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## 2019 Santa Clara Domestic Violence Conference

### Building Bridges: Transforming Crisis to Empowerment

#### Workshop Descriptions

##### **AM1: The Greenbook 20 Years Later- Judge Katherine Lucero; Superior Court Judge Len Edwards, retired; Ken Borelli, former DFCS Director; Nancy Marshall, DVIC**

This workshop will be a question and answer format about what the Greenbook is; how it was executed in Santa Clara County 20 years ago; and what practices continue to exist due to the collaborative efforts that transformed government and CBO partnerships. We will also discuss what practices fell away and what is still missing from our intention to empower, the reality of changes in leadership, succession planning and the creation of infrastructure for lasting change.

##### Learning Objectives:

- Learn about the Greenbook and its 63 recommendations from the Federal Government
- Understand the 8 projects that SCC county selected and executed over 5 years
- Hear about how the county shifted from a disempowering lens to an empowering lens
- Analyze with the panel what still exists in the community as a result of the Greenbook work

##### **AM2: Moving from Post-Traumatic Stress to Post-Traumatic Growth: A Focus on Resilience- Denise Henderson, Director of Clinical Services, YWCA Silicon Valley**

Trauma survivors as well as those who provide support can be forever changed by their experiences of profound suffering. We will look briefly at how trauma affects our brains, nervous systems and bodies and how symptoms of trauma and vicarious trauma show up. We also have the potential, though the process of healing, connection and hope to experience Post Traumatic Growth and Vicarious Resilience. We will be discussing what needs to be in place to move from pain to strength and how we can assist support workers and survivors move through this transition to a place of freedom and choice.

##### Learning Objectives:

- Understand the effect of Trauma on our brain, nervous system and body.
- Understand the effects of hearing others' stories of pain and hopelessness.
- Gain ideas of ways to begin the healing process.
- Gain ideas of how to move from Post Traumatic symptoms to Post Traumatic Growth.
- Gain ideas of how to move from Vicarious Trauma to Vicarious Resiliency.

##### **AM3: Survivors' Panel: From Surviving to Thriving- Mia Perez, Roxanna Damas, Marilyn Randolph; Shareen Rivera**

This panel of women with lived experience will share tools and practices they have learned as survivors of violence in order to heal and thrive into a new life and not fall back into an abusive relationship again.

Learning Objectives:

- Finding hope after abuse
- Learning how to bounce back
- Discover tools & resources outside of therapy not commonly suggested
- Success stories of hope and Empowerment

**AM4: Theater of the Oppressed: Using Embodied & Holistic Ways to Transform Violence into Love & Empowerment- Poonam Singh, Independent Consultant**

The 75-minute workshop will utilize Theater of the Oppressed- a practice that emerged in the 50's from Augusto Boal out of Brazil. In this practice, everyday people explore issues of violence within themselves, between relationships, and within systems through theater set up in the safe context of exploring and learning together. Through embodied ways of learning and through interaction with the audience, options, strategies and solutions emerge that may have never otherwise been imagined. The goal of Theater of the Oppressed is to engage in meaningful dialectical dialogue that is reflexive and emergent. That is, the solutions emerge from the people in the room. Furthermore, I incorporate restorative practices of mindfulness and looking within in order for people to fully connect with themselves and bring themselves fully into the work, as well as draw from the spiritual and soulful part of who they are.

Learning Objectives:

- Utilize Forum Theater to explore how we may disrupt deeply ingrained and systemic situations of oppression that show up in our work and in the world
- Utilize Image Theater to explore violence in relationships and explore ways we may transform violence we see within them (as opposed to mirroring back the violence or internalizing it.)
- Use Rainbow of Desires to surface all the systemic and internalized voices that impact various people in various positions.
- Imagine different ways of being and interacting with each other in situations of violence that transform these situations of violence into interconnection and love.
- Use mindfulness and other restorative, grounding practices to look within and draw from the soulful energy that exists within all of us.

**AM5: The Domestic Violence Forensic Exam- Kim Walker, RN, BSN**

This workshop will provide an overview of the newly updated Domestic Violence Medical Protocol in Santa Clara County. Recognizing the widespread prevalence of domestic violence in Santa Clara County and its long-term effects on abused persons, children and their families, and the community, this medical protocol will cover risk factors, identification of domestic violence, assessment, the forensic exam and linkage to referrals. There will also be discussion on the need for such a protocol and the impact that it can have on identification and prosecution.

Learning Objectives:

- Develop awareness and sensitivity to the barriers that inhibit effective interaction between battered persons and health care providers.
- Identify the physical and behavioral signs and symptoms of domestic violence.
- Utilize appropriate interview and intervention techniques once abuse is suspected.

- Assess the patient's level of risk for future violence.
- Promote patient autonomy, confidentiality and self-determination to the extent permitted by law.
- Understand and implement the legal duties and responsibilities of health care providers, including, but not limited to, reporting and documentation requirements.
- Outline the procedure for a domestic violence forensic exam.
- Utilize resources and referral options available to health care providers and their patients.

**AM6: Engaging Men and Boys to End Gender Based-Violence- Esther Peralez-Dieckmann, Exc. Director of Next Door Solutions to Community Violence; Frank Del Fiugo, CEO - A Turning Point; Erica Villa, Manager of Community Partnerships**

In the movement to end domestic violence, the work of men has centered largely on men as perpetrators, but there is a need to focus on the efforts to engage men as victims of domestic violence and men as allies in the movement to end gender-based violence.

In this session, participants will learn about an innovative partnership to address men as perpetrators, victims and allies through community-based prevention and partnership. This workshop will address some of the latest initiatives, best practices, and considerations in undertaking work with men and boys and provide updates on an innovative partnership led by Next Door Solutions, A Turning Point and other multi-sector stakeholders that seek to engage the community in moving the dial on ending gender-based violence through partnerships through prevention.

