

# YOUTH MENTAL HEALTH FIRST AID TRAINING

Register for this  
**FREE 8-Hr. class!**

**12:30 P.M. – 04:30 P.M.**  
Registration starts at 12:00 P.M.

Monday, May 20, 2019  
Wednesday, May 22, 2019

Learning Partnership  
1075 E. Santa Clara St., 2nd Flr.  
San José, CA 95116

NOTE: Due to our Program Policy, we reserve the rights to reschedule the training if less than ten (10) participants are present the first day of training.

You must attend both sessions to receive a certificate.



MENTAL  
HEALTH  
FIRST AID



SANTA CLARA COUNTY  
Behavioral Health Services



## Learn how you can help someone in emotional distress, and:

- To identify the risk factors and warning signs for a range of mental health problems
- To recognize the signs and symptoms of mental health illnesses
- To learn a 5-step action plan to assist a youth in crisis

To register, please contact:

Semert Haile

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