





## How to Get Started:

Just call **1-800-488-9919**. A counselor will talk with you about the support you need.

Or, visit our website at

<https://www.sccgov.org/sites/bhd>

## Who We Are:

For over 25 years we have worked diligently to serve adults, youth, and their families to address substance abuse, and strengthen families and communities in Santa Clara County. Our team of therapists specialize in working with adults, youth and families that are struggling with substance use and mental health issues.

## Services Provided:

- Outpatient Services
  - Personalized counseling services that includes psychiatric services if needed
- Residential Services
  - Structured live-in services in a supportive facility for men, women, youth, and men or women with children under age 5.
- Detox Services (Withdrawal Management)
  - These facilities provide 24-hour supervised non-medical withdrawal from alcohol and other drugs.
- Medication assistance for individuals addicted to alcohol and other drugs
  - Medications include
    - Suboxone
    - Vivitrol
    - Methadone
- Services for mothers, pregnant and post-partem women
  - Individual and group treatment, and case management services
  - Child care is available during treatment services
  - Residential services for women post partem for up to 60 days



## Take This Quiz:

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- Tăng cường hệ thống hỗ trợ khách hàng
- Hỗ trợ các gia đình trong việc đối phó với thân nhân đang có vấn đề về sử dụng ma túy/rượu.