

## DO ANY OF THESE DESCRIBE YOUR CHILD?

- ▶ Arguing, not following house rules, or fighting
- ▶ Poor academic performance, cutting classes or even refusing to go to school
- ▶ In trouble at school with peers and teachers, sometimes resulting in suspensions or expulsion from school
- ▶ Suspected drug or alcohol use
- ▶ Threatens to run away or disappears for periods of time
- ▶ Involvement or interest in gangs
- ▶ Regular contact with the police because of their choices

IF YOU ANSWERED "YES" TO  
EVEN ONE OF THESE  
QUESTIONS, THE PARENT  
PROJECT MAY BE FOR YOU...

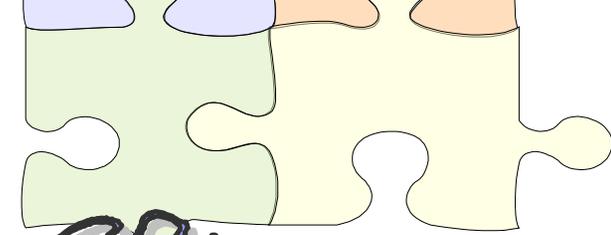
"Until I got involved in the Parent Project, I felt very powerless. With the information, I am more empowered with my son."

"The Parent Project has made me a better parent. My children are happy. My house is now a peaceful place to live. I truly enjoy my kids now."

"There is hope."

*~ Parent Project® Participants*

Contact:  
Parent Project  
District Attorney's Office  
408-808-3794  
parentproject@dao.sccgov.org



# Parent Project®

*Do you sometimes feel  
helpless, powerless or  
ineffective with your kids?*

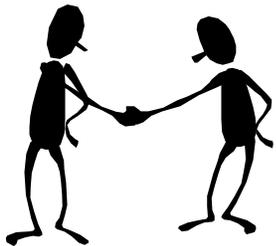
*Do you sometimes feel alone  
or want to give up  
as a parent?*



*Do you wonder  
whether anything will make a  
difference in your child's  
behavior?*

FINALLY... Hope and *specific step-by-step* ideas to:

- Put a stop to parent-child arguments!
- Improve your children's grades and school attendance.
- Adopt effective ways to discipline strong-willed or out-of-control kids.
- Prevent (or stop) your children from using drugs and alcohol.
- Recognize and prevent gang involvement.
- Bring love and fun back into the family.



Each of the 12 weekly group meetings includes practical and no-nonsense action plans, tools, resources, activities and opportunities to share and receive support.

### **One Family's Story...**

My son was in jail again after numerous run-ins with the law. My husband and I felt we had done everything humanly possible to correct his uncontrollable behavior. Nothing worked. We had tried ALL the parenting courses we could find. Nothing helped. We were exhausted emotionally, physically and financially. So, when that call came to "try" The Parent Project, we were certain we didn't need it. There was nothing wrong with us... it was our *child*. I wasn't ready to say "Yes" to the caller on the phone that day. Frankly, I'd given up hope. After listening to me share my frustrations, he encouraged me to take whatever time I needed to decide whether this was a good fit for my family. Then he said one last thing: *What if there is one more thing in this class that you haven't heard before? And what if it's that one thing you need to hear to save your child?*

The next day my husband and I agreed to try the classes. In the first two weeks, I started to see small changes in our family and my confidence and hope grew. Well, four years after that call, my son finished High School (while still living at home) with strong grades and perfect attendance. He earned his way off probation, and was completely released from the judicial system. After graduation, he gave me a tight hug and said, *Thank you for loving me enough to not give up on me.*

I want to thank the Parent Project for showing me how to love my child again and to help him get his dreams!

~Adapted from "The Parent's Progress"  
Volume 6, Issue 1

[www.parentproject.com](http://www.parentproject.com)



**Why would this be any different than other things I may have tried?**

Unlike any other program, this unique series is *specifically designed* to address high-risk behaviors and strong-willed youth.

And... it was co-created by an educator, psychologist and police officer along with the over 100,000 parents who have attended nationally. Over the years, these parent's tough, real-life questions have shaped and changed the program to truly meet the needs of today's parents of strong-willed youth.

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**For  
MORE INFORMATION...**

***CONTACT  
Parent Project  
(408) 808-3794***

***[parentproject@dao.sccgov.org](mailto:parentproject@dao.sccgov.org)***

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