

## Santa Clara County

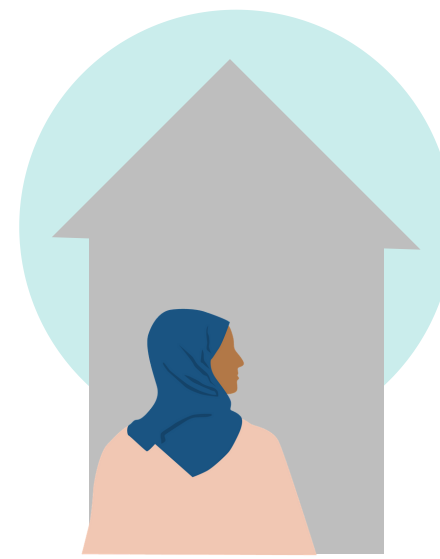
# COVID-19 Support Team

### Isolation versus Quarantine: What's the difference?



#### Isolation

Isolation is for people who test positive for COVID-19 or have symptoms like fever, cough, or shortness of breath. By staying away from others (isolating) while you're sick, you can avoid infecting housemates and people in the community.



#### Quarantine

Quarantine is for people who are feeling well but have been in close contact with someone who has COVID-19. During quarantine, health experts recommend you stay away from others for 14 days and watch for symptoms.

#### What services can I expect if I can isolate or quarantine at home?

#### What services can I expect if I am unable to isolate or quarantine at home?

##### Emergency rental and/or financial assistance\*

\*Must have household income of less than 80% Area Median Income (for example, a family of 4 with an annual income of \$112,150 or lower)



##### Meals that honor dietary requirements



##### Medical check-ins



##### Transportation to and from the location (e.g. hospital to home)



##### Mental health support



##### Assistance in multiple languages



##### A hotel/motel room with clean linens and laundry service



### Call to Access Services



Call the Santa Clara County COVID-19 Support Team Call Center to see if isolation and quarantine services are right for you. Interpretation services are available:

Phone: 408-808-7770

Hours: 8:00 AM to 5:00 PM daily

Learn more: [www.sccgov.org/coronavirus](http://www.sccgov.org/coronavirus)