Teen Emergency and Wellness Resources

**Emergency and Crisis Hotlines**
- Emergency: 911
- Santa Clara County Suicide and Crisis Hotline: 1-855-278-4204
- Crisis Text Line: Text 741741
- Bill Wilson Youth Hotline 408-850-6140
- California Youth Crisis Line: 1-800-843-5200
- Self-Injury/Cutting: 1-800-DONT-CUT (1-800-366-8388)
- National Runaway Switchboard: 1-800-RUNAWAY

**Sexual Assault and Child Abuse Resources**
- Santa Clara County Child Abuse and Neglect Center: 1-822-SCC-Kids
- Legal Advocates for Children and Youth: 408-280-2416
- YWCA Silicon Valley: 1-800-572-2782
  [https://ywca-sv.org/support-services/](https://ywca-sv.org/support-services/)
- National Sexual Assault Hotline (RAINN): 1-800-656-HOPE (4673) ([www.rainn.org](http://www.rainn.org))

**Sexual and Reproductive Health Services**
- STD/STI Hotline: 1-800-227-8922

**LGBTQ Resources**
- Santa Clara Office of LGBTQ: 408-678-2900
- Billy DeFrank Center: 408-293-3040
- The LGBTQ Youth Space: 408-343-7940
- Gay and Lesbian Youth Hotline: 1-800-347-TEEN
- The Outlet Program/Adolescent Counseling Services: 650-424-0852
- National LGBTQ Help Line (Trevor Lifeline): 1-866-488-7386

**Mental Health Services**
- National Alliance on Mental Illness (NAMI): 408-453-0400, 1-800-950-6264
- Bill Wilson Youth Mental Health Services: 408-243-0222
- Adolescent Counseling Services: 650-424-0852 x108

**Domestic Violence Help/Hotlines**
- Community Solutions (South County): 1-877-END-SADV (1-877-363-7238)
- Next Door Solutions to Domestic Violence: 408-279-2962
- YWCA Silicon Valley: 1-800-572-2782
- Asian Americans for Community Involvement: 408-975-2739
- Maitri: 1-888-862-4874

**Drug and Alcohol Recovery Services**
- Santa Clara County Substance Use Services: 1-800-488-9919
- Substance Abuse National Hotline: 1-800-662-HELP (4357)
- Peninsula Young People in AA: [www.penypaa.org](http://www.penypaa.org)

**Housing and Meals**
- Santa Clara County Housing: 1-877-428-8844
- Second Harvest Food Bank: 1-800-984-3663

**Employment Opportunities**
- Youth at Work: [www.youthatwork.org/](http://www.youthatwork.org/)
- Work to Future: [www.work2future.biz/](http://www.work2future.biz/)

**Sexual and Reproductive Health Services**