people in crisis. CIT training provides officers with 40 hours of intensive training, including: connecting officers with behavioral health professionals, verbal de-escalation skills, and personal stories from consumers who have experienced and are in recovery from behavioral health challenges. The CIT Officers utilize scenario-based practices to respond to crises using the County's interactive video simulation. CIT training has been proven to reduce officer injury, reduce arrests of consumers with behavioral health challenges, increase the likelihood of treatment with community based providers, and save money on jail diversion programs.

Officer Mohammed Ali, Milpitas Police Department

Officer Mohammed Ali was hired by the Milpitas Police Department in 2002, and quickly became a dependable member of the department. In 2007, he was assigned as a member of the Technology Application Group, where he leveraged cutting edge technology to improve effectiveness and efficiency. In 2008, he was assigned to the Traffic Safety Unit as a DUI Enforcement Officer. During this time he made hundreds of DUI arrests, and in 2009 he was selected as a recipient of the prestigious Mothers Against Drunk Driving (MADD) Hero Award. In 2014, Mohammed was selected as a Field Training Officer responsible for training new police officers. In 2015, Mohammed joined the Crisis Negotiations Team as a Hostage Negotiator. Mohammed has been instrumental in the negotiation and safe surrender of several individuals suffering from mental crisis. In 2016, Mohammed became a detective in the Special Investigations Unit. Mohammed has been the primary investigating detective on a number of complex and high profile investigations during his tenure as a detective. Mohammed has also held ancillary assignments including a department armorer, vehicle operations instructor, and Mobile Field Force member.

Mohammed enjoys police work and values opportunities to share his experience with new officers. In his spare time, Mohammed appreciates spending time with his wife of 16-years and their two children.

Officer Wayne Boom, Los Gatos-Monte Sereno Police Department



Officer Boom began his career with the Los Gatos-Monte Sereno Police Department in 2010 as a Community Service Officer assigned to the Patrol Division. He graduated from the San Jose Police Academy in 2013 and has worked assignments in patrol and in the investigations division as a detective. Officer Boom is currently a member of the Field Training Officer Program, Peer Support Team, Bike Patrol Team, and Hostage Negotiations Team. For the last four years Officer Boom has also served as the Los Gatos-Monte Sereno Police Department's homeless resource officer, which is proactive in providing outreach and services for the homeless population. Officer Boom is a CIT Trained-Officer currently assigned to patrol

Sergeant Martin Contreras, California Highway Patrol



Marty Contreras was born in Norwalk, CA on November 7, 1968. A lifelong resident of California, he spent his childhood in Rubidoux, CA and attended Rubidoux High School. He started working for Stater Bros. Markets in 1987 and met his wife Season in 1994 while working for Stater Bros. After getting married in 1999, Marty and Season moved to Trinity County where Marty worked for Firestorm Wildland Fire Suppression. He continued to fight fires while applying to the CHP academy and going through the acceptance process. In January 2004 the couple's son, William was born. Marty was accepted into the academy in February 2005 and learned on his first weekend home that they were again expecting. Their daughter, Emilie, was born in October 2005.

Marty started his CHP career in the Santa Cruz Area in August 2005. He became a motor officer in 2008. Marty promoted to Sergeant in 2015 and is currently serving as a Motor Sergeant at the San Jose Area office. He lives in Hollister and enjoys traveling with his family on his time off.

Officer Daniel Cuevas, Palo Alto Police Department



After graduating from UC Berkeley, Dan Cuevas joined the Palo Alto Police Department in 2017. Dan currently works midnight shift and has been very active on patrol making arrests and involved in numerous high profile incidents. Dan is appreciative and thankful for his nomination for this award. Officer Daniel Cuevas is being nominated by the Palo Alto Police Department for his outstanding efforts throughout 2018 in working with Palo Alto community members. During 2018, Officer Cuevas was assigned to patrol and was involved in eighteen incidents in which he helped people. Officer Cuevas' outstanding efforts in 2018 are consistent with the philosophy and practices of crisis intervention and have made a lasting impact on Palo Alto Police Department's partnership with our community.

Officer Kelli Janda, Los Altos Police Department



Officer Kelli Janda began her career in law enforcement with the San Jose Police Department in 1996. In 2015, Officer Janda joined the Los Altos Police Department. Officer Janda was selected as a Canine Handler in 2018 and she selected “Bo” for her new partner. Bo is a full bred German Shephard and was born in the Czech Republic on September 5, 2016. Officer Janda and Bo graduated from the K9 patrol school and began working as a team on April 4, 2018. Kelli has a passion for Crisis Intervention and is excited to be honored with the CIT Officer of the Year for Los Altos Police Department.

