OTHER EAP SERVICES

- Structured Conflict Resolution Program for co-workers
- Specialized training classes as requested by departments
  Topics include:
  - Stress Management
  - Communication Skills
  - Balancing Work and Home
- Critical Incident Debriefing
- Consultation with managers, supervisors and union stewards about sensitive employee issues

NEED MORE INFO?

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  - Helpful links to community resources
  - Self-assessment quizzes
  - Available brochures
  - Staff credentials
  - Location map

HELP IS AVAILABLE
YOU DON'T HAVE TO GO THROUGH IT ALONE

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Employee Assistance Program

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