Red flags for abuse

13 Things to watch out for in a New Relationship

1. He or she comes on as a real charmer and loves you instantly.
2. He or she has problems with authority figures.
3. He or she embarrasses you in the presence of others.
4. He or she is nasty on the road -- he feels other drivers are competing with him.
5. He or she wants your undivided attention all the time.
6. You feel controlled because he must always be "in charge".
7. He or she has a dual personality-- sometimes adult, other times childish.
8. He or she is very competitive -- and must always win.
9. His or her promises and apologies are meaningless.
10. He or she displays jealousy toward your close friends and family members.
11. He or she has extreme highs and lows -- both unpredictable.
12. He or she is rough at times -- love pats become more and more painful.
13. He or she can't tolerate criticism and is always defending himself, trying to justify unacceptable behavior.

You begin to feel like a victim

Don’t go through it alone.

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