Internet Usage

- More than 65 million children in the United States use the Internet.
- 93% of teens ages 12-17 go online.
  - 63% of teen internet users go online every day –
    - 36% of teens go online several times a day
    - 27% go online about once a day.
Who’s online? The internet by age groups

- Teens 12-17: 93%
- Young adults 18-29: 93%
- Adults 30-49: 81%
- Adults 50-64: 70%
- Adults 65+: 38%

Teens (12-17) data from September 2009. Adults (18+) data from December 2009.
% of teens who own a cell phone, by age

- 12: 58%
- 13: 73%
- 14: 76%
- 15: 79%
- 16: 82%
- 17: 83%

September 2009 data.
Adults increasingly have multiple SNS profiles

54% (2008)
45% (2009)
13% (2008)
16% (2009)

Percentages are for adults with profiles on social networking sites. September 2009 data.
% of online teens on SNS

73% Total teens

55% 12-13

82% 14-17

Pew Internet
Pew Internet & American Life Project

September 2009 data.
Top 10 Mobile-Phone Websites
by US Market Share of Visits (%)
November 2009

- MocoSpace: 16.85%
- Cricket: 15.57%
- Myxer: 8.75%
- MySpace Mobile: 6.88%
- RingNRock.com: 4.02%
- WeeWorld: 3.73%
- PhoneZoo: 2.55%
- Yahoo! Mobile: 2.45%
- Thumbplay Offers: 2.40%
- Sprint - Pictures: 2.31%

Source: Hitwise
Parents and Children

61% of parents say they have rules about the Internet

37% of teens reported being subject to them
Agenda

1. Sexting-
   1. What is it?
   2. Technology supporting
   3. How and why did it happen?

2. Adolescent development

3. Legal framework and institutional responses

4. Real world consequences
Sexting is ???
Sexting Defined

The Urban Dictionary provides us with this definition:

• V: the act of text messaging someone in the hopes of having a sexual encounter with them later; initially casual, transitioning into highly suggestive and even sexually explicit
SEXTING

“Sexting” refers to the sending of a photograph or other visual image, depicting a person in the partial or total state of nudity, via text message, from one cell phone to another. Once the initial image is sent, it can be disseminated rapidly to countless others.
What is Referred to as Sexting

- Two main definitions forming:
  - Sending explicit nude images or movies
  - Sending explicit nude images or movies with accompanying text

- Vehicle for sending the information: electronically through cell phones or SMART devices
“This form of communication provides constant access to friends and dating partners, and it reduces barriers that might be introduced by in-person communication…Flirting and sending sexually explicit messages is easier by texting as it can eliminate embarrassment of in-person flirting. Teens also are willing to push boundaries and take more risks using technology.”

Susan Tortolero, PhD, Associate Professor of Health Promotion and Behavioral Sciences at the UT School of Public Health and director of the Center for Health Promotion and Prevention Research.
Why the Explosion?

- Accessibility
- Affordability
- Adolescent Development
Technology Triple Threat

- Socialization
- Information
- Communication
Technology Triple Threat

- Socialization
  1. Proactively, lure children back into real space.
  2. Reactively, human/human interaction needs to be reinforced.

- Information
  - Consequences of sexting.

- Communication
  1. Dynamics of communication and online communication vs. human/human communication.
    - Eric Hsu, Washington, Safe Kids Consulting safekidsconsulting@gmail.com
Accessibility: Internet

Social Networking Sites

[Images of Myspace and Tagged websites]
By the End of 2006, 55% of 12-17 aged youths used SNS (Lenhardt & Madden 2007)

About 14 Million Youth by CCRC estimate

Trends, Wolak; Finklehor; Mitchell, 2009
Top 10 Social-Networking Websites & Forums
by US Market Share of Visits (%)
November 2009

Facebook: 46.29%
MySpace: 19.13%
YouTube: 14.02%
Tagged: 1.53%
Yahoo! Answers: 1.10%
Twitter: 1.04%
Yahoo! Profiles: 0.82%
myYearbook: 0.65%
Windows Live Home: 0.51%
Meebo: 0.48%
Accessibility YouTube Phenomenon
Accessibility: Cell Phones

- According to online poll for Common Sense Media 84% of teens have cell phone (17 yr old)
  - 12-13 yr old- 52%
  - 14 yr old- 71%

(Lenhard, PewInternet.org, 2009)

USA Today June 17, 2009
Cell Phones are Key to Teens’ Social Lives

- Nearly half (47%) of US teens say their social life would end or be worsened without their cell phone.

