Welcome

- Dr. Mary Ann Dewan, Santa Clara County Office of Education
- Dr. Monika Roy, Public Health Department
- Jenny Lam, Office of the County Counsel
- Marcelo Quinones, Office of the County Counsel
- Barb Flores, Santa Clara County Office of Education
Today’s Goals

1. Understand the high risk of COVID-19 transmission in Santa Clara County, despite lifting of Regional Stay at Home Order

2. Understand key points of the SCC Directive for Youth and Adult Recreational Athletic Activities AND the CA COVID-19 Interim Guidance for Youth Sports

3. Understanding how to operate youth sports in a way that is safe for youth and staff by:
   - Understanding sport risk profiles
   - Understanding the current State and County guidance
   - Understanding the travel restrictions
   - Understand the role of a COVID-19 Designee
Santa Clara County COVID-19 Blueprint Dashboard

Last updated on January 20, 2021

Adjusted Case Rate: 33.6
Positivity Rate: 8.5%
Health Equity Metric: 14.9%
Test Rate: 958.5

Displaying:
- Case Rate
- Positivity Rate
- Health Equity Metric
- Test Rate

Graph showing the adjusted case rate and unadjusted case rate over time from September 2020 to January 2021.
Current Risk Level - Purple

Santa Clara County is in the highest risk level with widespread COVID transmission.

All sports, regardless of Tier may:

- Physical conditioning
- Practice
- Skill-building
- Training

Be prepared for cases among your staff and athletes and follow the guidance carefully.

Outdoors, in stable cohorts, with 6 feet physical distancing.
Sport Risk Profiles

The more people with whom a player interacts, the closer the physical interaction is, the greater the physical exertion is, the longer the interaction lasts, particularly when indoors, equates to a higher risk that a COVID-19 infection may spread.
What are the risks?
Review of SCC Mandatory Directive for Youth and Adult Recreational Athletic Activities

Issued January 27, 2020

SCC Mandatory Directive for Youth and Adult Recreational Athletic Activities
CA Interim Guidance: Youth Sports

  • Gives overall guidance about which/when/where youth sports can operate

• Youth Sports Update and Q&A from 12/14/2020
  Update: https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/outdoor-indoor-recreational-sports.aspx
  Q&A: https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Youth-Sports-FAQ.aspx
  • Explains the changes that have taken place due to higher COVID-19 rates in CA now
  • VERY important to take note of the limitations on types of sports allowed by tier
Mitigation Strategies

- Face coverings
- Stable groups
- Physical distancing
- Adequate ventilation
- Hand hygiene
- Symptom and close contact exposure screening, with exclusion from school for staff or students with symptoms or with confirmed close contact
- Surveillance or screening testing
Face Coverings: Coaches/Staff

<table>
<thead>
<tr>
<th>All Coaches/Staff</th>
<th>Unable to wear mask</th>
<th>Mask with clear insert in certain circumstances*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Required</td>
<td>No Child Contact</td>
<td></td>
</tr>
</tbody>
</table>

*when a face covering poses a barrier to communication
### Face Coverings: Youth

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Mask Recommendation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 2 years</td>
<td>No mask*</td>
</tr>
<tr>
<td>Ages 2-8 years</td>
<td>Should**</td>
</tr>
<tr>
<td>9 yrs. and older</td>
<td>Required***</td>
</tr>
</tbody>
</table>

*Guidance for Face Coverings, revised November 16, 2020 (ca.gov)
** CDPH Outdoor and Indoor Youth and Recreational Adult Sports Guidance
*** SCC Mandatory Directive for Youth and Adult Recreational Athletic Activities
Face Coverings: Youth

• Face coverings should also be worn during activities with heavy exertion as tolerated (unless the face covering could become a hazard)

• Under County's Directive, all participants age 9 or older must wear face coverings at all times while participating in the activity, except while engaged in activities in the water.

• Face coverings must be worn when not participating in the activity (for example, on the sidelines).
Masking Do’s and Don’ts

**DO choose masks that**

- Have two or more layers of washable, breathable fabric
- Completely cover your nose and mouth
- Fit snugly against the sides of your face and don’t have gaps

**DO NOT choose masks that**

- Are made of fabric that makes it hard to breathe, for example, vinyl
- Have exhalation valves or vents, which allow virus particles to escape
- Are intended for healthcare workers, including N95 respirators or surgical masks
Hygiene & Equipment

Minimize sharing of materials to the extent feasible. If equipment is shared (e.g., basketball drill), participants should perform hand hygiene before play, during breaks, at half time, and after the conclusion of the activity.

