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## CHILDREN'S MEAL BEVERAGES

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SB 1192 was enacted to protect children in California and reduce health risks associated with sugar consumption. The California Retail Food Code (CalCode) Section 114379 prohibits sugar-sweetened beverages from being the default beverage in a “children’s meal”. This law became effective on January 1, 2019.

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If a food facility offers any type of “children’s meal” or “kids menu” that includes a beverage, the default beverage must be one of the following:

- Water, sparkling water, flavored water (with no added natural or artificial sweeteners)
- Unflavored milk
- A nondairy milk alternative that contains no more than 130 calories per serving.



***When a children's meal is ordered, the beverage provided must be one of the above listed options unless otherwise requested by the customer.***

### **EXCEPTION:**

Upon customer request, a food facility may serve any beverage as a substitute for a children’s meal default beverage.

### **DEFINITIONS:**

“Children’s meal” means a combination of food items and a beverage, or a single food item and a beverage, sold together at a single price, primarily intended for consumption by a child.

“Default beverage” means the beverage automatically included or offered as part of a children’s meal, absent a specific request by the purchaser of the children’s meal for an alternative beverage.

“Restaurant” means a retail food establishment that prepares, serves, and vends food directly to the consumer.

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For more information on food safety, please contact  
the Department of Environmental Health at (408) 918-3400 or visit [www.EHinfo.org/CPD](http://www.EHinfo.org/CPD).

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