- Second only to clothing, teens say a person’s cell phone tells the most about their social status or popularity.
Initially, teens hesitant to text, relying instead on talking

In 2002, American teens discovered SMS messaging
  • (short message service)

Kundra, Teens Let Their Fingers Do Talking, 2005
Accessibility: Cell Phone Use

Today:
- Teen almost as likely to text as to make phone call
  - 13-15 yr old – 43%
  - 16-17 yr old – 48%
  - 18-19 yr old – 54%

Harris Interactive - A Generation Unplugged, Sept. 2009
Accessibility: Volume

- On average teens receive and send 2878 text messages a month\(^1\)
- More than 1 Billion text messages are sent each day
  - Expected to send 1.2 trillion text messages this year\(^2\)
- 42% of teens say they can text blindfolded\(^3\)

1. Nielsen Mobile Inc., 2009
2. Time Magazine, Sept. 10, 2009
3. Harris Interactive Poll, 2009
Accessibility: Development of New Language

Casual Language

- **LOL** – Laugh Out Loud
- **ROFL** – Rolling On Floor Laughing
- **BTW** – By The Way
- **BRB** – Be Right Back
- **JK** – Just Kidding
Accessibility:
Development of New Language

Parental Language

- **P911** – Parent Alert
- **PAL** – Parents Are Listening
- **PAW** – Parents Are Watching
- **PIR** – Parent In Room
- **POS** – Parent Over Shoulder
Accessibility:
Development of Sexual Language

- GNOC – Get Naked On Camera
- GYOP – Get Your Pants Off
- Numeric Codes:
  - 8 – Oral Sex
  - 143 or 459 – I Love You
  - 182 – I Hate You
Accessibility: SMART Devices
Accessibility: SMART Devices

- Blending of technology
  - Allows teen
    - Make cell calls
    - Send text messages
    - Access internet
  - Social Networking Sites
  - YouTube
Accessibility: SMART Devices

- Teens spend 31 hours a week connected to technology on-line
  - 3.5 hours per week instant messaging friends
  - 2 hours per week on YouTube
Accessibility: Technology Effect

- Teens have become “IGG”: Instant Gratification Generation.
Accessibility: Sexting By Teens

Two Survey’s

○ MTV-AP Survey of 14-24 yr olds¹:
  - 24% of 14-17 yr olds reported some type of sexting behavior
    ○ Sending or receiving
  - 10% of 14-24 year old admit to having sent sexual image
    ○ 24% sent to someone wanted to have relationship with
    ○ 29% admitted to sending to a person they only new online

○ Pew Internet Survey of 12-17 yr olds²:
  - 4% sent sexually suggestive nude or nearly nude images via text messaging
  - 15% received sexually suggestive nude or nearly nude images
    ○ 17 yr olds more likely to send and receive
      - 8% sending
      - 30% received

¹ MTV-AP Digital Abuse Study Executive Summary, 2009
Affordability:

- Cell Phone companies offer plans with unlimited text messaging for $15.00 a month.
- Cell Phone companies offer plans for unlimited broadband access to internet between $14.99 and $35.00.

CostHelper.com, January 2009, Sprint, Verizon Cingular monthly rates
Why are Teenagers Susceptible?

- Adolescent Development
Cognitive Development

- Thinking becomes more self-conscious, idealistic, and critical
- Able to reason, generalize, form hypotheses and test them
- Events can be “viewed” from many perspectives
- By 14, decision-making process is same as for adults
- So why do they make so many bad decisions?
Cognitive Development

- Don’t consider all the consequences of words or acts
  - Limited life experience
  - Brain still under construction

- Frontal / Prefrontal lobes responsible for
  - reasoning
  - goal and priority setting
  - impulse inhibition
  - emotional control
  - determining right from wrong
  - determining cause and effect relationships
Cognitive Development

- Frontal / Prefrontal lobes still under construction until 20 - something
  - Pruning
  - Myelination
- Adolescents rely on emotional decision-making driven by another part of the brain (amygdala)
- Reactive (juvenile) vs. Reflective (adult)
Cognitive Development

- Later Adolescence (16 – 19)
  - Symbolic reasoning and use of formal logic improves
  - “Fluid intelligence” is reached by the end of this period: ability to cope with new problems and situations
Sexting - Think Before You Post

Date: 03.09.07
Agency: Merkley+Partners
Client: AD Council
Product: Online Predators
Title: “Everyone Knows Your Name”
ISCI: ZMLY–7601
Length: :60
Audio: Stereo
Kids face porn charges over 'sexting'

Sat Jan 17 2009
By Shaun Davies

- Six US teens have charged with child porn offences after three girls took nude pictures of themselves using mobile phones and distributed them to friends — a phenomenon known as "sexting."

Is Your Child "Sexting?"