Drinks/water bottles must not be shared, and other personal items/equipment should not be shared.
Cohorts

• Athletes and coaches must be organized into cohorts
• Cohorts are not limited to 16 children/youth and personnel but must be as small as practicable for the particular sport—generally, the number of players and coaches or personnel reasonably necessary for a team or group to participate in the particular sport.
Cohorts

Cohorts may not allow guest players, substitutes, or anyone who is not a member of the cohort to participate in cohort activities.
Youth and coaches may participate in **ONLY ONE** program at a time.
### Physical Distancing with Sports

<table>
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<th>Youth must maintain at least six feet of distance from others, including when on the sidelines.</th>
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<td>Coaches should avoid contact with youth, and facilitate physical distancing between youth (e.g., staggered starts instead of mass starts for races).</td>
</tr>
<tr>
<td>Participants’ immediate family members may observe as needed for age-appropriate supervision and must maintain at least six feet of distance from others. No other spectators or observers are allowed.</td>
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Physical Distancing – Coaches/Staff

Coaches/Staff must maintain at least a 6-foot distance from all other personnel (and any visitors) at all times.

“We do it for Houston. We do it for you. I do it for my players. I do it for my coaches. I just feel like it’s the thing to do right now with where we are as a country.”

- Mike D’Antoni, Houston Rockets coach
Stable Groups/Teams

Stable groups (teams) must be kept apart from each other, except for inter-team competition as permitted in the Mandatory Directive for Youth and Adult Recreational Athletic Activities.
Inter-Team Competition

If both participating cohorts are from Santa Clara County or a county adjacent to Santa Clara County, two cohorts may compete against one another pursuant to the Santa Clara County Mandatory Directive for Youth and Adult Recreational Activities and the California COVID-19 Interim Guidance: Youth Sports

— For purposes of Directive, only following counties considered adjacent counties: San Joaquin, Stanislaus, Merced, San Benito, Santa Cruz, and San Mateo Counties
Inter-Team Competitions or Tournaments

If all participating cohorts are from Santa Clara County or a county adjacent to Santa Clara County, the Health Officer approves competitions or tournaments involving three or more cohorts only if the rules of the County's Directive and the state guidance are followed and only in the following sports:

• track and field
• cross-country
• Golf
• Skiing/snowboarding
• Tennis
• swimming/diving.
Sports Allowed in SCC While in the Purple Tier

The following sports and activities are allowed outdoors only:
archery, badminton, biking, bocce, cross country, dance (no contact),
disc golf, golf, hiking, ice and roller skating (no contact), lawn bowling,
martial arts (no contact), physical training programs (e.g., yoga,
Zumba, tai chi), pickleball (singles), rowing/crew (with 1 person),
running, shuffleboard, skeet shooting, skiing and snowboarding,
snowshoeing, swimming and diving, tennis, track and field, walking,
and other sports activities occurring outdoors that allow participants
to easily maintain 6 feet of social distance from one another at all
times.
Sports **Not Allowed** in SCC While in the Purple Tier

- **The following are not allowed:** Any sports activities occurring indoors and any sports activities that do not allow participants to easily maintain 6 feet of social distance from one another at all times.
  - Participants may still train, condition, or practice skill-building exercises for these sports, but only if they do so outdoors and maintain 6 feet of distance from one another at all times.
Travel Restrictions

Everyone traveling into Santa Clara County from a point of origin greater than 150 miles from the County’s borders must quarantine for at least 10 days after arrival.

• This includes residents of Santa Clara County
• “Quarantine” means
  o staying at home or another place of temporary shelter
  o no contact with any persons other than members of one’s household or immediate traveling party

For more details, see the SCC Mandatory Directive on Travel
Case Reporting Portal for the Education Sector

https://www.sccgov.org/sites/covid19/Pages/school-guidance.aspx
COVID-19 Designee

Please complete this brief form with your organization's COVID-19 Designee at...

bit.ly/COVIDDesigneeAthletics

(case sensitive)
Recap of Today’s Goals

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Handouts for Coaches & Parents

• We are finalizing two sets of handouts on the:
  – CA COVID-19 Interim Guidance for Youth Sports
  – SCC Mandatory Directive for Youth and Adult Recreational Activities

• We will notify you when they are ready for use.
• They will be downloadable from our website.
It's Q & A time!
Emergency Operations Schools Unit

got questions?

● What guidance applies?
● My school is struggling to implement . . .
● Are there resources for . . .

EOC Schools Unit
M - F • 8 a.m. - 5 p.m.
schools@eoc.sccgov.org
(408) 808-7812
Connect with SCCPHD
Social Media

For COVID-19 information:
www.sccgov.org/covid19

For specific guidance:
https://www.sccgov.org/sites/covid19/Pages/school-guidance.aspx
Connect with SCCOE
Social Media

• Ed Bulletin (e-newsletter)
• www.sccoe.org
• SCCOE Stronger Together