

Women's Group



Thursdays, 10:30 A.M. - 11:30 A.M.

We will discuss topics and issues related to:

Self-determination, empowerment, healing, self-esteem, personal development, and relationships.

We hope you join us in supporting one another where you feel comfortable sharing your life's journey.

We use an inclusive definition of "woman" and "female": we welcome trans women, genderqueer women, and non-binary people who are significantly female-identified

Esperanza Self Help Center

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COUNTY OF SANTA CLARA
Behavioral Health Services

Supporting Wellness and Recovery