



Santa Clara County General Plan Health Element Wellness Advisory Committee Meeting #1

Thursday, March 29, 2012 | 2:30 pm – 4:30 pm

Sobrato Center for Non Profits 1400 Parkmoor Ave, Cupertino Room A, San Jose, CA 95126

Meeting Objectives and Outcomes:

- Introduce the Wellness Advisory Committee to the County Health Element Process
- Provide an overview of existing health conditions in the County
- Review and discuss health topics for the Health Element
- Discuss health issues, opportunities and challenges in the County
- Review and obtain feedback on upcoming public workshops and other outreach activities

Agenda

1. **Introductions** (15 min)
2. **Health Element Purpose and Process** (10 min)
3. **Wellness Advisory Committee (WAC) Roles and Responsibilities** (5 min)
4. **Health Challenges and Opportunities in Santa Clara County** (60 min)
 - Overview of existing health conditions in the County
 - Health Element topics
 - Discussion on health issues/challenges and assets/opportunities
 - Assets / Opportunities – What are some existing programs, policies, communities, groups, infrastructure, etc. in the County that support community health? What are future opportunities that may bolster the success of the Health Element?
 - Issues/Challenges – What are some of the (internal and external) challenges or barrier that you see in creating and implementing the Health Element? What are the most pressing problems that effect heath conditions and outcomes in the County?
5. **Community Health Workshops** (15 min)
6. **Health Survey** (10 min)
7. **Closing and Next Steps** (5 min)

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