Officer Kirk Kim, Sunnyvale Department of Public Safety



PSO Kirk Kim has been with Sunnyvale DPS since September 2000 and has been assigned a wide range of assignments, such as Field Training Officer, Detective, Mobile Field Force, Critical Incident Stress Management Team and CIT. PSO Kim has had a significant impact on the Crisis Intervention Team since its inception and has played a vital role as a past Coordinator and advocate of the program. He has collaboratively engaged with various Mental Health organizations and created lasting relationships which have benefited the citizens of Sunnyvale and those in need of assistance.

PSO Kim has taken the lead in applying innovative techniques, such as de-escalation, during critical incidents involving a mental health component. PSO Kim has been able to render numerous scenes safe and provided aid by utilizing his calm demeanor, specialized skills, and vast work experience. PSO Kim continually takes initiative to engage individuals in need of mental health services in an attempt to find a positive solution for all.

Officer Mason Motomura, Mountain View Police Department



Mason Motomura has been a vital part of the department since 2000, when he joined Mountain View PD. Mason—fondly known as Moto—has played a pivotal role on the department’s Crisis Negotiation Team since 2012. He is known for his incredible soothing demeanor, and his unwavering ability to remain steady and calm under pressure. These characteristics proved to be critical this past year, when on June 6, 2018, Officer Motomura responded to a residential daycare with 17 people inside, one being the 38 year old son of the people that ran the daycare. The son had a knife to his throat and was threatening suicide. After safely evacuating the house, Mason was able to talk the son into dropping the knife and surrendering peacefully.

Officer Mason Motomura, Mountain View Police Department Cont'd.

This is just one of many examples of the type of work Mason does on a day to day basis, and the results he delivers with successfully resolving tense and high-risk incidents. We are lucky to have him.

In his off-time, Mason spends time with his wife and four children, visiting family in Hawaii and Arizona, and going kayaking, bicycling and working on cars.

Sergeant Brad Rice, Campbell Police Department



Brad Rice was hired by the Campbell Police Department in April 2008. He is a graduate of UC Santa Barbara where he majored in Law and Society. Brad has held a variety of assignments during his tenure at the Campbell Police Department including being an investigator for the Santa Clara County Specialized Enforcement Team, a member of the SWAT Team, and the supervisor of the Field Training Program. Brad was promoted to Police Agent in June 2013 and then promoted to Police Sergeant in July 2017. He is currently assigned to the Patrol Division.

Officer Kevin Vitorelo, Los Altos Police Department



Officer Kevin Vitorelo graduated the 186th Police Academy at the Santa Rosa Junior College Public Safety Training Center in September of 2015. He began his law enforcement career with the Petaluma Police Department in April of 2016. In 2017, he was hired to work for the Los Altos Police Department. That same year, he completed his Crisis Intervention Training. Kevin is the K9 agitator for the department, and he was recently selected to be a motor officer for the department. Born and raised in the North Bay area, Kevin currently resides with his girlfriend of 5 years. He enjoys hunting, fishing, and riding mountain bikes in his spare time.

Officer Adam Wilson, Santa Clara Police Department



Officer Adam Wilson has been in Law Enforcement for the past 11 years. He joined the Santa Clara Police Department as a police officer in February of 2012. He then attended the Santa Clara County Crisis Intervention Training course in 2013. Adam joined the Santa Clara Police Department's Hostage Negotiation Team in 2014 and is still an active member of the team. Adam is married and has two children. In his off time, he enjoys spending time with his family as they enjoy scouts, sports, and the outdoors.

Special thanks to everyone who helped make this event a success.
Your comments, support and encouragement helped make this event successful.

You are All Behavioral Health Community Heroes!

On behalf of the Santa Clara County Behavioral Health Board and
Behavioral Health Services Department,

Thank You!!



Joy Alexiou

Public Communications Program Manager

Anne Chang

Public Communication Specialist

Donna Contreras

Executive Assistant I

Tanya Fregoso

Administrative Assistant

Sophia Huang

Peer Support Specialist

Veronica Jimenez

Administrative Services Manager II

Evonne Lai

Administrative Services Manager II

Patricia Medina

Administrative Assistant

Sandy Mendoza

Associate Management Analyst

Kathryn Parlet, LMFT

Mental Health Program Specialist

Claudia Salazar

Office Specialist III

Ann Shaw

Associate Management Analyst

Hema Thanapathy

Procurement Contracts Specialist

Alexandra Weight

Executive Assistant II

Santa Clara County Print Services

Alex Johnson Photography

Ben Litho

Presenta Plaque

Three Flames Restaurant



Santa Clara County
Behavioral Health Board

Thank you for joining us 2019 in...

*Celebrating!
Community*

*See you next year at the
9th Annual*

Community Behavioral Health Heroes Awards Luncheon

Website: www.sccbhsd.org/bhb

Email: bhb@hhs.sccgov.org



SANTA CLARA COUNTY
Behavioral Health Services

Supporting Wellness and Recovery