The
TWELVE SIGNS
Of A
BATTERER

1. Jealousy.
2. He blames others (including you) for his faults.
3. He blames circumstances for his problems ("If only he had a job, he wouldn't be so upset").
4. His behavior is unpredictable.
5. He belittles you verbally.
6. He cannot control his anger.
7. He always asks for a second chance.
8. He says he'll change, that he won't do it again.
9. His family resolves problems with violence.
10. He plays on your guilt ("If you loved me, you'd •••").
11. His behavior often worsens when he uses alcohol and drugs.
12. He is close-minded. His way is the only way.