

EDUCATIONAL CLASSES

| AGENCY | CLASSES | sliding fee | languages |
|--|---|-------------|----------------------------------|
| ACT for Mental Health, Inc. San Jose, 408-287-2640 | parenting anger mgmt | y | English |
| AGAPE San Jose, 408-313-8309 coach@agapeco-parent.com | co-parenting classes co-parenting coaching | \$100-\$175 | English |
| Almaden Valley Counseling Youth Service San Jose, 408-997-0200 | parenting | \$110-145 | English |
| Alum Rock Counseling Center San Jose, 408-294-0500 Crisis line, 408-294-0579 www.alumrockcc.org | parenting for teens anger mgmt groups | Free | Spanish Vietnamese English |
| Asian Pacific Family Resource Ctr San Jose, 408-299-1500 | basic parenting -12 wks parenting w/o violence -16wks 52 wk Domestic Violence | y | multi-lingual |
| Bill Wilson Counseling Ctr. Santa Clara, 408-243-0222 www.billwilsoncenter.org | parenting group | | multi-lingual |
| Catholic Charities San Jose, 408-944-0282 | | y | Spanish English |
| Center for Healthy Development San Jose, 408-985-8115 | co-parenting Safe Families Parents in Conflict | y | |
| CHAC (Childrens Health Awareness Co Mountain View, 650-965-2020 www.chacmv.org | parenting (step model) | \$125 | Spanish English |
| Eastfield Ming Quong (EMQ) Campbell, 408-379-3790 www.emq.org | parenting, support groups check web site for additional information | | Spanish English |
| Family & Children Services San Jose, 408-292-9353 Palo Alto, 650-326-6576 www.fcservices.org | parenting parenting DV -16 wk 52 wk Domestic violence | y | multi-lingual |
| Foundation of Family Values Campbell, 408-224-9242 www.fofv.org | parenting, mens support groups co-parenting | y | English |
| Gardner San Jose, 287-6200 | Parenting - 30 hours strength based | Free | Spanish Vietnamese English |
| Health Realization San Jose, 408-792-5237 www.scsdads.org | Basic parenting - 30 hours | | Vietnamese English |
| Jewish Family Services | parenting | | Yiddish |

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| Los Gatos, 408- 556-0600 crisis line, 408-279-3312 www.ifssv.org | | | Hebrew English |
| Kaiser Permanente San Jose, 408-972-3366 or 972-3340 www.kp.org/healthyliving | co-dependency class managing anger understanding anxiety parenting | members only \$120-180 \$80-140 | English |
| Metropolitan Adult Education Campbell, 408-947-2304 | positive parenting - 6 weeks conflict resolution/anger mgmt. - 6 wks | \$75 | English |
| Process Therapy Institute (PTI) Los Gatos, 408-358-2218 | parenting the child with challenging behaviors - 9 weeks | \$180-\$290 | English |
| San Mateo Adult Education San Mateo, 650-558-2100 | now & future parenting - 14 wks parenting adolescents - 14 wks | FREE FREE | English |
| Support Network Sunnyvale, 800-572-2782 or 408-541-6100 | kids/womens support groups | | Spanish English |
| UJIRANI (DFCS) San Jose, 408-452-6560 | parenting w/o violence alcohol/drug 12 step | | Spanish English |
| Teen and Family Counseling Ctr. Campbell, 408-370-9990 www.teenfamilycounseling.org | anger mgmt, parenting co-parenting, substance abuse | y | English |
| WAVES Campbell, 408-376-0646 Gilroy, 408-848-4113 | parenting w/o violence 52 wk DV Battter's treatmt 52 wk child abusers treatmt anger mgmt/accountability | y victim witness | Spanish Farsi English |
| YWCA San Jose, 408-295-4011 | parenting, co-parenting, coaching | y | Spanish English |