- The South Burlington Rebels are one player short these days. Seventeen year-old Isaac Owusu was recently suspended from the basketball team after allegedly sexually assaulting two teenage girls while on school grounds.
- But the case is also highlighting a disturbing trend taking place amongst teenagers. It's called "sexting." Teens use cell phones to willingly send explicit, nude photos of themselves to others. Several young girls sent nude photos of themselves to Owusu, and teens say it happens every day. "It happens a lot actually," said Essex Freshman Verity Mendes.

Legal Framework

- Varies State by State
  - Charges
  - Penalties
  - Repercussions
- Stigma for adolescent is the same...
State’s That Have Charged Teens:

- Criminal charges filed against teens in: Pennsylvania, Ohio, Michigan, Alabama, Wisconsin, Florida, New York, New Jersey, Connecticut, Texas, Utah, Kansas, and other states
Incidents Across the Country

- **Wisconsin**: A 17-year-old was charged with possessing child pornography after he posted naked pictures of his 16-year-old ex-girlfriend online.

- **Alabama**: Authorities arrested four middle-school students for exchanging nude photos of themselves.

- **New York**: A 16-year-old boy faces up to seven years in prison for forwarding a nude photo of a 15-year-old girlfriend to his friends.
Serious Consequences:

- Florida:
  - An 18 yr old boy received unsolicited pictures from his 16 yr old girlfriend. When they broke up his adolescent mind thought it would be a great idea to forward the pictures to all of his x-girlfriend’s relatives. He was convicted of dissemination of child pornography. Has to register as a sex offender until he is 43.
Registration Requirements:

- **Lifetime Registration for Adults**
- **If a CYA Commitment then**
  - **Lifetime Registration for Juveniles**
    - California Penal Code Section 290
Resulting Media Response:

- Sexting Mania Headlines:
  - “The Sexting Scare”
  - “Sexting Craze Leads to Child Pornography Cases”
  - “20% Chance Your Child May Be Sex Offender”
  - “Sexting Poses Risk to Teens’ Health”
Vermont lawmakers introduced a bill in April 2009 to legalize the consensual exchange of graphic images between two people 13 to 18 years old. Passing along such images to others would remain a crime.
SEXTING

Dissemination of Child Pornography
SEXTING

- After you click “SEND” you no longer control the image or how it is used.
- Who ELSE might see the picture?

By clicking “send” you are –

Breaking the Law.

...... Cyberbullying
"Sexting in Massachusetts Could Lead to Child Pornography Charges and Sex Offender Status"

In Massachusetts, six Falmouth middle school students, ages 12 to 14, were brought in for questioning over a picture of a partially nude 13-year-old girl that was sent via text message. Five of them may face child pornography charges. If convicted of this Massachusetts FELONY crime, they would have to register as sexual offenders.
In Michigan, at least 10 students were suspended from a high school for spreading nude photos.

In California, Orange County middle school students were suspended after a 14-year-old girl’s nude pictures were sent via text to other students.

In New York, police have charged a 16-year-old boy with enticing a 15-year-old girl to text him sexually explicit photos.
In Texas, a 13-year-old boy was arrested on child pornography charges after he received a nude photo of an eighth grade student on his cell phone.

In Wisconsin, a 16-year-old girl with photos on MySpace was charged with possession of child pornography, sexual exploitation of a child and defamation.
MORE CASES

In Utah, a 16-year-old boy was charged with a felony after sending nude photos of himself over a cell phone to classmates.

In Washington, two cheerleaders were suspended when nude photos of them spread around school.
SEXTING

Less Severe: Girl posing naked for herself – not at anyone's request – and texting the image to her boyfriend.

More Severe: Boy who secretly videotapes his friends having sex, and then posts the video on YouTube.
CONSEQUENCES

If you are convicted under state law of a child pornography charge, what is the least severe
• criminal record you can receive? There are no misdemeanor charges
• for child pornography offenses.

FELONY
EFFECTS OF UNWANTED SEXTING

- Embarrassment
- Depression
- Self harm
- Suicide
Discuss the importance of telling a parent or a trusted adult if something ever makes you feel scared, uncomfortable, or confused while online: TRUST
SEXTING

WHAT YOU CAN DO
EDUCATE YOURSELF

INTERNET ACRONYMS

- http://www.netlingo.com
- ASL (Age, Sex Location); 8 (Oral Sex); GNOC (Get Naked On Cam)

Learn Computer Skills

- History & Key Stroke Software
Top 50 Internet Acronyms Parents Need to Know:

- **8** - Oral sex
- **1337** - Elite
- **143** - I love you
- **182** - I hate you
- **459** - I love you
- **1174** - Nude club
- **420** - Marijuana
- **ADR** - Address
- **ASL** - Age/Sex/Location
- **banana** - Penis
- **CD9** - Code 9 - it means parents are around
- **DUM** - Do You Masturbate?
- **DUSL** - Do You Scream Loud?
- **FB** - F*** Buddy
- **FMLTWIA** - F*** Me Like The Whore I Am
Top 50 Internet Acronyms Parents Need to Know:

- **GNOC** - Get Naked On Cam
- **GYPO** - Get Your Pants Off
- **IAYM** - I Am Your Master
- **IF/IB** - In the Front -or- In the Back
- **IIT** - Is It Tight?
- **ILF/MD** - I Love Female/Male Dominance
- **IWSN** - I Want Sex Now
- **KFY -or- K4Y** - Kiss For You
- **kitty** - Vagina
- **KPC** - Keeping Parents Clueless
- **LMIRL** - Let's Meet In Real Life
- **MOOS** - Member Of The Opposite Sex
In Ohio, a county prosecutor and two lawmakers proposed a law that would reduce sexting from a felony to a first degree misdemeanor, and eliminate the possibility of a teenage offender being labeled a sex offender for years.

The proposal was supported by the parents of Jessie Logan, a Cincinnati 18-year-old who committed suicide after the naked picture of herself which she sexted was forwarded to people in her high school.
Legislative responses

- Utah lawmakers lessened the penalty for sexting for someone younger than 18 to a misdemeanor from a felony.
Juvenile Diversion Program

- Core program focuses on education
  - Legal ramifications
  - Effects on the victim
  - Age appropriate sexual boundaries
  - Responsible use of the internet
- Otherwise, charges are filed.

- Montgomery County, Elected District Attorney Mathias Heck Jr.
Lets change that……

Children Need To Tell A Parent, Teacher Or Trusted Adult

Build a Trust between you and your child
Should the Teen be Charged?

- Was the photo taken “consensually”?

- Is the victim the person who sent the item?

- Is the victim willing to testify?

- What are societal goals?
Consequences of Sexting:

- **Digital Tattoo**
  - What happens after the send button is hit?
  - Digital Path = Evidence
Remember the 4 R’s

- **Recognize** techniques used by online predators to deceive their victims.
- **Refuse** requests for personal information.
- **Respond** assertively if you are ever in an uncomfortable situation while online on cell. Exit the program, log off or turn off …
- **Report**, to a parent or other trusted adult, any suspicious or dangerous contact that makes you uncomfortable.
Sexting…
Real Consequences
QUESTIONS

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408 792-2614
Emerging Sexual Trends
Among Our Youth is Leading to
Higher Risk of Abuse
4/23/10

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Emerging Sexual Trends Among Our Youth

What are the trends that we are seeing?

1. Sex is starting at a younger age

2. The progression of intimacy is moving faster

3. Sex is more casual
   - Friends with Benefits
   - Fuck Buddies
   - Oral sex and anal sex is NOT SEX. They are still virgins so it doesn’t count and it is o.k.
   - Sex games are more advanced: “Spin the Bottle” has turned into “The Rainbow Game” and “Happy Endings”

4. Both boys and girls are more forward and forceful – Anonymity helps with this
   - The use of “color bracelets”
   - Technology – when you text, you have more courage. Why? Don’t have to worry about the other person’s reaction, not as embarrassing, etc.

5. Boys are more disrespectful
   - Many more casual sexual advances
   - Start conversations with “wanna suck me?”
   - End conversations with “wanna fuck?”

6. Girls are more assertive
   - Girls are more vocal about everything they want and need including sex. Girls are taught to go get what they want: a career, college, money, etc. This will then apply to relationships and sex.
   - Girls are using sex to gain power and control in their relationships.
   - Girls are using sex to gain money, clothes, jewelry but they do NOT see this as Prostitution. They will strip tease for money at a party, give a guy a hand job or oral sex or give a lap dance to get money, etc.

7. Sexting and Sex Messaging
   **Sex Messaging:** passing notes has turned into sex messaging (also called flirttexting) – the greatest difference is that it happens with much greater frequency.
   - U.S. teens (ages 13 to 17) had the highest levels of text messaging in Q2 2008, sending and receiving an average of 1,742 text messages per month. In comparison, teens took part in an average of 231 mobile phone calls per month, during the same time period.
**Sexting:** Individuals are sending sexually charged material such as nude pictures and videos via cell phone text messages or postings online.

- Three parts: Solicitation, offering, and need for attention.
  1. Boys and Girls soliciting photos from one another. Leigh H.S.
  3. Attention seekers: kids seeing stuff on MySpace and other places online where other kids are posing sexually in photos often in the nude, strip teasing, and performing real or mock sex. To many of the kids they see it as their 15 megabytes of fame. They think it’s the norm.

