

Zephyr Self Help Center's

Check-In Group

After the weekend, this peer support group is a great place to meet new people, share your weekend experiences and be part of community of support, recovery and wellness.



Monday 1:30-2:30 PM

Zephyr Self Help Center

1075 E Santa Clara Street

San Jose, CA 95116

(408)792-2140

www.sccbhsd.org/zephyr



COUNTY OF SANTA CLARA

Behavioral Health Services

Supporting Wellness and Recovery