

Women's Group



Thursdays, 12:00 P.M. —1:30 P.M.

We will discuss topics and issues related to:

Self-determination, empowerment, healing, self-esteem, personal development, relationships, creating a personal vision, personal growth and moving forward.

We hope you join us in supporting one another where you feel comfortable sharing your life's journey.

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COUNTY OF SANTA CLARA
Behavioral Health Services

Supporting Wellness and Recovery