- Psychological Ramifications:
  1. Feelings of embarrassment, humiliation, shame, and guilt which can all lead to Depression and/or Anxiety.
  2. Harassment by both boys and girls may lead to PTSD.
  3. Emotional abuse: name calling such as slut and whore;
  4. Physical abuse: objects thrown at them in the hallway, being pushed, shoved, hit, kicked.
  5. Sexual abuse: non-consensual grabbing, groping, fondling, sex. ‘Sluts want it’
  6. **Biggest fear is that sexting can lead to suicide.** Jesse Logan: Cincinnati High School Student Committed suicide in July of 2008. Last fall, the National Campaign to Prevent Teen and Unplanned Pregnancy surveyed teens and young adults about sexting — The results revealed that:
    1. 39% of teens are sending or posting sexually suggestive photos
    2. 48% report receiving such photos
    3. 15% admit to forwarding these photos (usually after a break up).


  - The famous case of Genarlow Wilson in Georgia who was convicted of having consensual oral sex with a 15-year-old girl when he was 17. He videotaped his encounter with the girl at a party. Wilson was sentenced to 10 years in prison and required to register as a sex offender, though he was released after serving two years following an appeal to the state supreme court.

  - There are no known cases involving federal charges against a minor for child porn: the recent cases were brought under state laws by local prosecutors, usually in juvenile court. Since juvenile cases are not part of the public record, it’s not known what kinds of sentences have resulted from such cases, but generally juveniles who commit crimes get convicted of delinquency, not the actual crime they commit.

  - People who take or share nude self-portraits when they’re minors could be prosecuted as adults and face harsher penalties if they’re still in possession of the images when they reach the age of 18.
8. Alcohol with Sex

- According to several research centers nationwide, in 2006-2007 Teens reported at least half their friends are sexually active in high school.
- The National Center for alcohol abuse reported in 2006 that 66% of teens who are sexually active have tried alcohol and 31% of sexually active teens got drunk at least once in the past month and reported that they engaged in more sexual activity than they may have if sober.

9. Increase in Pornography – Our teens are becoming addicted to pornography. Highly accessible and leading to misconceptions about sex and what girls want and how easily they may be willing to engage in sexual behavior. Story about movie night and popcorn.

**Children Internet Pornography Statistics**

- Average age of first internet exposure to pornography is 11 years old.
- Largest consumer of internet porn is 35-49 year olds.
- 80% of 15-17 year olds have had multiple hard-core exposures
- 90% (most while doing HW) of 8-16 year olds have viewed porn online
- 29% of 7-17 year olds freely give out their home address.
- 14% of 7-17 year olds freely give out their e-mail address.
- There are approximately 26 (including Pokemon and Action Man) children’s character names linked to thousands of porn sites.

**Adult Pornography Statistics**

- 40 million US adults regularly visit internet porn websites
- 72% are male, 28% are female
- 20% of men and 13% of women admit to accessing porn at work
- 17% of US adults readily admit to porn addiction.

**Top Video Porn Producers**

1. United States: Vivid Entertainment, Hustler, Playboy, Wicked Pictures, Red Light District
2. Brazil
3. The Netherlands
4. Spain
5. Japan
6. Russia
7. Germany
8. United Kingdom
9. Canada
10. Australia
Why are we seeing these changes?

1. We live in a society that focuses on seeking immediate gratification.
   - Our culture increasingly emphasizes the “quick fix.” Even fast food meals are too slow and television commercials too long for us.
   - Any feeling that is uncomfortable is attended to immediately (or given a voice) through some form of action or behavior that offers immediate relief.
   - Think about the anxious or depressed individual who knows to reach for an over the counter pill, a drink or a bag of chips and YES – SEX.

2. Society is becoming increasingly disenfranchised.
   - Extended family members are less available to youth.
   - The collapse of the extended family and increasing isolation of the individual has given people – especially children fewer confidants in times of difficulty.
   - Kids don’t have many people they can talk to about sex and relationships.
   - The modern teen may grow up relying very little on words, verbal expression, and the conventional exploration of her thoughts and feelings. Instead, the teen may depend more on doing rather than saying.
   - Sex is one way of doing rather than saying. “I will show you how much I care about you by giving you oral sex.” “If you really loved me, you would have sex with me.”

3. We have become a nation of addicts and “a-holics.”
   - It has become “in” to be considered dysfunctional – so “in” that individuals volunteer to share their dysfunction with millions of viewers on national television.
   - Boys think its cool to be a “player”
   - Girls like the attention of guys which lead to “hooking up” with them.
   - Sexual perversion along with kleptomania, incest, compulsive shopping, gambling, and self-injury have all increased in the last two decades.

