Safe Breaks at Work:

☑️ Take breaks and eat meals outdoors whenever possible.

☑️ Wash your hands before entering the break area.

☑️ Maintain at least 6 feet of social distancing (preferably more) when using break areas.

☑️ Wear face coverings during breaks (unless medically exempt). Face coverings must be put back on immediately after eating or drinking, including while speaking between bites or sips.

☑️ Remain seated and minimize conversation while eating and drinking.

☑️ Comply with occupancy limits for break areas to reduce crowding and maintain social distancing.

For more information on COVID-19, visit: sccgov.org/coronavirus