OTHER EAP SERVICES

- Structured Conflict Resolution Program for co-workers
- Specialized training classes as requested by departments
  
  Topics include:
  - Stress Management
  - Communication Skills
  - Balancing Work and Home
- Critical Incident Debriefing
- Consultation with managers, supervisors and union stewards about sensitive employee issues

NEED MORE INFO?

- Go to www.scceap.org to learn more about the EAP:
  - Helpful links to community resources
  - Self-assessment quizzes
  - Available brochures
  - Staff credentials
  - Location map

Employee Assistance Program

You Don't Have To Go Through It Alone

Don't Go Through It Alone

County of Santa Clara Employee Assistance Program
1885 The Alameda, Suite 211
San Jose, CA 95126
(408) 241-7772
www.scceap.org