What does sex give our kids?

1. Sex gives tension release
2. Sex allows us to feel close, connected, cared for, needed, loved by another person
3. Our society is changing. It is harder to be a kid. There is more tension, pressure, and distress in their lives from all sources including school, family, sports, etc. They are looking for ways to reduce this tension, pressure and distress. Outlets may include SM, eating problems, substance abuse, and yes . . . . SEX. Help find other outlets such as exercise, down time with reading, playing games, movies, etc.
4. We don’t want our kids to become addicted to sex.
What can we do to change these trends and/or better prepare our children for them?

Statistics: National Organization
- 52% of H.S students nationwide reported having sexual intercourse. This is down from the 1990’s when it was 55%.
- 12% of these students reported having sexual intercourse before entering H.S.
- 7.9% of these students reported having oral sex before entering H.S.
- 1/3 of these students reported using NO PROTECTION.
- 1/4 of these students reported having had 4 or more sexual partners.
- 23.3% drank alcohol or used drugs prior to their last sexual experience.

Prevention
1. Talk to your child about sex.
   - Start early. Kids ask ?s at an early age. They ask how babies are made. They ask about sex. If you don’t talk to them, their friends and/or the internet will be their educators. Pre-K picnic table talk story.
   - Speak to their age and maturity level. Be careful about what you say. Kids don’t want to find out that their parents have lied to them. Use proper names for body parts. Story c-section.
2. Talk to your children about relationships.
   - Discuss how to treat someone they care for. Hopefully you can reference models in your own home of how to be respectful and caring.
   - Talk about different kinds of relationships. Kids ask early on about relationships. They ask about marriage. They tell you who they will marry or never marry. They ask why their friend has a mom and dad who are not married. They learn early about divorce. They meet parents with two moms or two dads. Relationships may be complicated for them to understand. Choose what you want to say and not say but be aware other kids are talking about it and saying things to your children. So if you want them to learn from you, you need to be the one answering their ?s.
   - Talk about their personal boundaries and other people’s boundaries. This should start when you first see them interested in someone, i.e. hand holding, hugs, comments about being pretty or “hot.”
   - Talk to them about what you value in a relationship and why. Love, trust, understanding, respect, etc. For ex. What is the difference between making love to someone and “fucking” or “screwing?”
   - Communicate with your kid so your kid can communicate with their partner. Teen example: if a teen is having sex, your hope is that they have enough maturity to talk to their partner about when they are ready, what they are willing to do, what is comfortable, what is not comfortable, what feels good, what doesn’t.
Be a role model for your child. Your kids watch you and look to you for guidance all the time. Notice I said they LOOK to you for guidance. Most kids don’t ask for it unless your family is very communicative and open, but they will OBSERVE you. **I have had several kids tell me about e-mails, texts, etc. they see sent between parents or 1 parent in an affair. Nude photos, sexting, sex messaging is seen by your kids whether you want to believe it or not. Your kids are more technologically advanced than you are. Of course they are catching you in the act. Example: “What do you need right now?” The response “Cock” Ex. Pole Dancing and Flirty Fitness.

Teach Girls:
- Be assertive with what you want and what you don’t want. What you are ready for and what you are not ready for. What you are comfortable with/ not comfortable with.
- Help girls how to say NO in creative ways. It is not that easy for them. Telling them to just say no will not work. Sometimes it helps to script what they might say in different situations. This way they have an action plan and feel empowered.
- Teach girls what to do if someone comes on too strong. Verbal and Physical responses are helpful to have in their tool box.
- Educate girls about alcohol/drugs and higher risk of assault. Talk to them about the buddy system at a party, never to leave their drink (even if it is just water) unattended.
- Set rules that work for your family around safety planning if you daughter gets into trouble. Can they call you, come to you?

Teach Boys:
1. Respect and Understanding - that a girl may not be ready even if she is “going along with it.” Respect and honor the word NO!
2. Teach boys to ask their partner questions. They should be finding out in a respectful way what girls want. Give examples of how, when and where they have these talks.
3. Teach boys what can happen if they are with a girl who is intoxicated.
4. Teach boys that it is o.k. if they are NOT ready. Talk to them about peer pressure. Help them script what they might say to a girl who is coming on too strong. Help them prepare for situations they might be in when they do not want to be sexually active – especially if their friends are around or watching.
6. Boys have long been taught how to get what they want and to “go for it” when it comes to girls, while girls are expected to be the “gatekeepers.” This objectifying mentality speaks to the failure by parents to instill in boys the kind of empathy that would translate into a greater degree of caring in their sexual relationships.
7. Research showed that 8th and 9th grade boys, who relentlessly pursued girls at school, got what they eventually wanted. “After 3 hours of being followed around school being told “You’re so beautiful, why don’t you give me a blow job, the girls gave in.”
8. Research also showed that although parents of the boys were surprised to find out their sons were having oral sex at school, they were unwilling to fault them. Most of the parents believed that it was the girls responsibility because “boys will be boys.” In addition, the parents of the girls were upset and embarrassed by their behavior but did not see it as cause for alarm because “kids experiment with sex all the time.”
Intervention

