

# MEN'S GROUP



Thursdays 10:30 A.M. - 11:30 A.M.

This is a peer support group where men receive support and share their experiences.

We help each other out by providing a safe place and sharing our experiences.

\*We use an inclusive definition of "man" and "male": we welcome trans men, genderqueer men, and non-binary people who are significantly male-identified\*

Esperanza Self Help Center  
1235 First Street  
Gilroy, CA 95020  
(408) 852-2460  
Website: [www.sccbhsd.org/esperanza](http://www.sccbhsd.org/esperanza)



COUNTY OF SANTA CLARA  
**Behavioral Health Services**

Supporting Wellness and Recovery