MISSION STATEMENT
It is the mission of the Department of Alcohol & Drug Services (DADS) to develop and operate a seamless Continuum of Care for the prevention and treatment of substance abuse problems in the community that is appropriate for the diverse populations of the County and that is accountable for its services.

CORE VALUES
The Department of Alcohol & Drug Services (DADS) values and adheres to the highest standards in the field. We are committed to achieving excellence by ensuring each person served is:

- Treated with the utmost level of respect and confidentiality
- Given courteous and responsive service in a professional manner
- Provided honest, compassionate, and meaningful treatment services

3 AMT clinic locations:

Central Valley Clinic  
2425 Enbong Lane  
San Jose, CA  95128  
(408) 885-5400

South County Clinic  
90 Highland Avenue  
San Martin, CA  95046  
(408) 686-2222

Alexian Health Clinic  
2101 Alexian Drive  
San Jose, CA  95116  
(408) 272-6372

Medications can be an important element of treatment for many patients, especially when combined with counseling and other behavioral therapies.  
NIDA – Principles of Drug Addiction Treatment:  
A Research Based Guide. 2nd Ed. 2009.

Since the mid-1960’s, methadone maintenance has been the “gold standard” for the treatment of opioid dependence.  

The success of medication-assisted treatment in reducing crime, death, disease and continued compulsive illicit drug use is well documented.  
Institute of Medicine. 1995.

Methadone treatment provides the opioid addict with individualized health care and medically prescribed methadone to relieve withdrawal symptoms, reduce opiate craving, and brings about a biochemical balance in the body.  
White House Drug Policy. 2011.

The Addiction Medicine & Therapy Program (AMT) places a focus on empowering each patient to succeed in recovery from addiction. Services are flexible, individualized, evidence-based and provided in a healthy and safe environment.
Treatments can be used to address the underlying causes of mental health issues, including stress, trauma, and chemical imbalances in the brain. Medications, such as antidepressants and antipsychotics, can help stabilize mood and reduce symptoms of mental illness. Psychotherapy, including cognitive-behavioral therapy, interpersonal therapy, and family therapy, can help individuals develop coping skills and change thought patterns. Lifestyle changes, such as regular exercise, healthy diet, and adequate sleep, can also improve mental health. It is important to seek professional help and understand the available treatment options.