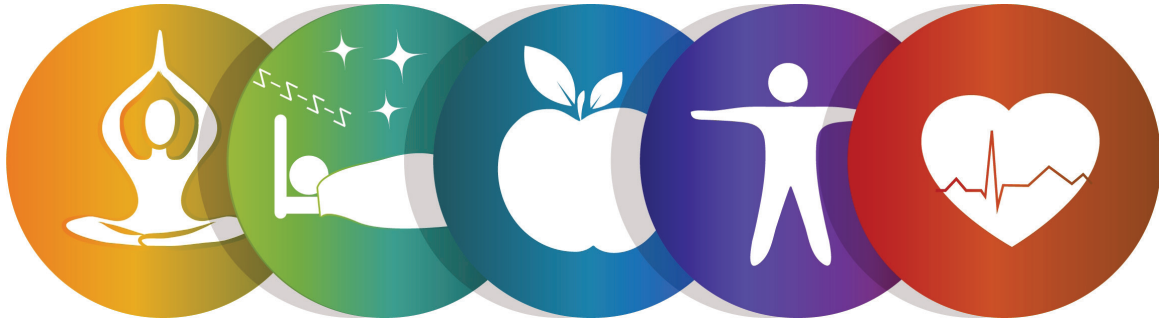


The County of Santa Clara and the City of San Jose Cordially Invite You To



# Health & Wellness Fair

FOR THOSE IMPACTED BY FLOODING

**Saturday, May 13, 2017**

**12 pm - 4 pm**

**Roosevelt Community Center  
901 E. Santa Clara St.  
San Jose CA, 95116**

**The fair will assist impacted residents in learning about ways to control and manage personal stress created by the devastating flooding. Both public and private service providers will be on hand to offer ongoing assistance to residents in the following areas:**

- Pediatric Support Services
- Physical and nutritional wellness
- Ongoing support groups
- Occupational Wellness
- Preparedness and resilience
- Mental wellness
- Horticulture therapy
- Music and dance therapy
- Massage Therapy
- Yoga Therapy
- Relaxation methods

There will be activities for kids such as face painting. Light refreshments will also be available.

### **Additional flood related services:**

City of San Jose Coyote Creek Flood Information and Updates (<https://www.sanjoseca.gov/stormupdate>)

Santa Clara County Storm and Flood Information and Resources (<https://www.sccgov.org/storm2017>)

For further assistance to linkage to government services in English/Spanish/Vietnamese, please call: 408-808-7879.