**Learning Objectives:**

- Learn about local efforts to address the needs of men as victims, perpetrators and as allies.
- Learn about multi-sector partnership to engage men and boys.
- Hear important considerations about health and safety for families and the community in undertaking these efforts.

**PM1: Domestic Violence Death Review: Lessons Learned from the Last 25 Years- James Gibbons-Shapiro; Rolanda Pierre-Dixon, Esq.**

In 1993, Santa Clara County launched its DV Death Review Team, where every domestic violence related death was discussed, studied, and examined. In that time, we have come a long way and have still a long way to go. This panel will explore the lessons learned from the last 25 years of DV Death Review Reports and discuss the challenges ahead.

**Learning Objectives:**

- Learn how systems succeeded in reducing domestic violence deaths.
- Learn what messages are not being heard (still!) about these deaths.
- Learn what new lessons emerged by looking back at 25 years of study
- Learn where we can go from here.

**PM2: The Science behind California's Custody Statutes for Domestic Violence Survivors and Their Children in Family Court- Jennafer Dorfman Wagner, Esq.**

California has many well-crafted custody statutes designed to protect survivors of domestic violence and their children. In the past 5 years, there have been several published cases that provide useful guidance to practitioners and courts on how to apply these laws. In addition, AB 2044, which went into effect on

Jan. 1, 2019, overhauled the process for applying the presumption against granting custody to a parent who has committed abuse and broadened the class of people affected by the presumption. This training will guide attendees through an in-depth review of these statutes, the case law, and the science behind the statutes.

Learning Objectives:

- Identify the 3 most important California Family Code sections applicable to custody cases involving domestic violence.
- Become familiar with key case law and recent statutory updates providing guidance on how these laws should be applied.
- Describe the scientific data up on which these statutes are based.

**PM3: A Collaborative, Survivor-Centered Approach to Safety Planning- Perla Flores, MPA, JD**

Domestic violence related deaths and serious injury continue to pose a serious concern nationally, throughout the state, and locally. Each year, more than three million women in the U.S. are abused by their intimate partners. According to the Violence Policy Center, which uses Bureau of Justice statistics in annual reports about female homicide victims, nearly three women are murdered every day in the U.S. by current or former romantic partners –an average of 1,095 women per year. In Santa Clara County, there were 287 domestic violence related deaths between 1993 and 2017. Often, victims of homicide or attempted homicide are not aware that their lives are in danger prior to the attack. The *Joint Safety Planning with IPV Victims Guideline* was written to ensure IPV victims receive the maximum level of support and protection possible in order to lessen the possibility of domestic violence related deaths. This workshop provides an overview of the guideline.

Learning Objectives:

- Better understand the benefits of joint safety planning.
- Better understand the role of each of the joint safety planning team members.
- Better understand why victims must be a part of joint safety planning.
- Identify potential partners for joint safety planning in their service areas.

**PM4 The Intersection between Mass Shooting and Domestic Violence- Ruth Darlene, WomenSV**

The Secret Service published a study in July of 2019 on “Mass Attacks in Public Spaces.” Drawing from the report, this workshop will focus on the link between targeted violence and domestic violence, warning behaviors that signal potential risk of targeted violence and a strategy to mitigate that risk.

Learning Objectives:

- Understand the link between domestic violence and mass violence
- List 6 steps on the Pathway to Violence
- Recognize 7 warning behaviors that signal a risk of targeted violence
- Identify 5 threat assessment tools that doctors, therapists, law enforcement, and survivors can use to asses risk: Pathway to Violence, Danger Assessment, Lethality Assessment, ODARA, Mosaic Method
- Describe the composition and use of a Threat Assessment Team in mitigating the risk of targeted violence

**PM5: The Forgotten Years: IPV/Sexual Assault and Youth ages 13-23- Suzanne Frank, MD; Karina Tamayo, LMFT, Kaiser San Jose and TalkaWhile; Dr. Angela Bymaster-School Health Clinics (Washington School); Geri Archibald, NP. Clinical Coordinator San Mateo Family Violence Center; Erica Villa from Next Door; Laurice Rubalcava, Planned Parenthood MarMonte Regional Director of Education**

Youth are increasingly victims of IPV, leading to increased rates of suicide, strangulation and STIs. Service and medical responders need to understand how to recognize unhealthy relationships among youth to prevent this physical and mental health crisis. Participants will better understand IPV in this age group including how IPV/Sexual assault/(trafficking) presents, who is at increased risk, the Medical exam, what to report, resilience tools and other resources.

**Learning Objectives:**

- Understand IPV in youth, ages 13-23.
- Learn who is at increased risk for IPV as a youth.
- Learn what needs to be reported to law enforcement.
- Learn how to respond to IPV in primary care.
- Learn resilience tools and other resources for youth who experience IPV.

**PM6: LGBTQ+ Intimate Partner Violence: Unique Stressor, Unique Trauma, Unique Resilience- Amy Caffrey, LMFT**

This workshop is designed to provide information and best practices when working with LGBTQ Intimate Partner Violence and LGBTQ stressors and trauma. Specific focus will also be on understanding the resilience of LGBTQ people and ways that anyone who works with LGBTQ survivors can become a valued service provider and strong ally to LGBTQ people.

**Learning Objectives:**

- Learn the unique issues of LGBTQ intimate partner violence.
- Learn about unique daily stressors of LGBTQ+ individuals in order to provide culturally sensitive and competent services.
- Understand LGBTQ Collective Community Trauma and effects on individuals and Relationships.
- Learn about the unique resilience of LGBTQ people and the effect on their healing from trauma.
- Learn ways to become a valued service provider and strong ally to LGBTQ people.