

# MEN'S GROUP



Wednesdays 1:15 P.M. to 2:15 P.M.

This is a peer support group where men receive support and share their experiences.

We help each other out by providing a safe place and sharing our experiences.

Zephyr Self Help Center  
1075 E. Santa Clara Street  
(Back of the Building)  
San Jose, CA 95116  
(408) 792-2140  
[www.sccbhsd.org/zephyr](http://www.sccbhsd.org/zephyr)



COUNTY OF SANTA CLARA  
**Behavioral Health Services**

Supporting Wellness and Recovery