Limit the Spread of Germs that could make you & others sick.

Wash your hands:
- After you cough, sneeze or use the bathroom.
- Before you touch your eyes, nose & mouth.
- After you touch dirty tissues or dirty surfaces.
- Before you prepare food and before you eat.

Wash your hands with soap & warm water - OR - clean your hands with alcohol-based hand cleaner.

Santa Clara County Public Health