- Monitor what is happening in your child’s life.
  1. Try typing their screen name, email address, name, or cell phone number into Google and see what pops up. I guarantee you’ll find your son or daughter’s picture, email address, and tons of should be private information about them listed on sites like hotornot.com, buddypic.com, facebattle.com, facethejury.com, or facebook.com
  2. Does your son or daughter have a live journal or a blog? If so do you read it? You probably should. There’s nothing wrong with reading their diary if they’re posting it on the internet. Thousands of other people are reading it. How much personal information are they giving to complete strangers? You'll be surprised.

- Become knowledgeable about sex and the language circled around it.
  1. Your filters may pick up porn, but do they catch the word “pron”? What about the word *paw*, short for “parents are watching” or *pos* for "parents over shoulder".
  2. Sure you blocked porn sites, but what about Google image search? Any teenager can tell you that online image searches are the best free porn sites ever. Go ahead, try it. Just type in anything remotely dirty and see what you get.
  3. So what can you do? Talk to your kids. Get your own copy of AOL Instant Messenger and put their names on your buddy list. Read their profiles, you’ll be surprised what you find in there.

- Set limits and follow through them!! How much time on the computer, where they can access the computer i.e. in the general living room where it can be monitored, what sites they can and cannot visit. Use blocking software when possible.
  1. The worst thing a parent can do is to set a limit and not follow through with it.
  2. Why? Because then your child does not believe that you mean what you say.

- Sex or Porn addiction – seek counseling
Jelly Bracelets

This new social phenomenon involves "snapping" the bracelet off the wearer, enabling the snapper to earn a sexual favor from the snappee based on the color of the snapped off bracelet. The colors each have a coded meaning as follows:

- **Yellow** - indicates the wearer is willing to HUG
- **Pink** - indicates the wearer is willing to give a hickey
- **Orange** - indicates the wearer is willing to KISS
- **Purple** - indicates the wearer is willing to kiss a partner of either sex
- **Red** - indicates the wearer is willing to perform a LAP DANCE
- **Green** - indicates that ORAL SEX can be performed on a girl
- **Clear** - indicates a willingness to do "whatever the snapper wants"
- **Blue** - indicates ORAL SEX performed on a guy
- **Black** - indicates that the wearer will have regular "missionary" sex
- **White** - indicates the wearer will "FLASH" what they have
- **Glittery Yellow** - indicates HUGGING and KISSING is acceptable
- **Glittery Pink** - willing to "flash" (show) a body part
- **Glittery Purple** - wearer is willing to French (open mouth) kiss
- **Glittery Blue** - wearer is willing to perform anal sex
- **Glittery Green** - indicates that the wearer is willing to "69" (mutual oral sex)
- **Glittery Clear** - indicates that the wearer will let the snappee "feel up" or touch any body part they want
### 25 Internet Slang Terms All Parents Should Know

