The Enneagram in Human Systems

Emotional Intelligence is the greatest predictor of success in primary, personal and professional relationships. (out-distancing IQ and education)

Emotional Intelligence is the ability to know and manage yourself, understand others accurately, and interact with others productively.

People with Emotional Intelligence are happier because they have:
- Realistic self-assessment
- Greater self-acceptance
- Larger support and friendship networks

Relationship Systems with Emotional Intelligence experience more satisfying and fulfilling relationships. They
  - Experience less stress and manage it more effectively
  - Work better with others
  - Take more responsibility for their behavior
  - Are more willing to learn and grow
  - Make better decisions
  - Display more empathy

“We are created, not for isolation, but for relationships. At heart, we are not a thousand points of separated light but rather, part of a larger brightness. Within organizations, caring and committed relationships are not a luxury. They are a necessity.” D. Johnson, F. Johnson

How do you increase emotional intelligence in your human system?

The Enneagram is a system that identifies nine distinct personality styles. Each style has a predictable pattern of thinking, feeling and behaving resulting in a different:
- Communication style
- Way dealing with conflict
- Preference in giving and receiving feedback
- Roles played on teams
- Leadership paradigm

Interactive exercises reveal to participants the subtle but significant differences in personality styles that cause
- Miscommunication
- Conflict
- Stress

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