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ASL(R P)</strong></td>
<td>Age Sex Location (Race / Picture)</td>
</tr>
<tr>
<td><strong>BF / GF</strong></td>
<td>Boyfriend / Girlfriend</td>
</tr>
<tr>
<td><strong>BRB</strong></td>
<td>Be Right Back</td>
</tr>
<tr>
<td><strong>CD9</strong></td>
<td>Code 9 - means parents are around</td>
</tr>
<tr>
<td><strong>GNOC</strong></td>
<td>Get Naked on Cam (webcam)</td>
</tr>
<tr>
<td><strong>GTG</strong></td>
<td>Got to Go</td>
</tr>
<tr>
<td><strong>IDK</strong></td>
<td>I don't know</td>
</tr>
<tr>
<td><strong>(L)MIRL</strong></td>
<td>(Lets) meet in real life</td>
</tr>
<tr>
<td><strong>LOL</strong></td>
<td>Laugh Out Loud</td>
</tr>
<tr>
<td><strong>MorF</strong></td>
<td>Male or Female</td>
</tr>
<tr>
<td><strong>MOS</strong></td>
<td>Mom Over Shoulder</td>
</tr>
<tr>
<td><strong>NIFOC</strong></td>
<td>Naked in Front of Computer</td>
</tr>
<tr>
<td><strong>Noob</strong></td>
<td>Newbie - often an insult to somebody who doesn't know much about something.</td>
</tr>
<tr>
<td><strong>NMU</strong></td>
<td>Not much, you?</td>
</tr>
<tr>
<td><strong>P911</strong></td>
<td>Parent Emergency</td>
</tr>
<tr>
<td><strong>PAW</strong></td>
<td>Parents are Watching</td>
</tr>
<tr>
<td><strong>PIR</strong></td>
<td>Parent In Room</td>
</tr>
<tr>
<td><strong>POS</strong></td>
<td>Parent Over Shoulder</td>
</tr>
<tr>
<td><strong>PRON</strong></td>
<td>Porn</td>
</tr>
<tr>
<td><strong>PRW</strong></td>
<td>Parents Are Watching</td>
</tr>
<tr>
<td><strong>S2R</strong></td>
<td>Send To Receive (pictures)</td>
</tr>
<tr>
<td><strong>TDTM</strong></td>
<td>Talk Dirty To Me</td>
</tr>
<tr>
<td><strong>Warez</strong></td>
<td>Pirated Software</td>
</tr>
<tr>
<td><strong>W/E</strong></td>
<td>Whatever</td>
</tr>
<tr>
<td><strong>WTF</strong></td>
<td>What the Fuck?</td>
</tr>
<tr>
<td><strong>DTF</strong></td>
<td>Down to Fuck?</td>
</tr>
</tbody>
</table>
National College Statistics

- In the US, each academic year, for every 5000 female students (the number at UWW), there are:
  - 97 rapes by force or threat of force
  - 80 attempted rapes by force or threat of force
  - 121 rapes by coercion
  - 146 sexual contacts with force or threat of force
  - 149 sexual contacts by coercion
  - 46.5% of those who experienced a completed rape defined it as rape
  - 90% knew the offender
  - 52% took place after midnight; 37% 6PM to midnight.
  - The majority both on and off campus assaults occurred in living quarters
  - More occurred off campus than on campus
  - <5% of completed and attempted rapes were reported to the police
  - 2/3 told someone but rarely a college official
  (Source: "The Sexual Victimization of College Women"; National Institute of Justice and the Bureau of Justice Statistics; December, 2000.)
Data collected by the Wisconsin Coalition Against Sexual Assault

- The most vulnerable population for campus rape are freshman girls during the first few months of school. Many of these girls were virgins before they were raped. (Neimark, Jill. Out of Bounds, the Truth About Athletes and Rape. Interactivetheater.org, 2000.)
- 1 out of 6 college women have been raped or have been the victim of an attempted rape during the past year. (Weitzman, E., DeJong, W., and Finn, P. Alcohol and Acquaintance Rape: Strategies to Protect Yourself and Each Other. The Higher Education Center for Alcohol and Other Drug Prevention. U.S. Department of Education, 1999.)
- 1 out of 15 male students raped or attempted to rape a woman during the past year. (Weitzman, E., DeJong, W., and Finn, P. Alcohol and Acquaintance Rape: Strategies to Protect Yourself and Each Other. The Higher Education Center for Alcohol and Other Drug Prevention. U.S. Department of Education, 1999.)
- 1/4 of all college-age rape victims blame themselves entirely for the attack. (Schwartz, M., Leggett, M. Bad Dates or Emotional Trauma- the Aftermath of Campus Sexual Assault. Violence Against Women, Vol. 5, No. 3, March, 1999.)
- Only 5% of undergraduate women reported their sexual assault to police. (Schwartz, M., Leggett, M. Bad Dates or Emotional Trauma- the Aftermath of Campus Sexual Assault. Violence Against Women, Vol. 5, No. 3, March, 1999.)
- 75% of male students and 55% of female students involved in date rape had been drinking or using drugs at the time. (Koss, M.P. 1998. Hidden Rape: Incident, Prevalence, and Descriptive Characteristics of Sexual Aggression and Victimization in a National Sample of College Students. Rape and Sexual Assault, Vol. II. edited by A.W. Burgess. New York: Garland Publishing Company.)
- 84% of men whose actions matched the legal definition of rape, said that what they did was definitely not rape. (Koss, M.P. 1998. Hidden Rape: Incident, Prevalence, and Descriptive Characteristics of Sexual Aggression and Victimization in a National Sample of College Students. Rape and Sexual Assault, Vol. II. edited by A.W. Burgess. New York: Garland Publishing Company.)
- Gang rapes on campus are most often perpetrated by men who participate in intensive male peer groups (such as fraternities or athletic teams) that foster rape supportive behaviors and attitudes. (Sexual Assault and Alcohol and Other Drug Use. The Higher Education Center for Alcohol and other Drug Prevention. U.S. Department of Education. June, 1998.)